

Information for Flag football 2024

First practice is Friday, August 23, 2024

Click here for online registration 2023-24- coming soon

What will I need for practice

- We will be changing the locker room. PE you will receive your locker. Let them know that you are in sports.
- Cleats are highly recommended.
- Mouth guard (is recommended)
- Bring a water bottle that you can refill
- Clothes to practice in depending on the weather
 - **Game Days - shorts**
 - (7th grade will need a solid black shorts for the season)
 - 8th grade will wear solid red pair for the season
 - Game Jersey (will be provided) and a hand towel to wipe your face
 - Sun screen
- Drawstring bags to carry all your “stuff” and label it

Hill Middle School
(open to all 7th & 8th grade students)

Our 2023 Hill Flag Football season will begin ***Friday, August 23, 2024***. For the fall season, we will have our first regular season game on ***Tuesday, Sept. 3***. The season will start on Friday, August 23 and run through the week of October 16th. *An informational meeting will be held on Thursday, August 24th.*

Practices/games will run from 3:05-5:00 pm Monday through Friday. We will meet behind Hill Middle School on the open fields. The fee for the season is \$125 payable through Pushcoin. A current physical on file with the school nurse is required for the activity.

Click here for online registration 2024-25

Register by Friday, August 25th. Last day to join the team will be September 5th, 2024.