



Reid Reinholdt grew up in Port Moody and Coquitlam, BC. His love of lacrosse began at age 4, when his parents' friends suggested that he and his brother might enjoy the sport.

In 2020, Reid became a lawyer and then was elected as vice president of the NLL Players Association — all while he was still playing lacrosse!

## **Performance Stats:**

Back-to-back NCAA national championships

Back-to-back Canadian University national championships

NCAA All-American & Academic All-American



## **FUN FACTS!**

Reid has a wife named Meghan and a dog named Remi. In his free time, he likes to ski, boat, and ride his bike. He still lives very close to his childhood home, and many of his friends today are friends he had when he was young. He loves making homemade pizza!