

# Place Value to 999

Exercise the Answer / Dance Breaks



By Greater Richmond Fit4Kids

[www.grfit4kids.org](http://www.grfit4kids.org)

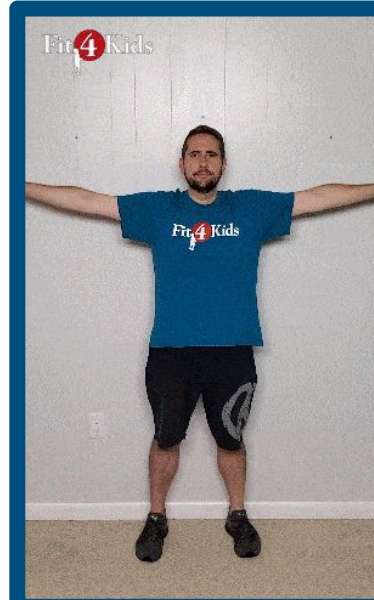
- 1) Think about it
- 2) Tap your head
- 3) Exercise your answer





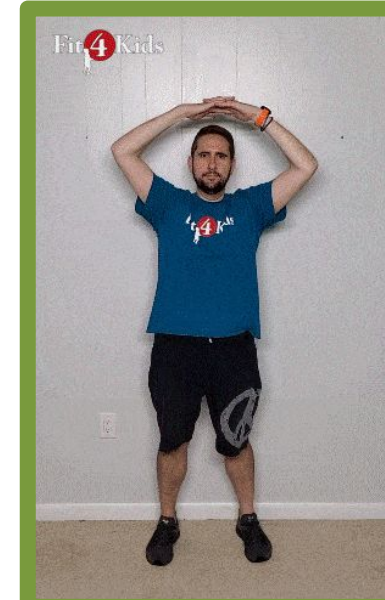
Hundreds

Hops



Tens

Arm  
Circles



Ones

Side  
Bends

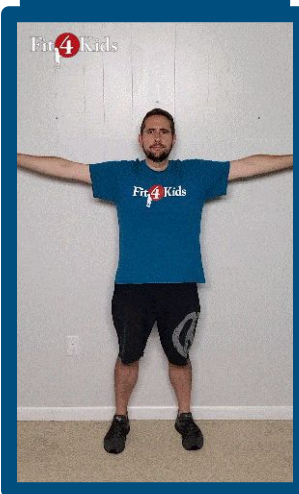


# 5

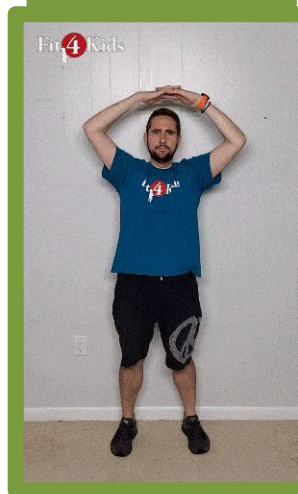
## Hundreds



## Tens



## Ones

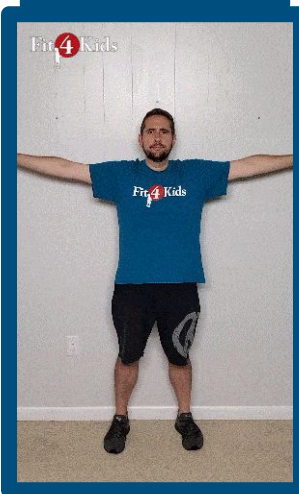


# 40

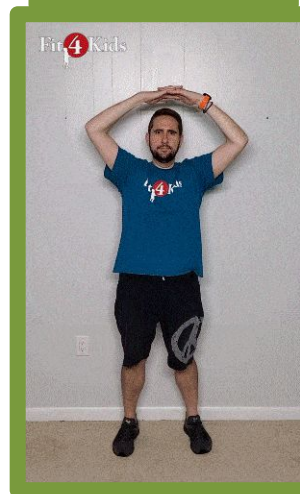
Hundreds



Tens



Ones





Sumo Squats

or

DANCE PARTY

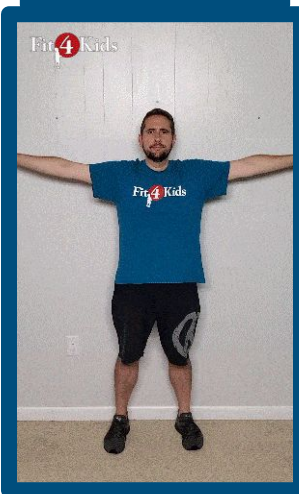


243

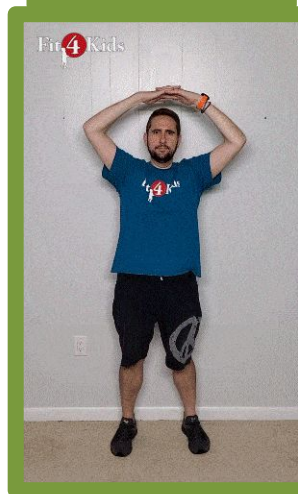
Hundreds



Tens



Ones

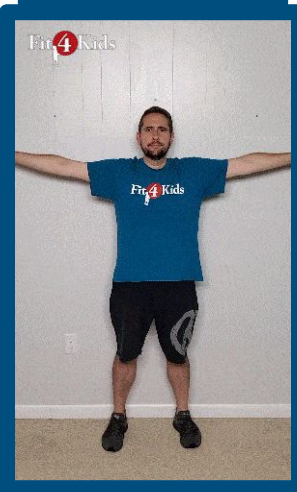


# 15

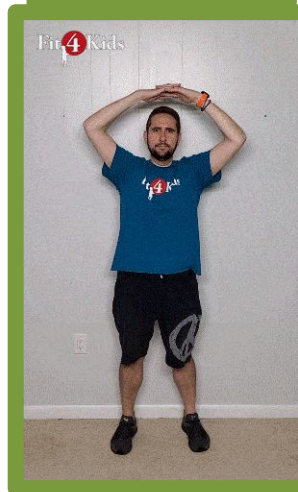
Hundreds



Tens



Ones







March

or

DANCE PARTY

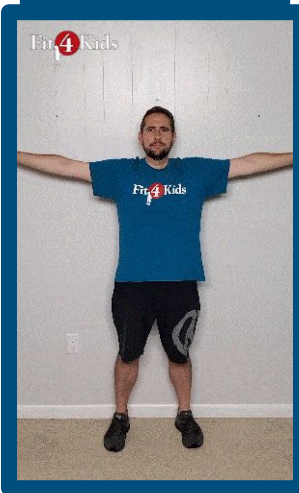


178

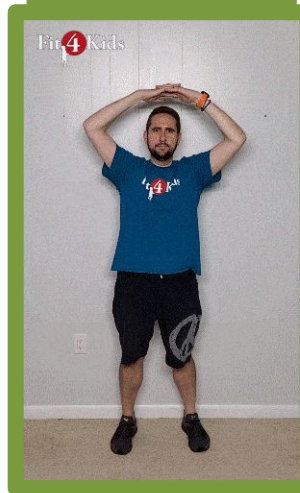
Hundreds



Tens



Ones

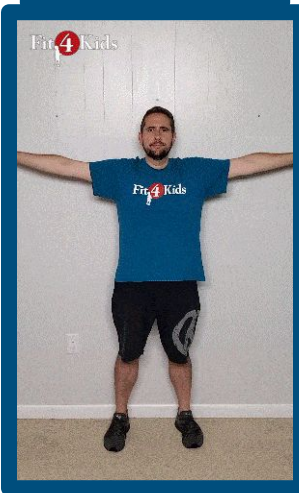


189

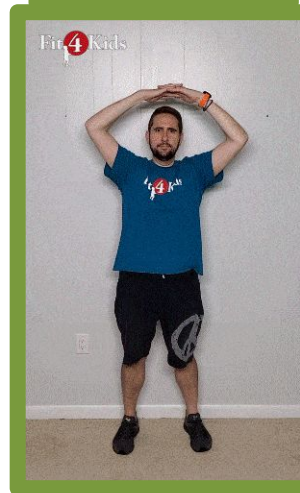
Hundreds



Tens



Ones





Ski Jumps

or

DANCE PARTY

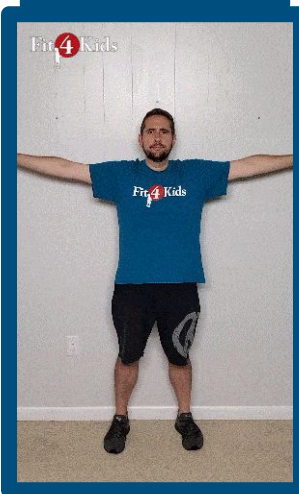


294

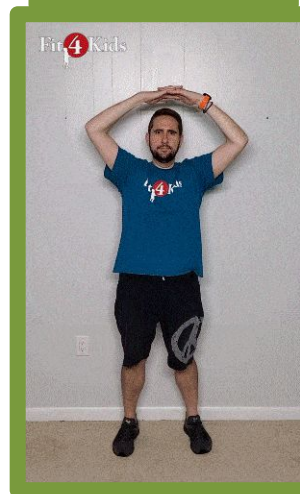
Hundreds



Tens



Ones

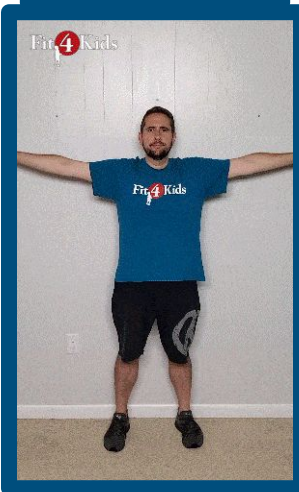


329

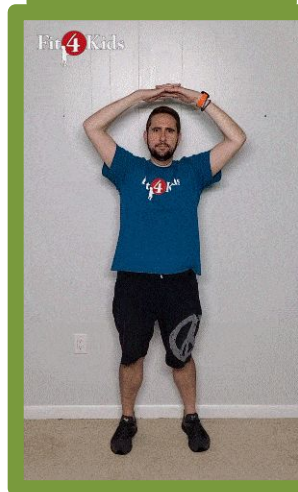
Hundreds



Tens



Ones





DANCE PARTY

or



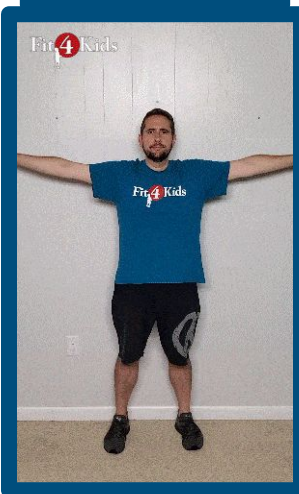
Overhead Press

830

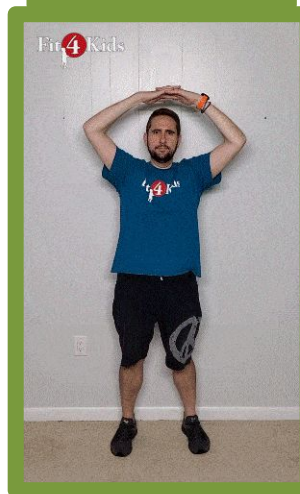
Hundreds



Tens



Ones



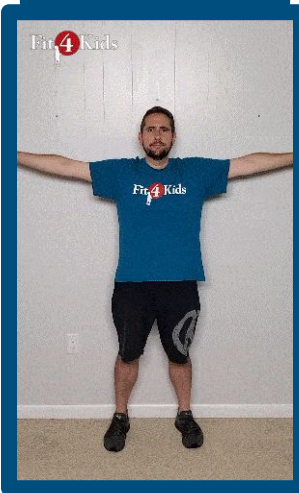


370

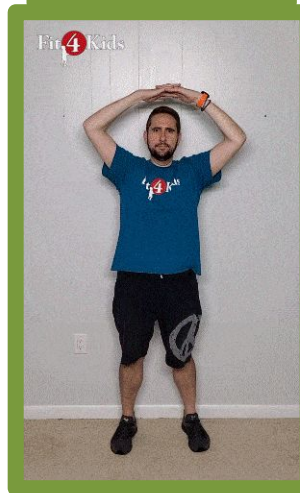
Hundreds

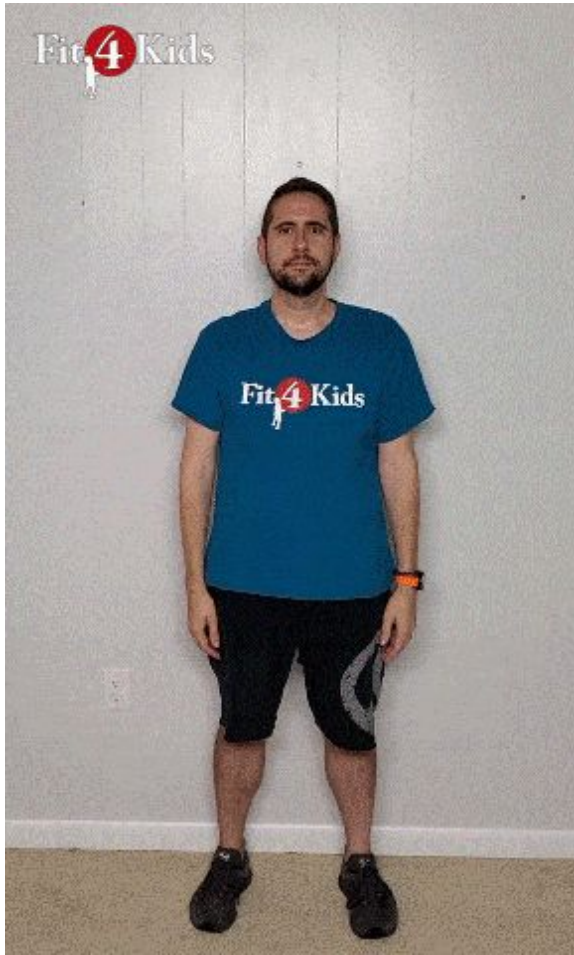


Tens



Ones





Splish Splash

or

DANCE PARTY

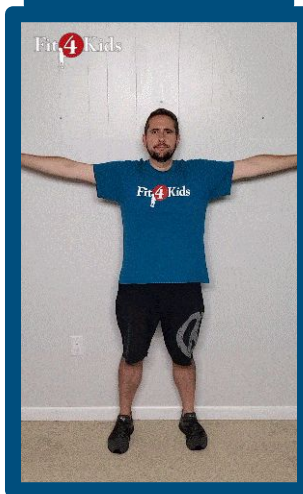


673

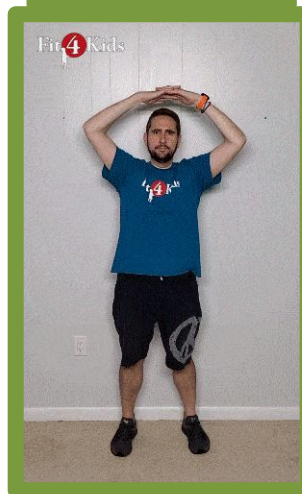
Hundreds



Tens



Ones

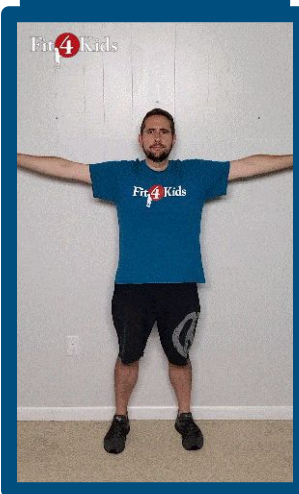


203

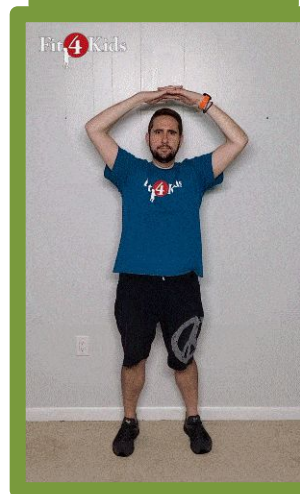
Hundreds



Tens



Ones





Star Jumps

or

DANCE PARTY

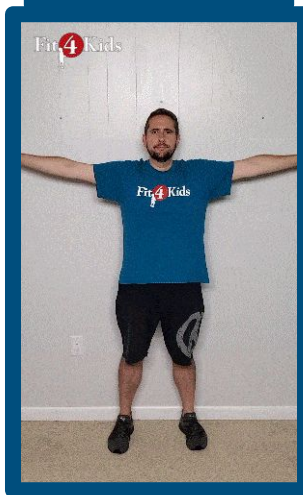


# 863

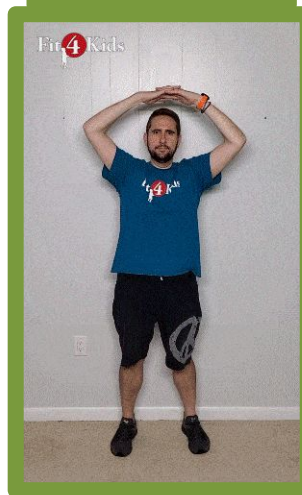
Hundreds



Tens



Ones

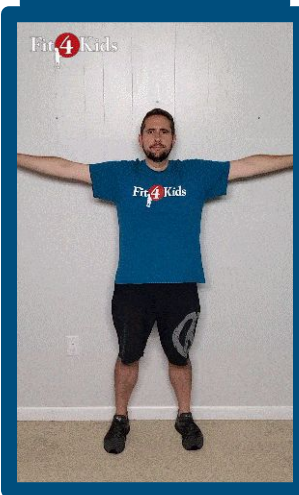


784

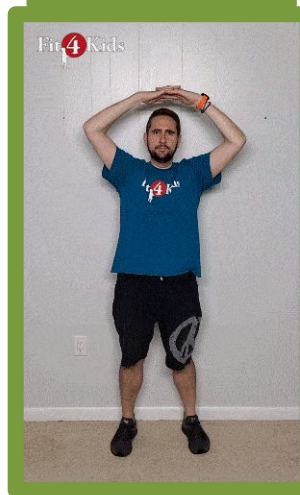
Hundreds



Tens



Ones





Goal Posts

or

DANCE PARTY



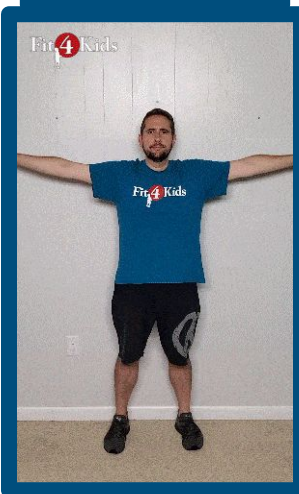


568

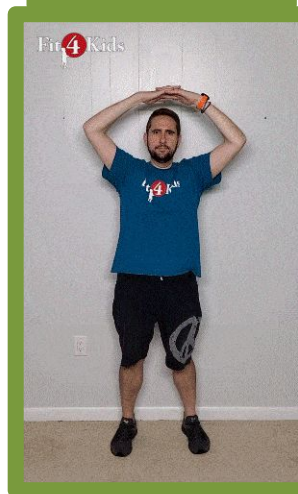
Hundreds



Tens



Ones

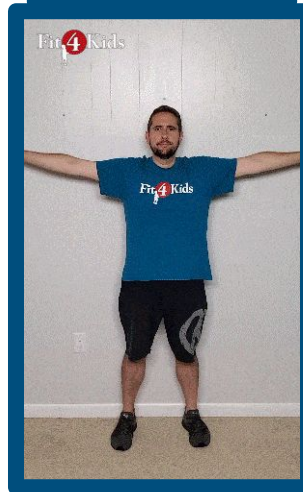


286

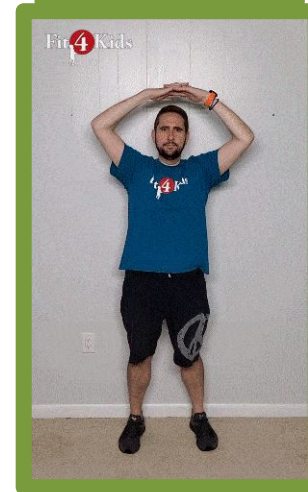
Hundreds



Tens



Ones





Mummy



Pretzel

