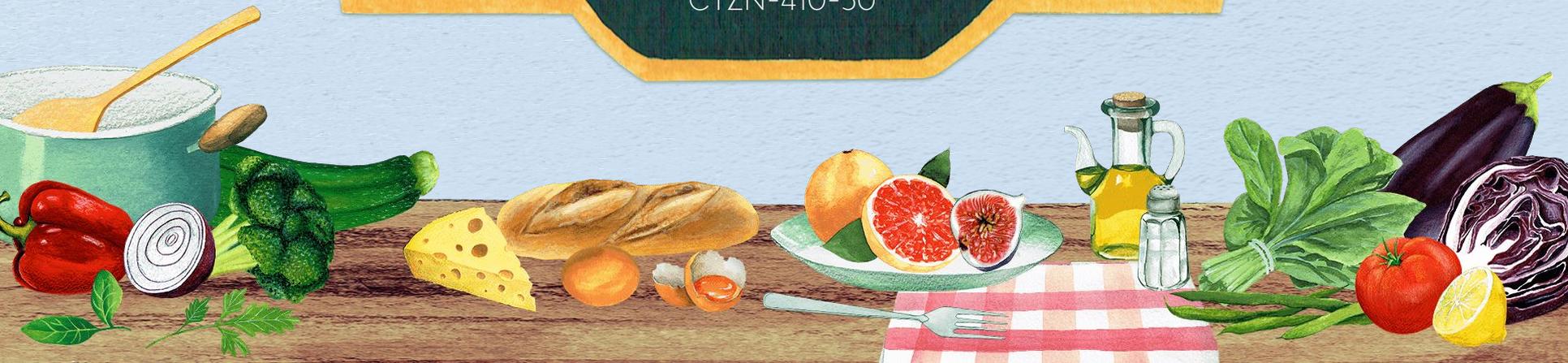


Feeding Farmville

CTZN-410-50



Synopsis of Flourishing Together

A human life is composed of activities. A good human life is composed of worthwhile activities done well. The basis of this course is to work toward a common good by applying knowledge, skills, and perspectives demonstrated through course content. This Symposium course develops an account of human flourishing, both as an individual and in the community. This course makes the argument that humans cannot flourish in isolation, they flourish together. We as human beings become enmeshed with other humans beings. In this way, our good comes to be partially constituted by the good of others. Hence we can only flourish together. It is natural then for humans to desire a harmonious community in which each individual strives for a balance of their own good with the common good. This course makes the argument, via Aristotelian virtue ethics, that (at least under certain conditions) this need not be a zero-sum, either/or choice. Human flourishing is flourishing together.



Abstract

Many citizens of Farmville fall below the poverty line and cannot easily afford food to provide for their families. The poverty rate is 33.1% and the median household income is less than \$40,000. Our project is the development of a proposal for how unused food items from Dorrill Dining Hall can be redistributed to help address hunger in the Farmville area. This project will create the opportunity for students to enmesh with members of the community and in some small way, further facilitate human flourishing in Farmville.



COVID-19 and Feeding Farmville

COVID-19 has impacted people in a health and economic sense. As a class we want to work towards helping those affected in our community. As a small town, Farmville has been impacted in multiple ways. Businesses have had to shut down and people have lost their jobs. As we have been experiencing the effects of COVID-19 we have decided to make a change in our community. We wanted to find a way to enmesh Longwood University and the Farmville community. To do this we decided to use our resources and other community partners to help find a way to provide food to these individuals. We have directly seen the hardships the pandemic has caused and we wanted to find a way to do our part in bettering the lives of the people around us.



Income in Farmville compared to the state of Virginia

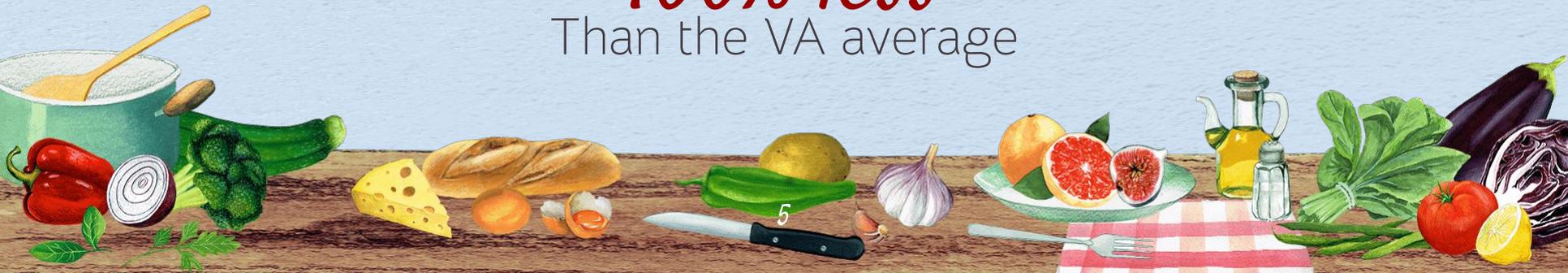
\$37k

Median household
income in Farmville

\$76k

Median household
income in Virginia

106% less
Than the VA average



Effects of hunger on development of children & stability of families

According to Feeding American a 2014 Hunger in America study stated that...

69% of families had to make the choice between utilities and food

66% of families to choose between food and medical care for loved ones

57% had to choose between a roof over their heads and food

67% had to decide between transportation and food

Children who grow up with unstable food conditions tend to be impacted both physically and mentally. They run the risk of chronic illnesses and behavioral problems.



Specific Effects of Hunger on children and families

Longitudinal studies in Canada indicate that hunger is related to poor health outcomes, including

- ◆ higher **risk of depression** and **suicidal ideation** in adolescents
- ◆ chronic conditions, particularly **asthma**

Nutrient deficiencies, such as iron deficiency, are known to impair learning and cause decreased productivity in school-age children (Ke & Ford-Jones)

Teachers reported higher levels of **hyperactivity**, **absenteeism**, and tardiness among hungry/at-risk children (Murphy et al.)



Potential Partners

- ◆ Food Recovery Network
- ◆ Rotary Club
- ◆ Elwood's Cabinet
- ◆ FACES
- ◆ Dorrill Dining Hall
- ◆ Sustainability Club/Environmental Science Fraternity
- ◆ Student Government Association



Advertising



FARMVILLE COMMUNITY

Feeding Farmville!

Stock up on your favorite fruits and vegetables!

**Every Saturday
Noon - 5 pm
Longwood Campus., Farmville**

Dorrill Dining Hall will be empowering the Longwood community. Discover when & how you can get a hot plate of food for you and your family.



Let's come together.

Come together as a community!

This year Longwood is bringing you a wide range of food from Dorrell Dining Hall. We have:

- Dairy Products
- Vegetables
- Fruits
- Salad Essentials
- Fish & Meat
- Juice boxes/water

Reach out and learn more about how to get your own reusable container. Call 1234567890 and look for Jeri Tyler. You may also email us at FeedingFarmville@gmail.com.



Requesting Resources Letter

The Longwood University Chapter of The Food Recovery Network
201 High Street
Farmville, VA 23909

Date

Name of Organization

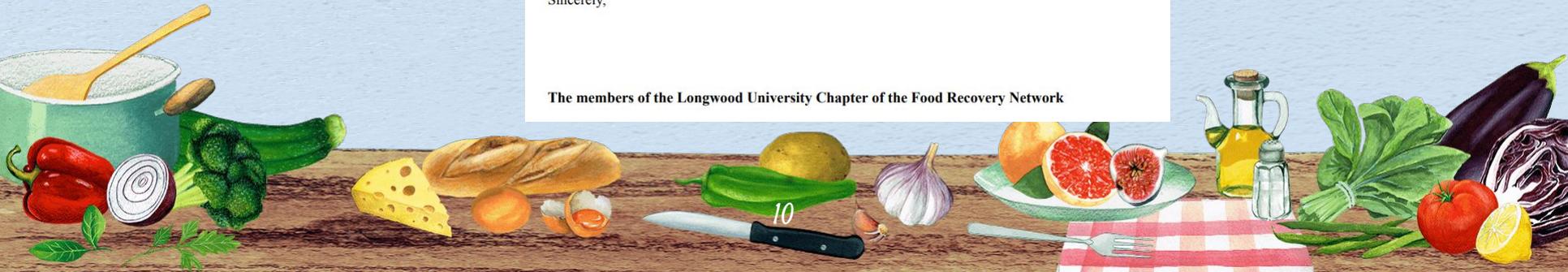
To whom it may concern,

According to the US Census Bureau, 29.7% of persons in the city of Farmville, VA live below the poverty line. Because of this, we are looking to start a chapter with the Food Recovery Network here at Longwood University. Longwood's Dorrill Dining Hall has ___lbs of food remaining on average at the end of each day. Much of this could be recovered and distributed, which would help feed the hungry as well as reduce food waste, which could have implications for sustainability as well as quality of life for the community.

In order to make this idea a reality, we will need volunteers as well as funding for the project. The resources that are needed include volunteers to aid with the delivery of the food to the recipients. We would use funding which would be provided to us to purchase disposable containers for the food along with beverages for the families.

Sincerely,

The members of the Longwood University Chapter of the Food Recovery Network



Constitution and Bylaws

Feeding Farmville Constitution

Article I. Name and Purpose

Section A: Name

1. The official name of this organization shall be Feeding Farmville.

Section B: Purpose

1. The purpose of Feeding Farmville is to redistribute food from Longwood Dining Services to the Farmville community.

Section C: Mission

1. The mission of Feeding Farmville is to promote the wellbeing and flourishing of the Farmville community and help put meals on the table for those who live at or below the poverty line. We hope to help the community receive their most basic needs so that they don't have to worry about the detrimental effects of hunger.

Click [here](#) to view full document



Budget

Containers, Utensils, Juice

Estimated at \$160 including tax (future semesters will not require purchase of containers)

Most falls under umbrella budget of \$150 (FRN)



Potential Transportation

Only available through Longwood (potential to spend up to \$500)

Used by volunteers w/o vehicles & who are qualified to drive Longwood vehicles

Gas

Estimated at around \$300 per semester depending on routes

Paid directly to volunteers who use their own vehicles



Start Food Recovery
Network Chapter @ LU

Concrete Details

Develop
Longwood-approved
club

1

Propose Budget &
Order Supplies

3

Map Out Routes for
Drivers - Discuss
Delivery & Sanitation
Plans

5

2

Contact FACES,
D-Hall, & Elwood's
Cabinet

4

Advertise to
Potential Partners &
Volunteers

6

Feed Farmville



Future Directions

- ◆ Partnering with WayFast for more delivery options
- ◆ Identify other food wasting organizations to partner with
- ◆ Expanding the organization to >100 volunteers
- ◆ Organizing a Feeding Farmville Day, where all Longwood comes together and gives to the community

