

# Okanagan Nature Viewing Region

## North Okanagan Area

### Kalamalka Lake Provincial Park (Vernon)



: photo by Bill Kinkaid



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Protects natural habitats including forested hills on the shore of Kalamalka Lake.

#### [Photo Gallery](#)

<b>Geographical Description</b>	Northern Okanagan Basin
<b>Area/ Trail Length</b>	Park area 4209 hectares
<b>Seasons to Visit</b>	Year round; trails may be covered with snow/ice October to April. Birding and botanising are best in spring and early summer.
<b>Habitat</b>	Ponderosa pine, interior Douglas-fir, bunchgrass, riparian.
<b>Viewing Highlights</b>	Easy to moderately strenuous trails in woods with good views of lake and surrounding hills.  Birding in woods, grasslands and on lake.  432 varieties of vascular plants have been identified in this park, a large number for an area this size.  Interpretive signs at trailheads.
<b>Other Features</b>	

<b>Main Access</b>	Twin Bays entrance: go east from Highway 97 on College Way 1.7 km to Kalamalka Road, then go east 1.7 km and turn right to Kidston Road, then 3.7 km to parking lot. Cosens Bay entrance: follow Kalamalka Road 1.9 km from College Way, go south on McLounie Road 0.6 km to Coldstream Creek Road, then 1.7 km and bear right onto Cosens Bay Road to the parking lot
<b>Secondary Accesses</b>	Some trails can be accessed from the Red Gate on Kidston Road, or from the Water Tower Gate on Cunliffe Road.
<b>Cautions</b>	Bears, cougars and rattlesnakes are rare but be watchful. Wood ticks are common in spring; check yourself over thoroughly after visiting. Poison ivy is common in woods and riparian areas. Use caution near the shoreline. Most trails are moderate to strenuous; you need to be in good physical condition and be properly equipped with good hiking footwear, rain gear, food and water. Grasslands here are very sensitive; please keep to the trails. Cell phone service is not reliable in this area.
<b>Jurisdiction</b>	BC Parks.
<b>Regulations</b>	No camping or fires. Dogs are prohibited in Jade Bay, Juniper Bay and Cosens Bay, except in the designated area at Cosens Beach; on leash elsewhere.
<b>Facilities</b>	Pit toilets at main trailheads and at Jade Bay and Cosens Bay. Picnic tables at Juniper Bay. Basic services and food nearby on Kalamalka Road; all services in Vernon
<b>Other Recreational Activities</b>	Mountain biking, canoeing, kayaking, swimming, horseback riding; cross-country skiing and snowshoeing in winter.
<b>Other Connections</b>	The High Rim Trail continues south and connects with trails in the Oyama area.
<b>History</b>	
<b>FMI</b>	Park operator: Quality Recreation Ltd. quality-recreation@shaw.ca 250-545-9943 (Apr - Oct)
<b>Publications</b>	The Okanagan Valley Birding Trail, published by the four naturalist clubs of the Okanagan, with funding from BC Nature and other organisations. Hiking for Health and Pleasure in the Okanagan, author Roland Gebaure; published by Central Okanagan Naturalists' Club
<b>Links</b>	<a href="#">BC Parks</a> <a href="#">North Okanagan Naturalists Club</a> <a href="#">Friends of Kalamalka Lake Provincial Park</a>