June 27, 2021 - "Gadget" Meeting - Brain Support Network (supportgroup@braintsupportnetwork.org) and Stanford University Parkinson's Community Outreach (riddle@stanford.edu)

Meeting host was Candy Welch, volunteer with Brain Support Network	**Video posted here:**
Meeting note-taker was Mindy Lumm, volunteer with Brain Support Network	**Notes posted here:**
green shading means we talked about this on 6/27/21	
Gadget Category - Who Addressed	**Recommended Item**	**URL for More Information**
Mobility		
		ustep.com (largely reimbursed by Medicare Part B)
Marnie	UStep walker	Marnie used: https://www.thewightstuff.com/ii-step-mobility-products.html
Marnie	Pivot disk [Marnie can show]	https://www.amazon.com/Drive-Medical-Bariatric-Transfer-Disc/dp/B005MX4TR8
Robin	Gait belt (72" fabric) [Robin can show] There are many other kinds.	https://www.amazon.com/Essential-Medical-Supply-Mesh-Buckle/dp/B0039BD7UW
Anyone? Group mbr Cindy asks...	Which SUVs or cars are relatively easy to get into for someone w/mobility issues? We have a Cayenne but the seat is too high and the door smaller than ideal.	
Safety		
Margo (not present)	Razer remote-controlled lift for getting someone off floor	rizer.org: costs $2K; from Norway
Tiffany	Gurney for picking up someone from the floor. (Takes 4-5 people to lift.)	https://www.amazon.com/-/de/Stryker-Emergency-Transport-Stretcher-Gurney-Transfer-Trolley/dp/B07R5WJ8Ks
Tiffany	Portable "chair" - could be used if someone is in a sitting position (family hasn't tried it)	https://www.amazon.com/-/de/Stryker-Transport-70096-Evacuation-Transportation-Mobility/dp/B07R1JJFG4
Denise	Liberty Lift standing aid	https://libertylift.com/
Marsha (not present)	Powered toilet lift seat	Wheel.com
Robin	SuperPole with bar or trapeze. This idea (not necessarily this brand) seconded by many. Fairly easy to install.	https://www.healthcarehome.com/products/trapeze-system/ https://www.amazon.com/Standard-Security-Pole-Curtain-Trapeze/dp/B000UKJ0YA
Margo (not present)	Stander pole	
Keith	Stander bed cane (wooden; straps around mattress; about $78; be careful about shipping charges from some vendors on Amazon). Robin seconds this.	https://stander.com/product/2941-bedcane/
Pat (not present)	Undercushion sofa grab bars	**Cane exercise.** https://www.amazon/product-reviews/-/e-cane-standing-aid/dp/B0
	Bed rail	One example: https://www.walmart.com/ip/Medline-Bed-Assist-Bar-with-Storage-Bag-Height-Adjustable-Bed-Grab-Bar-Black-Frame/213842773 https://rail-care.com/product/caregiver-assist-with-bed-rail-alarm-for-seniors/
Robin	Sensor bed alarm or chair alarm [Robin can show one]. Marnie points out that the sensory battery runs out after awhile (for the wireless ones).	Texas medical supplies.com/sensor-pads-and-mats/
Dianne	Sensor alarm with clip to attach to clothing.	
Joyce	Bear bell attached to bed rail	
Anyone?	"Nanny cameras" to monitor family members in care facilities?	
Pat (not present)	Video baby monitor with audio - Infant Optics DXR-8. (Joyce bought at Target)	https://www.amazon.com/Infant-Optics-DXR-8-Monitor-Interchangeable/dp/B00NQ7PC1E
Chuck	Baby monitor. Small monthly fee (if you need to monitor when you are away from home)	alertlabs.com/alertcare
Diane (not present)	Lap buddy (from AllMed) - a non-restraint system to keep people seated	https://www.allegroresfat.com/wheelchair-accessories-c54/lifesafety-lap-buddy-p188128.html
Getting in/out of a car		
Someone mentioned	Stander car handle (used by Robin)	https://www.medicalequipmentdirect.com/Assistive-Aids/Sit-to-stand-Aids/Stander-Metro-Car-handle-Plus.html
Candy	Garbage bag "trick" for turning person	
Susan (not present)	Wooden beaded car seat cover, smooth for turning and prevents sweating	
Pat (not present)	Swivel seat cushion	Several brands: https://amile.amazon.com/k?k=swivel+seat+cushion
Incontinence and Hygiene		
Marsha (not present)	Bidet - she likes Brondell brand	brondell.com
Tiffany	PureWick - incontinence system for women	https://www.purewickathome.com/how-it-works/
Robin	Bedside urinal. Get one that is spillproof. [Robin can show]	
Marnie	Bedside commode	
Robin and Denise	Unisex disposable urine bag [Robin can show TravelJohn bag]	Several brands: https://amile.amazon.com/s?k=unisex+disposable+urine+bags Robin likes TravelJohn! traveljohn.com
Robin	Condom catheter. Comes in different sizes. Can use a leg bag. Many brands. We liked Hollister brand. [Robin can show]	https://www.hollister.com/en/products/continence-care-products/male-external-catheters/latex_free/drainaire-silicone-male-external-catheter https://www.hollister.com/en/products/continence-care-products/urine-collection/leg-bag-systems/urinary-leg-bag-combination-pack
Robin	Retracted penis pouch. (Also Hollister brand.)	https://www.hollister.com/en/products/penis-pouch-urological-products/retractable-penis/latex
Joyce (and Robin/K - not present)	Disposable toilet floor mat [Joyce showed]	https://www.webbelectronics.com/33-x-20-gray-disposable-toilet-floor-cat-pee-150x200/p/0000-0000
Robin and Marnie	Quilted, washable incontinence pads to save the fitted sheet and mattress. Lots of sizes. One size we liked: 36"x54" [Robin can show]. Marnie - these pads are handy as draw sheets.	One brand: https://www.pillow.com/products-catalog/incontinence/washable-pads-underpads/
Robin	Disposable adult diapers - various kinds - pull ups and side-tapes; small pads (also called liner pads) and larger pads. Various absorbencies and configurations are available. [Robin can show]	One brand: tena.us
Galen and Marnie	Double-ups (product name) - incontinence liner pads. Also called "booster pads."	https://www.amazon.com/Depends-Incontinence-Booster-Adhesive-Pad-Medium/dp/B00KVSJ5-VC
Bathing		
Robin	Pre-moistened, rinse-free disposable washcloths. Can be heated in microwave. We liked the Sage brand. [Robin can show]	https://westbrook-crib.net/product-prepackaged-bathing/
Robin	Shampoo caps with no-rinse shampoo. Can be heated in microwave. We liked the Sage brand. [Robin can show]	https://westbrook-crib.net/product-prepackaged-bathing/
Robin	No-rinse shampoo and no-rinse bathing liquid. [Robin can show]	Many brands including: https://www.caregiver.com/products/waterless-no-rinse-shampoo/
Meal-time		
Dianne (and Jean - not present)	Weighted eating utensils with firm, large grips (many on Amazon). [Dianne showed]	https://www.allmed.com/weighted-handle-flatware.html?sid=96363
Joyce (and Patti - not present)	Weighted plate that can be firmly set on table. Joyce quiche dish works great. [Joyce showed]	https://www.performancehealth.com/weighted-dining-kit
Dianne and Robin	Scoop dish with non-skid bottom. [Robin can show]	Robin showed NorthCoast Medical: https://www.nomedical.com/item_219-Item
Dianne	Dianne: Bibs are great but call it a "clothing protector." [Dianne showed] Candy call it an "apron"	
Denise	Bib with pouch	https://www.amazon.com/Waterproof-Silicone-Washable-Clothing-Protector/dp/B07N1T5J4M
Denise	Crumb catcher apron	https://www.amazon.com/Optical-Waterproof-Mealtime-Clothing-Protectors/dp/B07ZN5TV9J
Marnie	Dysphagia/Kids - gum-based thickener. Xanthan gum. [Marnie can show]	https://www.amazon.com/Clear-Dysphagia/Kids-Thickener-Powder-Concentrate/dp/B0941K6K-R3
Robin	Simply Thick - gum-based thickener. Comes in 1oz packets for honey thick. Use two packets for pudding thickness. [Robin can show]	simplythick.com
Robin	Hormel ThickEasy pre-packaged, thickened liquids and meals [Robin can show]	https://www.hormelhealthlabs.com/products/item/thick-easy/
Robin	Use a plastic-tip syringe or eye dropper for "feeding" when the person cannot open his/her mouth. [Robin can show]	
Dressing		
Marsha (not present)	Device for getting pants on. (Sometimes uses stock assist.)	https://morphedremoved.com/products/product/remote-dressing-aid-pant-kit
Joyce (Rebecca and Robin/K - not present)	Kizik. These are hands-free shoes	https://kizik.com/ https://www.nomedical.com/item_322.html
Candy	Collers. Transforms shoes with laces to slip ons. [Robin can show]	https://www.amazon.com/Providence-Spillproof-Coller-Shoelaces-WHITE/dp/B00IRQSE-1S
Laurie (not present)	Big stadium blanket with zippers and hood.	https://www.amazon.com/gp/product/B07HDHL2T2
Voice Amplifiers		
Denise	Chattervox (several designs, none of them cheap)	chattervox.net
Pat (not present)	Shidu (both wired and bluetooth versions)	https://www.amazon.com/s?ie=utf8&field-keywords=%2A+%2A+%2A+%2A+%2A+%2A+%2A+%2A
Medication Management		
Dwight (not present)	Hero brand medication manager (manages up to 10 meds-90 day supplies of each)	https://herohealth.com/
Celia (not present)	MedReady 1700 FL Automatic Medication Dispenser with alarm. Lockable. Holds up to 9 MM size pills.	
Robin	MouthKote dry mouth spray (and many other brands). Useful when medications give you dry mouth.	https://www.amazon.com/moisturizing-mouth-lips/s?k=m
Stretching and Exercise		
Keith	Styrofoam roller (white 6"x30") for stretching and improved mobility	https://www.rehab-store.com/p-cando-white-ce-foam-rollers.html
Candy	Stationary recumbent bike	
Anyone?	Recumbent trike (which can be driven on roads). Cost $600 to $3K.	
Marnie	Pedal exerciser [Marnie can show]	https://www.rehab-store.com/p-fitr-life-deluxe-pedal-exerciser.html