

Race Results - Trafford Trails 5 Miler - 29th June 2017

updated 02/07/2017

Average time for all runners - 45 min

Average time for female runners - 48 min

Average time for male runners - 42 min

Average time for unaffiliated runners - 47 min

Average time for club runners - 43 min

CLUB RESULTS (based on top 3 runners)

Position	Avg Time	Club
1	00:31:21	Sale Harriers
2	00:33:26	Chorlton Running Club
3	00:34:15	Unaffiliated
4	00:36:51	Dragons Running Club
5	00:38:38	Gatley Runners
6	00:42:11	Manchester Triathlon Club
7	00:47:31	Warrington Running Club

CATEGORY RESULTS

Categories	Avg Time	No. of participants
Senior Male	0:41:30	27
Senior Female	0:42:00	8
Male Vet 41-50	0:42:28	28
Male Vet 51+	0:43:18	13
Male Vet 35-40	0:43:19	19
Female Vet 35-40	0:48:27	31
Female Vet 41-50	0:51:04	24
Female Vet 51+	0:52:30	5

Position	Bib	Name	Category	Club	Time	Cat. Position
1	86	Rob Jowett	Senior Male	Sale Harriers	0:29:27	1 of 27
2	11	Oliver Bernstein	Senior Male	Chorlton Runners	0:31:15	2 of 27
3	20	Craig Bradbury	Male Vet 41-50	Sale Harriers	0:32:02	1 of 28
4	57	Rob Flannery	Senior Male	Sale Harriers	0:32:35	3 of 27
5	97	Alex Masidlover	Male Vet 35-40	Gatley Runners	0:32:47	1 of 19
6	14	Brian W Birkmyre	Senior Male	Chorlton Runners	0:32:57	4 of 27
7	45	Sarah Douglas	Senior Female	Sale Harriers	0:33:13	1 of 8
8	132	Aidan Rafferty	Male Vet 51+	Sale Harriers	0:33:34	1 of 13
9	88	Richard Kennaugh	Male Vet 41-50	Unaffiliated	0:33:39	2 of 28
10	70	Rick Healy	Male Vet 41-50	Dragons Running Club	0:33:58	3 of 28
11	161	Paul Wardle	Senior Male	Unaffiliated	0:34:31	5 of 27
12	2	David Adams Strump	Male Vet 35-40	Unaffiliated	0:34:35	2 of 19

13	166	Rich White	Male Vet 41-50	Glossopdale Harriers	0:34:42	4 of 28
14	110	John Morris	Male Vet 35-40	Sale Harriers	0:34:59	3 of 19
15	3	Helen Armitage	Female Vet 41-50	Sale Harriers	0:35:09	1 of 24
16	179	Sarah Harris	Senior Female	Manchester Triathlon Clu	0:35:49	2 of 8
17	12	Zoe G	Female Vet 41-50	Chorlton Runners	0:36:06	2 of 24
18	50	Thomas Eggleston	Male Vet 41-50	Unaffiliated	0:36:31	5 of 28
19	149	Jane Thomas	Senior Female	Sale Harriers	0:36:38	3 of 8
20	180	Bradley Johnson	Male Vet 41-50	Altrincham & District AC	0:36:40	6 of 28
21	66	Stephen Hampson	Senior Male	Unaffiliated	0:36:56	6 of 27
22	62	Duane Gaunt	Senior Male	Sale Harriers	0:37:03	7 of 27
23	27	Peter Buckles	Male Vet 41-50	Infinity Fitness Bootcamp	0:37:22	7 of 28
24	6	Melanie Barber	Female Vet 35-40	Manchester Harriers	0:37:27	1 of 31
25	34	Sean Collins	Senior Male	Unaffiliated	0:37:29	8 of 27
26	58	Nick Fogarty	Male Vet 41-50	Lymm Runners	0:37:32	8 of 28
27	160	Charlie Walker	Senior Male	Chorlton Runners	0:37:34	9 of 27
28	129	Tristan Pocock	Male Vet 41-50	Dragons Running Club	0:37:48	9 of 28
29	176	John Battersby	Male Vet 51+	Sale Harriers	0:38:08	2 of 13
30	116	Jonathan Oldbury	Senior Male	Mile Shy Club	0:38:09	10 of 27
31	104	Liam Mellon	Senior Male	Hyde striders	0:38:31	11 of 27
32	174	Frankie Yan	Male Vet 35-40	Hyde striders	0:38:32	4 of 19
33	178	Steven Cullen	Male Vet 41-50	Unaffiliated	0:38:34	10 of 28
34	126	Scott Peters	Senior Male	Unaffiliated	0:38:45	12 of 27
35	48	Matthew Egan	Male Vet 41-50	Unaffiliated	0:38:47	11 of 28
36	16	Elizabeth Bosworth	Female Vet 35-40	Dragons Running Club	0:38:47	2 of 31
37	60	Glen Gandy	Male Vet 51+	Manchester Harriers	0:39:10	3 of 13
38	32	Louise Casey	Female Vet 35-40	Warrington running club	0:39:14	3 of 31
39	157	Mark Turner	Male Vet 41-50	Chorlton Runners	0:39:21	12 of 28
40	63	Matt Gibbins	Male Vet 41-50	Salford Mets	0:39:27	13 of 28
41	113	Paul Muldoon	Senior Male	Winston Runners	0:39:36	13 of 27
42	148	Tracey Taylor	Female Vet 35-40	Sale Harriers	0:40:00	4 of 31
43	172	Scott Willis	Male Vet 35-40	Dragons Running Club	0:40:06	5 of 19
44	121	Colin Owen	Male Vet 51+	Gatley Runners	0:40:06	4 of 13

45	29	Andrew Buskiewicz	Male Vet 41-50	Unaffiliated	0:40:12	14 of 28
46	173	Paul Wood	Male Vet 51+	Unaffiliated	0:40:13	5 of 13
47	81	Phil Jackson	Male Vet 41-50	Unaffiliated	0:40:20	15 of 28
48	19	Paul Brackley	Senior Male	Unaffiliated	0:40:22	14 of 27
49	59	Matt Foster	Senior Male	Unaffiliated	0:40:27	15 of 27
50	65	Anthony Paul Gorman	Male Vet 41-50	Unaffiliated	0:40:29	16 of 28
51	83	Ross Jenkins	Senior Male	Unaffiliated	0:40:35	16 of 27
52	108	Mark Morgan	Senior Male	Unaffiliated	0:40:48	17 of 27
53	114	John Neate	Male Vet 51+	Unaffiliated	0:41:05	6 of 13
54	85	Brian Johnston	Male Vet 35-40	Chorlton Runners	0:41:14	6 of 19
55	22	Ciaran Breen	Male Vet 41-50	Unaffiliated	0:41:45	17 of 28
56	143	Jen Sherstone	Female Vet 41-50	Unaffiliated	0:41:56	3 of 24
57	119	Stuart Oram	Male Vet 35-40	Unaffiliated	0:42:06	7 of 19
58	43	Andy Dennison	Male Vet 41-50	Sale Harriers	0:42:11	18 of 28
59	168	Jane WilbyPalmer	Female Vet 35-40	Mile Shy Club	0:42:11	5 of 31
60	186	Andrew Skett	Male Vet 51+	Lymm Runners	0:42:14	7 of 13
61	137	Caroline Rogers	Female Vet 35-40	Chorlton Runners	0:42:19	6 of 31
62	46	Damian Duncan	Senior Male	Unaffiliated	0:42:26	18 of 27
63	64	Michael Glennon	Male Vet 35-40	Unaffiliated	0:42:28	8 of 19
64	93	Alan Leonard	Male Vet 41-50	Manchester Triathlon Club	0:42:42	19 of 28
65	115	Felicity Nelson	Senior Female	Dragons Running Club	0:42:58	4 of 8
66	120	Emma Orton	Female Vet 35-40	Gatley Runners	0:43:00	7 of 31
67	75	Trevor Holliday	Male Vet 35-40	Unaffiliated	0:43:02	9 of 19
68	79	Thomas Hughes	Male Vet 35-40	Unaffiliated	0:43:07	10 of 19
69	130	Anna Preston	Senior Female	Unaffiliated	0:43:41	5 of 8
70	163	Jon Wells	Male Vet 35-40	Dragons Running Club	0:43:46	11 of 19
71	109	Chris Morris	Male Vet 35-40	Unaffiliated	0:43:50	12 of 19
72	42	Jonathan Dee	Male Vet 41-50	Unaffiliated	0:43:53	20 of 28
73	145	Paul Steane	Male Vet 51+	Unaffiliated	0:43:54	8 of 13
74	187	Emma Wells	Female Vet 35-40	Unaffiliated	0:44:12	8 of 31
75	35	Joseph Connor	Male Vet 35-40	Bramhall Runners	0:44:21	13 of 19
76	15	Nathan Booth	Senior Male	Unaffiliated	0:44:29	19 of 27

77	117	Fran O'Neill	Female Vet 41-50	Unaffiliated	0:44:43	4 of 24
78	140	Samantha Saunders	Female Vet 35-40	Dragons Running Club	0:44:53	9 of 31
79	91	Amelie Latham	Female Vet 35-40	Sale Harriers	0:44:56	10 of 31
80	52	Mark Evans	Male Vet 41-50	Dragons Running Club	0:45:00	21 of 28
81	164	Joanne Wetton	Female Vet 41-50	Chorlton Runners	0:45:13	5 of 24
82	69	Jill Hatton	Female Vet 35-40	Dragons Running Club	0:46:06	11 of 31
83	171	David Williamson	Male Vet 41-50	Swinton RC	0:46:16	22 of 28
84	55	Mark Ferns	Male Vet 51+	Unaffiliated	0:46:17	9 of 13
85	5	Emma Banister	Female Vet 41-50	Chorlton Runners	0:46:18	6 of 24
86	106	Jean Milton	Female Vet 51+	Dragons Running Club	0:46:48	1 of 5
87	128	David Piper	Senior Male	Unaffiliated	0:46:52	20 of 27
88	37	Andrew Cunningham	Male Vet 35-40	Unaffiliated	0:46:54	14 of 19
89	136	Sarah Rochford	Senior Female	Dragons Running Club	0:46:54	6 of 8
90	122	Geoff Paley	Male Vet 35-40	Unaffiliated	0:47:02	15 of 19
91	141	Andrew Scialpi Sullivan	Male Vet 51+	Unaffiliated	0:47:06	10 of 13
92	82	Diane Jacob	Female Vet 35-40	Unaffiliated	0:47:14	12 of 31
93	90	Graham Kitchen	Male Vet 51+	Dragons Running Club	0:47:14	11 of 13
94	158	Nicole van den Wittenboer	Female Vet 41-50	Dragons Running Club	0:47:21	7 of 24
95	181	Mark Kenny	Senior Male	Burnden Road Runners	0:47:38	21 of 27
96	99	Lucy McGill	Female Vet 35-40	Dragons Running Club	0:47:45	13 of 31
97	135	Kathryn Roberts	Female Vet 51+	Warrington running club	0:47:46	2 of 5
98	102	Phil Mckiernan	Male Vet 35-40	Chorlton Runners	0:47:48	16 of 19
99	103	Emma Medus	Senior Female	Manchester Triathlon Club	0:48:04	7 of 8
100	105	Rachel Mellor	Female Vet 35-40	Dragons Running Club	0:48:24	14 of 31
101	133	Andy Redford	Male Vet 41-50	Dragons Running Club	0:48:37	23 of 28
102	23	Chris Bridges	Male Vet 35-40	Unaffiliated	0:48:38	17 of 19
103	44	Michelle Dobson	Senior Female	Dragons Running Club	0:48:47	8 of 8
104	175	Dennis Yarwood	Male Vet 51+	Spectrum Striders	0:48:50	12 of 13
105	53	Beth Evens	Female Vet 41-50	Unaffiliated	0:49:01	8 of 24
106	183	Alison Pallister	Female Vet 41-50	Chorlton Runners	0:49:09	9 of 24
107	67	Beth Hardie	Female Vet 35-40	Gatley Runners	0:49:14	15 of 31
108	167	Martha Whitehead	Female Vet 51+	Unaffiliated	0:49:15	3 of 5

109	155	Helen Toyne	Female Vet 41-50	Vegan Runners	0:49:18	10 of 24
110	154	Chris Toyne	Male Vet 41-50	Unaffiliated	0:49:59	24 of 28
111	31	Sam Carey	Female Vet 35-40	Unaffiliated	0:50:00	16 of 31
112	184	Lucy Phelan	Female Vet 35-40	Unaffiliated	0:50:07	17 of 31
113	30	Chris Butters	Senior Male	Unaffiliated	0:50:07	22 of 27
114	7	Patrick Barry	Male Vet 35-40	Chorlton Runners	0:50:14	18 of 19
115	94	Elizabeth Lewis	Female Vet 41-50	Unaffiliated	0:50:35	11 of 24
116	18	Helen Brackley	Female Vet 35-40	Unaffiliated	0:50:40	18 of 31
117	131	Abigail Radford	Female Vet 35-40	Dragons Running Club	0:50:44	19 of 31
118	146	Rachel Stone	Female Vet 35-40	Unaffiliated	0:50:44	20 of 31
119	96	Jennifer Lutton	Female Vet 35-40	Winston Runners	0:50:53	21 of 31
120	4	Jane Ash	Female Vet 41-50	Gatley Runners	0:51:17	12 of 24
121	49	Sandra Egan	Female Vet 41-50	Unaffiliated	0:51:40	13 of 24
122	95	Alison Lord	Female Vet 35-40	Unaffiliated	0:51:41	22 of 31
123	10	Hilary Beach	Female Vet 41-50	Unaffiliated	0:51:41	14 of 24
124	72	Laura Hirst	Female Vet 35-40	Unaffiliated	0:51:46	23 of 31
125	89	Andrew Kindleysides	Senior Male	Infinity Fitness Bootcamp	0:51:54	23 of 27
126	139	Jamie Rudette	Senior Male	Unaffiliated	0:51:55	24 of 27
127	127	Toni Phoenix	Female Vet 35-40	Unaffiliated	0:52:47	24 of 31
128	71	Holly Hill	Female Vet 41-50	Unaffiliated	0:52:52	15 of 24
129	84	Nan Johnson	Female Vet 41-50	Unaffiliated	0:53:03	16 of 24
130	9	Rosie Bastow	Female Vet 35-40	Unaffiliated	0:53:04	25 of 31
131	25	David Bryden	Male Vet 41-50	Chorlton Runners	0:53:13	25 of 28
132	33	Ryan Chrysler	Male Vet 41-50	Unaffiliated	0:53:16	26 of 28
133	138	Ali Roskell	Female Vet 41-50	Chorlton Runners	0:53:28	17 of 24
134	101	Helen Mckay	Female Vet 41-50	Unaffiliated	0:53:51	18 of 24
135	21	Richard Braddock	Senior Male	Unaffiliated	0:54:12	25 of 27
136	92	Katharine Lay	Female Vet 41-50	Dragons Running Club	0:54:32	19 of 24
137	76	Kate Holloway	Female Vet 41-50	Unaffiliated	0:54:45	20 of 24
138	152	Sue Thurrold	Female Vet 51+	Unaffiliated	0:54:45	4 of 5
139	68	Kevin Hardman	Male Vet 51+	Swinton RC	0:54:56	13 of 13
140	8	Yvonne Barry	Female Vet 35-40	Chorlton Runners	0:55:05	26 of 31

141	124	Jenny Peers	Female Vet 41-50	Warrington running club	0:55:29	21 of 24
142	156	Alison Turner	Female Vet 41-50	Unaffiliated	0:56:36	22 of 24
143	142	Deb Sharman	Female Vet 35-40	Dragons Running Club	0:56:58	27 of 31
144	17	Rachel Boyle	Female Vet 35-40	Unaffiliated	0:56:58	28 of 31
145	147	Gareth Storey	Male Vet 35-40	Unaffiliated	0:57:33	19 of 19
146	78	Asher Horsefield	Female Vet 35-40	Unaffiliated	0:58:00	29 of 31
147	73	Helena Hodgson	Female Vet 41-50	Unaffiliated	0:58:06	23 of 24
148	118	Sarah Oram	Female Vet 35-40	Chorlton Runners	0:58:29	30 of 31
150	39	Chris Darlaston	Male Vet 41-50	Unaffiliated	1:01:11	27 of 28
151	77	Chris Horricks	Senior Male	Dragons Running Club	1:02:20	26 of 27
152	41	James Davies	Male Vet 41-50	Unaffiliated	1:03:26	28 of 28
153	123	Helen Parker	Female Vet 51+	Unaffiliated	1:03:55	5 of 5
154	24	Ria Bright	Female Vet 41-50	KACAC	1:23:19	24 of 24
155	36	Tim Culshaw	Senior Male	Glossopdale Harriers	DNF	27 of 27
156	47	Carla Dussie	Female Vet 35-40	Dragons Running Club	DNF	31 of 31