

Participant	Journal 1	Journal 2	Journal 3	Journal 4	Course Reflection	Pendulum? Y/N	Growth? Y/N	How many phases?
Spring 2017								
11001	Acceptance	Adaptation	Adaptation	Adaptation	Adaptation	N	Y	1
11002	Acceptance	Writing focus	writing focus	Mixed acceptance and adaptation	Adaptation	N	Y	1
11003	Minimization	Minimization	writing focus	Acceptance	Adaptation	N	Y	2
11004	Mixed denial and acceptance	Mixed minimization and acceptance	Mixed minimization and acceptance	Acceptance	Acceptance with traces of adaptation	N	Y	3.5
12005	Denial (also very unreflective)	Defense (polarization)	Minimization with traces of acceptance	Acceptance	Acceptance with traces of adaptation	N	Y	3.5
12006	Mixed denial and defensive polarization	Denial (also very unreflective)	Lack of reflection	Denial (also very unreflective)	Mixed acceptance and minimization	N	Y	1.5
12007	Acceptance	Minimization	Lack of reflection	Acceptance with traces of adaptation	Minimization	Y	N	-
12008	Adaptation	Adaptation	Adaptation	Lack of reflection	Adaptation	N	N	-
Fall 2017								
22009	Acceptance with traces of defense	Minimization	Writing Focus	Acceptance	Writing Focus	Y	Y	1
22010	Adaptation	Acceptance with traces of adaptation	Adaptation	Writing Focus	Adaptation	N	N	-
22011	Acceptance	Acceptance with traces of adaptation	Acceptance	Adaptation	Writing Focus	N	Y	1
22012	Acceptance	Acceptance	Adaptation	Acceptance with traces of defense	Acceptance with traces of defense	Y	N	-
22013	Minimization	Acceptance with traces of defense - reversal	Mixed denial and defense	Acceptance with traces of adaptation	Writing Focus	Y	Y	1.5
22014	Lack of Reflection	Defense	Defense	Lack of Reflection	Lack of Reflection	N	N	-
22015	Lack of Reflection	Defense	Acceptance	Acceptance with polarization	Acceptance	Y	Y	2
22016	Defense	Acceptance	Minimization	Acceptance (low)	Acceptance	Y	Y	2
22017	Adaptation	Acceptance	Adaptation	Lack of Reflection	Writing Focus	Y	N	-
22018	Acceptance	Lack of Reflection	Defense	Lack of Reflection	Acceptance	Y	N	-
22019	Acceptance	Acceptance	Acceptance	Acceptance	Writing Focus	N	N	-
22020	Defense	Defense	Not turned in	Not turned in	Acceptance with traces of adaptation	N	Y	3.5
22021	Lack of Reflection	Minimization	Lack of reflection	Lack of reflection	Writing Focus	N	N	-
21022	Acceptance	Acceptance with traces of adaptation	Acceptance with traces of adaptation	Writing Focus	Acceptance	Y	N	-
21023	Acceptance	Writing Focus	Writing Focus	Acceptance	Writing Focus	N	N	-
21024	Acceptance with polarization	Acceptance	Writing Focus	Writing Focus	Writing Focus	N	Y	0.5
21025	Minimization with traces of acceptance	Mixed minimization and acceptance	Writing Focus	Writing Focus	Acceptance	N	Y	1
21026	Acceptance	Writing Focus	Writing Focus	Writing Focus	Mixed minimization and acceptance	N	N	-
21027	Acceptance	Denial	Acceptance	Writing Focus	Writing Focus	Y	N	-
21028	Acceptance	Acceptance	Writing Focus	Writing Focus	Writing Focus	N	N	-
21029	Acceptance	Acceptance	Acceptance	Acceptance	Acceptance with traces of adaptation	N	Y	0.5
SP 2018								
32027	Acceptance	Defense	Acceptance	Acceptance with traces of adaptation	Writing Focus	Y	Y	0.5
32038	Acceptance	Acceptance	Acceptance	Writing Focus	Writing Focus	N	N	-
32039	Acceptance	Defense	Acceptance	Acceptance	Acceptance	Y	N	-
32040	Acceptance	Lack of reflection	Adaptation	Acceptance	Acceptance	Y	Y	1
32041	Minimization	Writing Focus	Acceptance with traces of defense	Acceptance	Acceptance	Y	Y	1
32042	Adaptation	Acceptance	Lack of reflection	Acceptance	Acceptance	N	N	-
32043	Reversal defense	Writing Focus	Minimization	Lack of reflection	Writing Focus	N	Y	1
32044	Acceptance	Acceptance	Acceptance with traces of defense	Mixed minimization and acceptance	Acceptance	Y	N	-
34030	Acceptance with traces of adaptation	Lack of reflection	Lack of reflection	Lack of reflection	Acceptance	N	N	-
34031	Mixed acceptance and defense	Acceptance	Writing Focus	Writing Focus	Acceptance	N	Y	0.5
34032	Defense with traces of acceptance	Lack of reflection	Acceptance	Lack of reflection	Lack of reflection	N	Y	2
34033	Lack of reflection	Lack of reflection	Lack of reflection	Lack of reflection	Low acceptance	N	N	-
34034	Acceptance	Lack of reflection	Lack of reflection	Acceptance	Acceptance (low)	N	N	-
34035	Acceptance with traces of adaptation	Acceptance with traces of adaptation	Lack of reflection	Lack of reflection	Adaptation	N	Y	0.5
34036	Acceptance	Lack of reflection	Lack of reflection	Lack of reflection	Acceptance	N	N	-
						P = 15	Y = 22	M = 15
								neither grows nor maintains = 7