

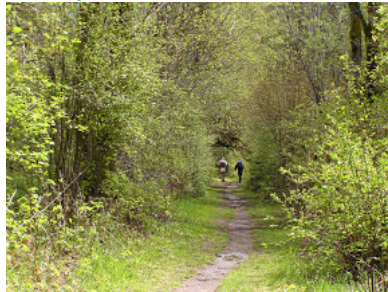
# Vancouver Island Nature Viewing Region

## Comox Valley Area

### One Spot Trail



Purple Finch:  
Bill Heybroek drawing



One Spot Trail: Krista Kaptein photo



Pacific bleeding heart: Krista Kaptein photo

#### [Photo Gallery](#)

The One Spot Trail, popular with local residents, follows the old Comox Logging Railway grade through semi-open forest alongside some of the best farmland in the Comox Valley. The trail takes its name from the "One Spot" steam engine, built in 1909 that transported logs from Headquarters to Royston. Logged many decades ago, the trail features a mixed second-growth forest of Douglas-fir, Sitka spruce, red alder, bigleaf maple and black cottonwood. Watch for Pileated Woodpeckers swooping through the trees and songbirds, such as White-crowned and Golden-crowned Sparrows, in the hedgerows. During the winter Trumpeter Swans can be seen in the adjacent fields. The area provides great habitat for Black-tailed Deer, and it is not uncommon to see whole families grazing in the farm fields. The One Spot Trail is located just north of Courtenay in the Dove Creek area. The trail is level, but may be muddy in places, and is open to hiking, cycling and horseback riding.

#### [Site Map](#)

<b>Geographical Description</b>	Former logging railway right-of-way, from 1.6 km. north of Puntledge River northwest to Tsolum River.
<b>Area/ Trail Length</b>	7.8 km. one way. Flat trail.
<b>Habitat</b>	2nd growth forest, ponds, agricultural fields adjacent.
<b>Highlights</b>	Good variety of birds due to edge habitat; viewing of birds in adjacent farm fields.
<b>Best Season</b>	Spring for flowers & migrating birds; year-round for woods.
<b>Main Access</b>	Start of trail on Condensory Rd. .15 km. north of Cessford Rd.
<b>Secondary Accesses</b>	West end of Pindar Rd. Dove Creek Rd. Orr Rd. Todd Rd.
<b>Cautions</b>	Trails can be wet in winter ; use caution crossing roads; be aware of farm vehicles.
<b>Jurisdiction</b>	Comox Valley Regional District trail.
<b>Mammals</b>	Black-tailed Deer, Mink, Black Bear possible.

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**Birds** Bald Eagle, Trumpeter Swan, Canada Goose, Pacific Wren, Brown Creeper, Chestnut-backed Chickadee, American Robin, Varied Thrush, Pileated Woodpecker, Downy Woodpecker, Northern Flicker, Red-winged Blackbird, Rufous Hummingbird, Yellow-rumped Warbler, Orange-crowned Warbler, Common Raven, Towhee, Dark-eyed Junco, Cedar Waxwing, Golden-crowned Kinglet, Ruby-crowned Kinglet, Red-breasted Nuthatch, Pine Siskin, Purple Finch.

### [Bird List](#)

#### Reptiles

#### Amphibians

Pacific tree frog.

#### Fish

#### Invertebrates

#### Insects

Woolly bear caterpillar, flea beetle (altica sp.) Anthills.

#### Trees

Douglas-fir, Sitka spruce, black cottonwood, red alder, western hemlock, grand fir, bigleaf maple, Pacific ninebark, red-osier dogwood, willow sp.

#### Shrubs

Red elderberry, salmonberry, thimbleberry, red huckleberry, trailing blackberry, Oregon grape, snowberry, black twinberry, ocean spray, hardhack, Pacific ninebark, Nootka rose, baldhip rose, crabapple.

#### Flowering Plants

Bleeding heart, trillium, false lily of the valley, self-heal, pearly everlasting, foamflower, dock, cleavers, starflower, goldenrod, yarrow. Scouring rush, slough sedge.

#### Ferns, Lichens, Mosses

Bracken fern, lady fern, deer fern, sword fern. Step moss.

#### Other Species

#### Invasive/Non-native species

Invasive: creeping buttercup, holly.  
Non-native: herb-Robert, filbert.

### [Plant List](#)

#### Mushrooms

Amanita.

#### Geology

#### Regulations

Multi-use trail : Bicycles yield to horses & pedestrians, pedestrians yield to horses. Dogs on leash. No ATVs. Yield to farm vehicles. Stay on right-of-way and respect private property.

#### Facilities

Limited roadside parking.

#### Other Features

Interpretive signs, distance signs. Occasional artefacts from logging railway.

#### Other

2 km. south on Condensory Rd. to Anderton Ave. to lower Puntledge River trail.

#### Connections

Connection to Wildwood Forest Trails at Brazier Rd.

One Spot Trail continues north of the Tsolum River; access from Tsolum Spirit Park.

#### FMI

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[K'omoks Important Bird Area](#)

[Comox Valley Land Trust](#)

[Back Country Horsemen of BC](#)

[eBird Hotspot](#)