

Race Results - Trafford Trails 5 Miler - 29th June 2017

updated 02/07/2017

Average time for all runners - 45 min

Average time for unaffiliated runners - 47 min

Average time for female runners - 48 min

Average time for club runners - 43 min

Average time for male runners - 42 min

CLUB RESULTS (based on top 3 runners)

| Position | Avg Time | Club |
|----------|----------|---------------------------|
| 1 | 00:31:21 | Sale Harriers |
| 2 | 00:33:26 | Chorlton Running Club |
| 3 | 00:34:15 | Unaffiliated |
| 4 | 00:36:51 | Dragons Running Club |
| 5 | 00:38:38 | Gatley Runners |
| 6 | 00:42:11 | Manchester Triathlon Club |
| 7 | 00:47:31 | Warrington Running Club |

CATEGORY RESULTS

| Categories | Avg Time | No. of participants |
|------------------|----------|---------------------|
| Senior Male | 0:41:30 | 27 |
| Senior Female | 0:42:00 | 8 |
| Male Vet 41-50 | 0:42:28 | 28 |
| Male Vet 51+ | 0:43:18 | 13 |
| Male Vet 35-40 | 0:43:19 | 19 |
| Female Vet 35-40 | 0:48:27 | 31 |
| Female Vet 41-50 | 0:51:04 | 24 |
| Female Vet 51+ | 0:52:30 | 5 |

| Position | Bib | Name | Category | Club | Time | Cat. Position |
|----------|-----|--------------------|----------------|----------------------|---------|---------------|
| 1 | 86 | Rob Jowett | Senior Male | Sale Harriers | 0:29:27 | 1 of 27 |
| 2 | 11 | Oliver Bernstein | Senior Male | Chorlton Runners | 0:31:15 | 2 of 27 |
| 3 | 20 | Craig Bradbury | Male Vet 41-50 | Sale Harriers | 0:32:02 | 1 of 28 |
| 4 | 57 | Rob Flannery | Senior Male | Sale Harriers | 0:32:35 | 3 of 27 |
| 5 | 97 | Alex Masidlover | Male Vet 35-40 | Gatley Runners | 0:32:47 | 1 of 19 |
| 6 | 14 | Brian W Birkmyre | Senior Male | Chorlton Runners | 0:32:57 | 4 of 27 |
| 7 | 45 | Sarah Douglas | Senior Female | Sale Harriers | 0:33:13 | 1 of 8 |
| 8 | 132 | Aidan Rafferty | Male Vet 51+ | Sale Harriers | 0:33:34 | 1 of 13 |
| 9 | 88 | Richard Kennaugh | Male Vet 41-50 | Unaffiliated | 0:33:39 | 2 of 28 |
| 10 | 70 | Rick Healy | Male Vet 41-50 | Dragons Running Club | 0:33:58 | 3 of 28 |
| 11 | 161 | Paul Wardle | Senior Male | Unaffiliated | 0:34:31 | 5 of 27 |
| 12 | 2 | David Adams Strump | Male Vet 35-40 | Unaffiliated | 0:34:35 | 2 of 19 |

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| 13 | 166 | Rich White | Male Vet 41-50 | Glossopdale Harriers | 0:34:42 | 4 of 28 |
| 14 | 110 | John Morris | Male Vet 35-40 | Sale Harriers | 0:34:59 | 3 of 19 |
| 15 | 3 | Helen Armitage | Female Vet 41-50 | Sale Harriers | 0:35:09 | 1 of 24 |
| 16 | 179 | Sarah Harris | Senior Female | Manchester Triathlon Clu | 0:35:49 | 2 of 8 |
| 17 | 12 | Zoe G | Female Vet 41-50 | Chorlton Runners | 0:36:06 | 2 of 24 |
| 18 | 50 | Thomas Eggleston | Male Vet 41-50 | Unaffiliated | 0:36:31 | 5 of 28 |
| 19 | 149 | Jane Thomas | Senior Female | Sale Harriers | 0:36:38 | 3 of 8 |
| 20 | 180 | Bradley Johnson | Male Vet 41-50 | Altrincham & District AC | 0:36:40 | 6 of 28 |
| 21 | 66 | Stephen Hampson | Senior Male | Unaffiliated | 0:36:56 | 6 of 27 |
| 22 | 62 | Duane Gaunt | Senior Male | Sale Harriers | 0:37:03 | 7 of 27 |
| 23 | 27 | Peter Buckles | Male Vet 41-50 | Infinity Fitness Bootcamp | 0:37:22 | 7 of 28 |
| 24 | 6 | Melanie Barber | Female Vet 35-40 | Manchester Harriers | 0:37:27 | 1 of 31 |
| 25 | 34 | Sean Collins | Senior Male | Unaffiliated | 0:37:29 | 8 of 27 |
| 26 | 58 | Nick Fogarty | Male Vet 41-50 | Lymm Runners | 0:37:32 | 8 of 28 |
| 27 | 160 | Charlie Walker | Senior Male | Chorlton Runners | 0:37:34 | 9 of 27 |
| 28 | 129 | Tristan Pocock | Male Vet 41-50 | Dragons Running Club | 0:37:48 | 9 of 28 |
| 29 | 176 | John Battersby | Male Vet 51+ | Sale Harriers | 0:38:08 | 2 of 13 |
| 30 | 116 | Jonathan Oldbury | Senior Male | Mile Shy Club | 0:38:09 | 10 of 27 |
| 31 | 104 | Liam Mellon | Senior Male | Hyde striders | 0:38:31 | 11 of 27 |
| 32 | 174 | Frankie Yan | Male Vet 35-40 | Hyde striders | 0:38:32 | 4 of 19 |
| 33 | 178 | Steven Cullen | Male Vet 41-50 | Unaffiliated | 0:38:34 | 10 of 28 |
| 34 | 126 | Scott Peters | Senior Male | Unaffiliated | 0:38:45 | 12 of 27 |
| 35 | 48 | Matthew Egan | Male Vet 41-50 | Unaffiliated | 0:38:47 | 11 of 28 |
| 36 | 16 | Elizabeth Bosworth | Female Vet 35-40 | Dragons Running Club | 0:38:47 | 2 of 31 |
| 37 | 60 | Glen Gandy | Male Vet 51+ | Manchester Harriers | 0:39:10 | 3 of 13 |
| 38 | 32 | Louise Casey | Female Vet 35-40 | Warrington running club | 0:39:14 | 3 of 31 |
| 39 | 157 | Mark Turner | Male Vet 41-50 | Chorlton Runners | 0:39:21 | 12 of 28 |
| 40 | 63 | Matt Gibbins | Male Vet 41-50 | Salford Mets | 0:39:27 | 13 of 28 |
| 41 | 113 | Paul Muldoon | Senior Male | Winston Runners | 0:39:36 | 13 of 27 |
| 42 | 148 | Tracey Taylor | Female Vet 35-40 | Sale Harriers | 0:40:00 | 4 of 31 |
| 43 | 172 | Scott Willis | Male Vet 35-40 | Dragons Running Club | 0:40:06 | 5 of 19 |
| 44 | 121 | Colin Owen | Male Vet 51+ | Gatley Runners | 0:40:06 | 4 of 13 |

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| 45 | 29 | Andrew Buskiewicz | Male Vet 41-50 | Unaffiliated | 0:40:12 | 14 of 28 |
| 46 | 173 | Paul Wood | Male Vet 51+ | Unaffiliated | 0:40:13 | 5 of 13 |
| 47 | 81 | Phil Jackson | Male Vet 41-50 | Unaffiliated | 0:40:20 | 15 of 28 |
| 48 | 19 | Paul Brackley | Senior Male | Unaffiliated | 0:40:22 | 14 of 27 |
| 49 | 59 | Matt Foster | Senior Male | Unaffiliated | 0:40:27 | 15 of 27 |
| 50 | 65 | Anthony Paul Gorman | Male Vet 41-50 | Unaffiliated | 0:40:29 | 16 of 28 |
| 51 | 83 | Ross Jenkins | Senior Male | Unaffiliated | 0:40:35 | 16 of 27 |
| 52 | 108 | Mark Morgan | Senior Male | Unaffiliated | 0:40:48 | 17 of 27 |
| 53 | 114 | John Neate | Male Vet 51+ | Unaffiliated | 0:41:05 | 6 of 13 |
| 54 | 85 | Brian Johnston | Male Vet 35-40 | Chorlton Runners | 0:41:14 | 6 of 19 |
| 55 | 22 | Ciaran Breen | Male Vet 41-50 | Unaffiliated | 0:41:45 | 17 of 28 |
| 56 | 143 | Jen Sherstone | Female Vet 41-50 | Unaffiliated | 0:41:56 | 3 of 24 |
| 57 | 119 | Stuart Oram | Male Vet 35-40 | Unaffiliated | 0:42:06 | 7 of 19 |
| 58 | 43 | Andy Dennison | Male Vet 41-50 | Sale Harriers | 0:42:11 | 18 of 28 |
| 59 | 168 | Jane WilbyPalmer | Female Vet 35-40 | Mile Shy Club | 0:42:11 | 5 of 31 |
| 60 | 186 | Andrew Skett | Male Vet 51+ | Lymm Runners | 0:42:14 | 7 of 13 |
| 61 | 137 | Caroline Rogers | Female Vet 35-40 | Chorlton Runners | 0:42:19 | 6 of 31 |
| 62 | 46 | Damian Duncan | Senior Male | Unaffiliated | 0:42:26 | 18 of 27 |
| 63 | 64 | Michael Glennon | Male Vet 35-40 | Unaffiliated | 0:42:28 | 8 of 19 |
| 64 | 93 | Alan Leonard | Male Vet 41-50 | Manchester Triathlon Club | 0:42:42 | 19 of 28 |
| 65 | 115 | Felicity Nelson | Senior Female | Dragons Running Club | 0:42:58 | 4 of 8 |
| 66 | 120 | Emma Orton | Female Vet 35-40 | Gatley Runners | 0:43:00 | 7 of 31 |
| 67 | 75 | Trevor Holliday | Male Vet 35-40 | Unaffiliated | 0:43:02 | 9 of 19 |
| 68 | 79 | Thomas Hughes | Male Vet 35-40 | Unaffiliated | 0:43:07 | 10 of 19 |
| 69 | 130 | Anna Preston | Senior Female | Unaffiliated | 0:43:41 | 5 of 8 |
| 70 | 163 | Jon Wells | Male Vet 35-40 | Dragons Running Club | 0:43:46 | 11 of 19 |
| 71 | 109 | Chris Morris | Male Vet 35-40 | Unaffiliated | 0:43:50 | 12 of 19 |
| 72 | 42 | Jonathan Dee | Male Vet 41-50 | Unaffiliated | 0:43:53 | 20 of 28 |
| 73 | 145 | Paul Steane | Male Vet 51+ | Unaffiliated | 0:43:54 | 8 of 13 |
| 74 | 187 | Emma Wells | Female Vet 35-40 | Unaffiliated | 0:44:12 | 8 of 31 |
| 75 | 35 | Joseph Connor | Male Vet 35-40 | Bramhall Runners | 0:44:21 | 13 of 19 |
| 76 | 15 | Nathan Booth | Senior Male | Unaffiliated | 0:44:29 | 19 of 27 |

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| 77 | 117 | Fran O'Neill | Female Vet 41-50 | Unaffiliated | 0:44:43 | 4 of 24 |
| 78 | 140 | Samantha Saunders | Female Vet 35-40 | Dragons Running Club | 0:44:53 | 9 of 31 |
| 79 | 91 | Amelie Latham | Female Vet 35-40 | Sale Harriers | 0:44:56 | 10 of 31 |
| 80 | 52 | Mark Evans | Male Vet 41-50 | Dragons Running Club | 0:45:00 | 21 of 28 |
| 81 | 164 | Joanne Wetton | Female Vet 41-50 | Chorlton Runners | 0:45:13 | 5 of 24 |
| 82 | 69 | Jill Hatton | Female Vet 35-40 | Dragons Running Club | 0:46:06 | 11 of 31 |
| 83 | 171 | David Williamson | Male Vet 41-50 | Swinton RC | 0:46:16 | 22 of 28 |
| 84 | 55 | Mark Ferns | Male Vet 51+ | Unaffiliated | 0:46:17 | 9 of 13 |
| 85 | 5 | Emma Banister | Female Vet 41-50 | Chorlton Runners | 0:46:18 | 6 of 24 |
| 86 | 106 | Jean Milton | Female Vet 51+ | Dragons Running Club | 0:46:48 | 1 of 5 |
| 87 | 128 | David Piper | Senior Male | Unaffiliated | 0:46:52 | 20 of 27 |
| 88 | 37 | Andrew Cunningham | Male Vet 35-40 | Unaffiliated | 0:46:54 | 14 of 19 |
| 89 | 136 | Sarah Rochford | Senior Female | Dragons Running Club | 0:46:54 | 6 of 8 |
| 90 | 122 | Geoff Paley | Male Vet 35-40 | Unaffiliated | 0:47:02 | 15 of 19 |
| 91 | 141 | Andrew Scialpi Sullivan | Male Vet 51+ | Unaffiliated | 0:47:06 | 10 of 13 |
| 92 | 82 | Diane Jacob | Female Vet 35-40 | Unaffiliated | 0:47:14 | 12 of 31 |
| 93 | 90 | Graham Kitchen | Male Vet 51+ | Dragons Running Club | 0:47:14 | 11 of 13 |
| 94 | 158 | Nicole van den Wittenboer | Female Vet 41-50 | Dragons Running Club | 0:47:21 | 7 of 24 |
| 95 | 181 | Mark Kenny | Senior Male | Burnden Road Runners | 0:47:38 | 21 of 27 |
| 96 | 99 | Lucy McGill | Female Vet 35-40 | Dragons Running Club | 0:47:45 | 13 of 31 |
| 97 | 135 | Kathryn Roberts | Female Vet 51+ | Warrington running club | 0:47:46 | 2 of 5 |
| 98 | 102 | Phil Mckiernan | Male Vet 35-40 | Chorlton Runners | 0:47:48 | 16 of 19 |
| 99 | 103 | Emma Medus | Senior Female | Manchester Triathlon Club | 0:48:04 | 7 of 8 |
| 100 | 105 | Rachel Mellor | Female Vet 35-40 | Dragons Running Club | 0:48:24 | 14 of 31 |
| 101 | 133 | Andy Redford | Male Vet 41-50 | Dragons Running Club | 0:48:37 | 23 of 28 |
| 102 | 23 | Chris Bridges | Male Vet 35-40 | Unaffiliated | 0:48:38 | 17 of 19 |
| 103 | 44 | Michelle Dobson | Senior Female | Dragons Running Club | 0:48:47 | 8 of 8 |
| 104 | 175 | Dennis Yarwood | Male Vet 51+ | Spectrum Striders | 0:48:50 | 12 of 13 |
| 105 | 53 | Beth Evens | Female Vet 41-50 | Unaffiliated | 0:49:01 | 8 of 24 |
| 106 | 183 | Alison Pallister | Female Vet 41-50 | Chorlton Runners | 0:49:09 | 9 of 24 |
| 107 | 67 | Beth Hardie | Female Vet 35-40 | Gatley Runners | 0:49:14 | 15 of 31 |
| 108 | 167 | Martha Whitehead | Female Vet 51+ | Unaffiliated | 0:49:15 | 3 of 5 |

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| 109 | 155 | Helen Toyne | Female Vet 41-50 | Vegan Runners | 0:49:18 | 10 of 24 |
| 110 | 154 | Chris Toyne | Male Vet 41-50 | Unaffiliated | 0:49:59 | 24 of 28 |
| 111 | 31 | Sam Carey | Female Vet 35-40 | Unaffiliated | 0:50:00 | 16 of 31 |
| 112 | 184 | Lucy Phelan | Female Vet 35-40 | Unaffiliated | 0:50:07 | 17 of 31 |
| 113 | 30 | Chris Butters | Senior Male | Unaffiliated | 0:50:07 | 22 of 27 |
| 114 | 7 | Patrick Barry | Male Vet 35-40 | Chorlton Runners | 0:50:14 | 18 of 19 |
| 115 | 94 | Elizabeth lewis | Female Vet 41-50 | Unaffiliated | 0:50:35 | 11 of 24 |
| 116 | 18 | Helen Brackley | Female Vet 35-40 | Unaffiliated | 0:50:40 | 18 of 31 |
| 117 | 131 | Abigail Radford | Female Vet 35-40 | Dragons Running Club | 0:50:44 | 19 of 31 |
| 118 | 146 | Rachel Stone | Female Vet 35-40 | Unaffiliated | 0:50:44 | 20 of 31 |
| 119 | 96 | Jennifer Lutton | Female Vet 35-40 | Winston Runners | 0:50:53 | 21 of 31 |
| 120 | 4 | Jane Ash | Female Vet 41-50 | Gatley Runners | 0:51:17 | 12 of 24 |
| 121 | 49 | Sandra Egan | Female Vet 41-50 | Unaffiliated | 0:51:40 | 13 of 24 |
| 122 | 95 | Alison Lord | Female Vet 35-40 | Unaffiliated | 0:51:41 | 22 of 31 |
| 123 | 10 | Hilary Beach | Female Vet 41-50 | Unaffiliated | 0:51:41 | 14 of 24 |
| 124 | 72 | Laura Hirst | Female Vet 35-40 | Unaffiliated | 0:51:46 | 23 of 31 |
| 125 | 89 | Andrew Kindleysides | Senior Male | Infinity Fitness Bootcamp | 0:51:54 | 23 of 27 |
| 126 | 139 | Jamie Rudette | Senior Male | Unaffiliated | 0:51:55 | 24 of 27 |
| 127 | 127 | Toni Phoenix | Female Vet 35-40 | Unaffiliated | 0:52:47 | 24 of 31 |
| 128 | 71 | Holly Hill | Female Vet 41-50 | Unaffiliated | 0:52:52 | 15 of 24 |
| 129 | 84 | Nan Johnson | Female Vet 41-50 | Unaffiliated | 0:53:03 | 16 of 24 |
| 130 | 9 | Rosie Bastow | Female Vet 35-40 | Unaffiliated | 0:53:04 | 25 of 31 |
| 131 | 25 | David Bryden | Male Vet 41-50 | Chorlton Runners | 0:53:13 | 25 of 28 |
| 132 | 33 | Ryan Chrysler | Male Vet 41-50 | Unaffiliated | 0:53:16 | 26 of 28 |
| 133 | 138 | Ali Roskell | Female Vet 41-50 | Chorlton Runners | 0:53:28 | 17 of 24 |
| 134 | 101 | Helen Mckay | Female Vet 41-50 | Unaffiliated | 0:53:51 | 18 of 24 |
| 135 | 21 | Richard Braddock | Senior Male | Unaffiliated | 0:54:12 | 25 of 27 |
| 136 | 92 | Katharine Lay | Female Vet 41-50 | Dragons Running Club | 0:54:32 | 19 of 24 |
| 137 | 76 | Kate Holloway | Female Vet 41-50 | Unaffiliated | 0:54:45 | 20 of 24 |
| 138 | 152 | Sue Thurrold | Female Vet 51+ | Unaffiliated | 0:54:45 | 4 of 5 |
| 139 | 68 | Kevin Hardman | Male Vet 51+ | Swinton RC | 0:54:56 | 13 of 13 |
| 140 | 8 | Yvonne Barry | Female Vet 35-40 | Chorlton Runners | 0:55:05 | 26 of 31 |

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| 141 | 124 | Jenny Peers | Female Vet 41-50 | Warrington running club | 0:55:29 | 21 of 24 |
| 142 | 156 | Alison Turner | Female Vet 41-50 | Unaffiliated | 0:56:36 | 22 of 24 |
| 143 | 142 | Deb Sharman | Female Vet 35-40 | Dragons Running Club | 0:56:58 | 27 of 31 |
| 144 | 17 | Rachel Boyle | Female Vet 35-40 | Unaffiliated | 0:56:58 | 28 of 31 |
| 145 | 147 | Gareth Storey | Male Vet 35-40 | Unaffiliated | 0:57:33 | 19 of 19 |
| 146 | 78 | Asher Horsefield | Female Vet 35-40 | Unaffiliated | 0:58:00 | 29 of 31 |
| 147 | 73 | Helena Hodgson | Female Vet 41-50 | Unaffiliated | 0:58:06 | 23 of 24 |
| 148 | 118 | Sarah Oram | Female Vet 35-40 | Chorlton Runners | 0:58:29 | 30 of 31 |
| 150 | 39 | Chris Darlaston | Male Vet 41-50 | Unaffiliated | 1:01:11 | 27 of 28 |
| 151 | 77 | Chris Horricks | Senior Male | Dragons Running Club | 1:02:20 | 26 of 27 |
| 152 | 41 | James Davies | Male Vet 41-50 | Unaffiliated | 1:03:26 | 28 of 28 |
| 153 | 123 | Helen Parker | Female Vet 51+ | Unaffiliated | 1:03:55 | 5 of 5 |
| 154 | 24 | Ria Bright | Female Vet 41-50 | KACAC | 1:23:19 | 24 of 24 |
| 155 | 36 | Tim Culshaw | Senior Male | Glossopdale Harriers | DNF | 27 of 27 |
| 156 | 47 | Carla Dussie | Female Vet 35-40 | Dragons Running Club | DNF | 31 of 31 |