

INTRODUCING EMILY INFELD







Emily is a long-distance runner competing for Team USA, specializing in the 5000m and 10,000m distances. She competed in the 2016 Olympic Games finishing 11th in the 10,000m distance. She is also a 2017 World Championship Finalist, a 2018 US XC Champion and has a World Ranking of #5 in the 10k. Most recently, Emily was a 2022 outdoor track finalist in the 5k.

In university, Emily was a 9x State Champion in Ohio, an 11x All American, an NCAA Team Champion in XC and an NCAA Champion.

In addition to Classroom Champions, Emily volunteers as a youth cross country coach as well as for Urban Gleaners, a non profit that packages and delivers food to schools and families in Portland.

In her spare time, Emily loves to cook and has taken numerous cookie courses over the years. She also loves to hike and paddle board in the summer!

Performance Stats:

2016 Olympian (10,000m)

2017 World Finalist

2018 US Cross-Country Champion

8x Ohio State Champion and 1600m record holder 11x NCAA All-American



FUN FACT!

I have a cat named Boots that I adopted in 2016, I love music and have been to over 50 concerts, and I still hold the Ohio High School 1600m record I set in 2007!