



LESSON 2.4

How to take charge of your life!

Module 2: Personal Power

LESSON ESSENTIAL QUESTIONS

1. Students will learn and apply 4 strategies for becoming more responsible.
2. Students will use their responsibility chart to identify life areas that require more personal responsibility.
3. Students will analyze responsibility exemplars in order to identify what drives them to be super responsible despite their many obstacles.

TIME FRAME

One 40-minute period. (Lesson four of four in this module)

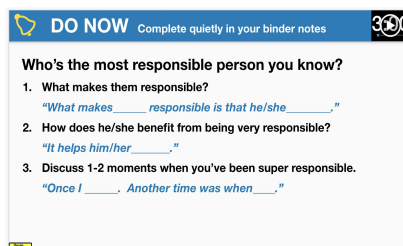
MATERIALS

- General: Speakers, LCD projector, laptop
- Whiteboard/poster (1 per group of 4-5 students) include erasers, markers
- Becoming More Responsible Categorizing Cards (1 set per team of 4 students)
- Responsibility Chart (1 per student)

1

DO NOW

3 MIN



TPossible Student Responses:

#1. He/she does what they say they're gonna do. They never miss work, don't complain, make excuses, or blame.

They achieve their goals and accomplish big dreams. They work hard, help the community, and are trustworthy and loyal.

#2.He/she is successful, self-disciplined, healthy, fit, financially stable, happy, fulfilled, confident, well-rounded, intelligent, etc.

#3. Answer will vary.

2

TAKE CHARGE!

1 MIN



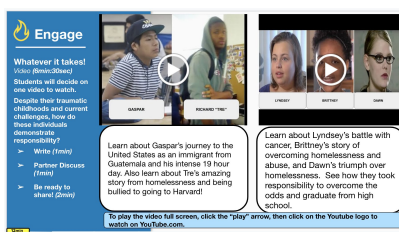
Lesson Essential Question:

How to take charge of your life!

3

ENGAGE

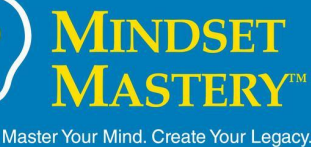
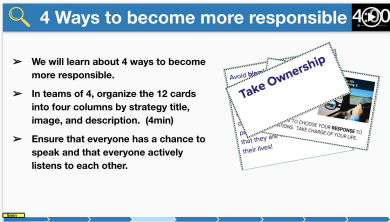
12 MIN



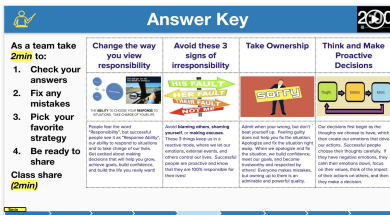
Students will decide on one video to watch.

Despite their traumatic childhoods and current challenges, how do these individuals demonstrate responsibility?

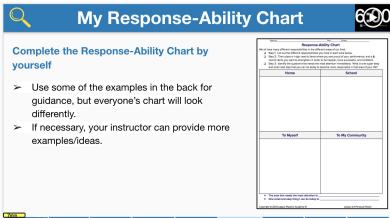
Follow up questions: Why are they so hungry for success whereas others are not? What can we do to to develop that type of hunger for self-improvement, happiness, and success?

[illegible][illegible] 5 MIN

- We will learn about 4 ways to become more responsible.
- In teams of 4, organize the 12 cards into four columns by strategy title, image, and description. (4min)
- Ensure that everyone has a chance to speak and that everyone actively listens to each other.

 5 MIN

1. Check your answers
2. Fix any mistakes
3. Pick your favorite strategy
4. Be ready to share

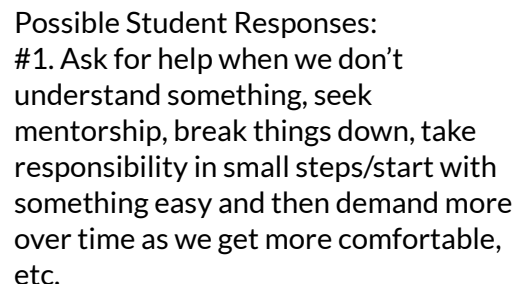
 7 MIN

Use some of the examples in the back for guidance, but everyone's chart will look differently. If necessary, your instructor can provide more examples/ideas.



FOLLOW UP

CLASS DISCUSSION



#2. They taught us to not make excuses, complain, or feel sorry about your situation, not to care what others think, just do it and it will pay off in the long run even if people will think you're weird and not cool.

#3. Answer will vary.

#4. Answer will vary.

LEARNING SHOWCASE



Share with students your response to the two questions.

- 1. Identify the most important thing you learned from today's lesson.**

“The most important thing I learned today was_____.”

2. What is one question you wonder about regarding responsibility?

"I want to know _____."

STOP HERE



Do you have feedback, concerns, questions, and best practices to share?

➤ **Click** here to complete our quick 1 min feedback form!