

Thompson-Nicola Nature Viewing Region

Lillooet Area

Stein Valley Nlaka'pamux Heritage Provincial Park

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Stein Valley: photo by Rita Rosenfeld

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The park protects an intact watershed as well as historical, cultural and spiritual values of First Nations peoples. Due to its size and relative lack of disturbance, the park contains populations of many species of wildlife.

[Lillooet Naturalist Society](#)

[Photo Gallery](#)

Geographical Description	An ecologically diverse wilderness park.
Area/ Trail Length	A variety of trip lengths, mostly involving overnight backpacking. Day hiking is feasible as far as Earl's Cabin, 10 km from trailhead, or suspension bridge at 13 km. To hike the entire length of the park for Lizzie Lake or Blowdown Pass is up to 80 km and a multi day trip for very experienced backpackers.
Habitat	Coast Western Hemlock/ Mountain Hemlock/ Alpine Tundra

Viewing Highlights	<p>Year round: Mountain goat, Spruce Grouse, Dusky Grouse, White-tailed Ptarmigan, Mule deer</p> <p>May to September: Hoary marmot, Grizzly bear, Black bear</p> <p>May to October: Pika</p> <p>Mammals in the park include cougar and wolverine</p> <p>Bird species include Golden Eagles, Sharp-shinned Hawks, Barred Owls, Pygmy-Owls, White-Tailed Ptarmigan, Pileated Woodpeckers and Rufous Hummingbirds, as well as several species of chickadees, warblers and nuthatches.</p> <p>The Stein River contains Dolly Varden char, rainbow trout and Rocky Mountain whitefish, as well as steelhead trout, coho, pink and chinook salmon that return to the river at certain times of the year to spawn.</p>
Other Features	Mountain vistas.
Main Access	The main trailhead is located on the west side of the Fraser River by Lytton, accessed by crossing the Lytton Ferry. After disembarking from the ferry, follow the road to the right for 4.8 kilometres to the junction with the Stein Valley Road (marked). Turn left and follow it to the parking lot.
Secondary Accesses	Rough backpacking access from Blowdown Pass, off Duffey Lake Road, or Lizzie Lake, off In-shuck-ch Forest Service Road near Mount Currie.
Cautions	<p>This is an unpatrolled wilderness area with no services; you must be self-sufficient and experienced in backcountry travel. Hikers should be prepared for sudden weather changes.</p> <p>Be on the lookout for bears and cougars</p> <p>The Lytton ferry is subject to closures in spring and early summer due to high water levels on the Fraser River. The only other access is by a rough gravel road from Lillooet.</p>
Jurisdiction	BC Parks, co-managed with Lytton First Nation.
Regulations	A hiking only park; no horses, bicycles or vehicles permitted.
Facilities	Designated back-country campsites with pit toilets and bear proof food caches.
Other Recreational Activities	

**Other
Connections**

History

FMI

Stein Valley Wilderness Guide Book, by Gordon White, 2007, published by Selcouth Publishing.

Links

[Lillooet Naturalist Society](#)

[Lillooet Hiking Guide: Canyon to Alpine](#)

[BC Parks](#)

[BC Parks iNaturalist Project](#)

[Wildlife Viewing in the Thompson Region](#)

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