



WELCOME TO EXTINCTION REBELLION

WE ARE ALL CREW

Links Used in Welcome to XR



1. [Impossible Rebellion 2021](#)
2. [Here Comes Everyone 2023](#)
3. [How can I join in?](#)
4. [Our 3 Demands](#)
5. [Citizens' Assemblies](#)
6. [10 Principles and Values](#)
7. [Foundation Programme](#)
8. [Rebellion Broadcast](#)
9. [Movement Broadcast](#)
10. [Rebellion Academy](#)
11. [Volunteer Website](#)
12. [XRUK website](#)
13. [XRUK Actions & Events](#)
14. [Emergency on Planet Earth](#)
15. [Crisis Quiz \[printable\]](#)
16. [Fundraising Page](#)
17. [Heading for Extinction](#)
18. [Nonviolent Direct Action](#)
19. [Campaigns](#)



I would like to speak

Facilitator will invite you to speak next or add you to the queue of people waiting to speak



I have a direct point

Your point has direct and significant relevance to the current point being made.
Facilitator will invite you to speak next



I agree

Wavy hands are a visible sign that you agree with a point.
Can also be used as non-disruptive clapping



I am not keen

Low wavy hands are a visible sign that you don't agree with, or are unsure of the current point.



Technical Point

A suggestion to help the meeting flow better
E.g. Is the volume on Zoom too low?



Clarification

You need clarification about a phrase, term, idea etc. Facilitator will address this asap.

Climate Grief and Regenerative Cultures

There are a number of ways that Extinction Rebellion offers support. Please go to the TESN page of the website to find out about these, by clicking on the link below.

[Trained Emotional Support Network](#) TESN

The CPA offers up to three free sessions of therapeutic support - usually by phone or online, sometimes in person. This is their link -

[Climate Psychology Alliance](#)

We are facing a **global emergency** like nothing we've faced before. Our governments have not protected us. It's going to take everything we've got to survive.

We will not be led quietly to extinction by the elites and politicians.

This introduction to Extinction Rebellion includes links to more detailed information about us and ways you can get involved.

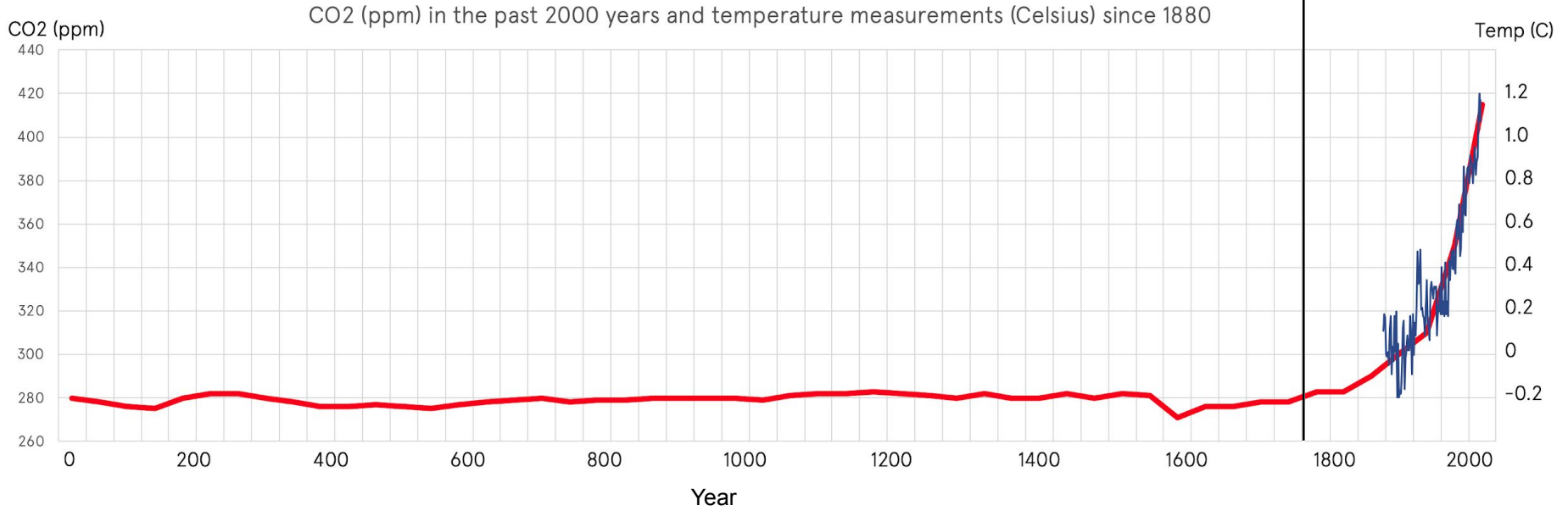
We will work together with love, compassion, honour, resilience and peace, using nonviolent direct action 'NVDA' (also referred to as civil disobedience) in the spirit of those who fought for our freedoms before us.



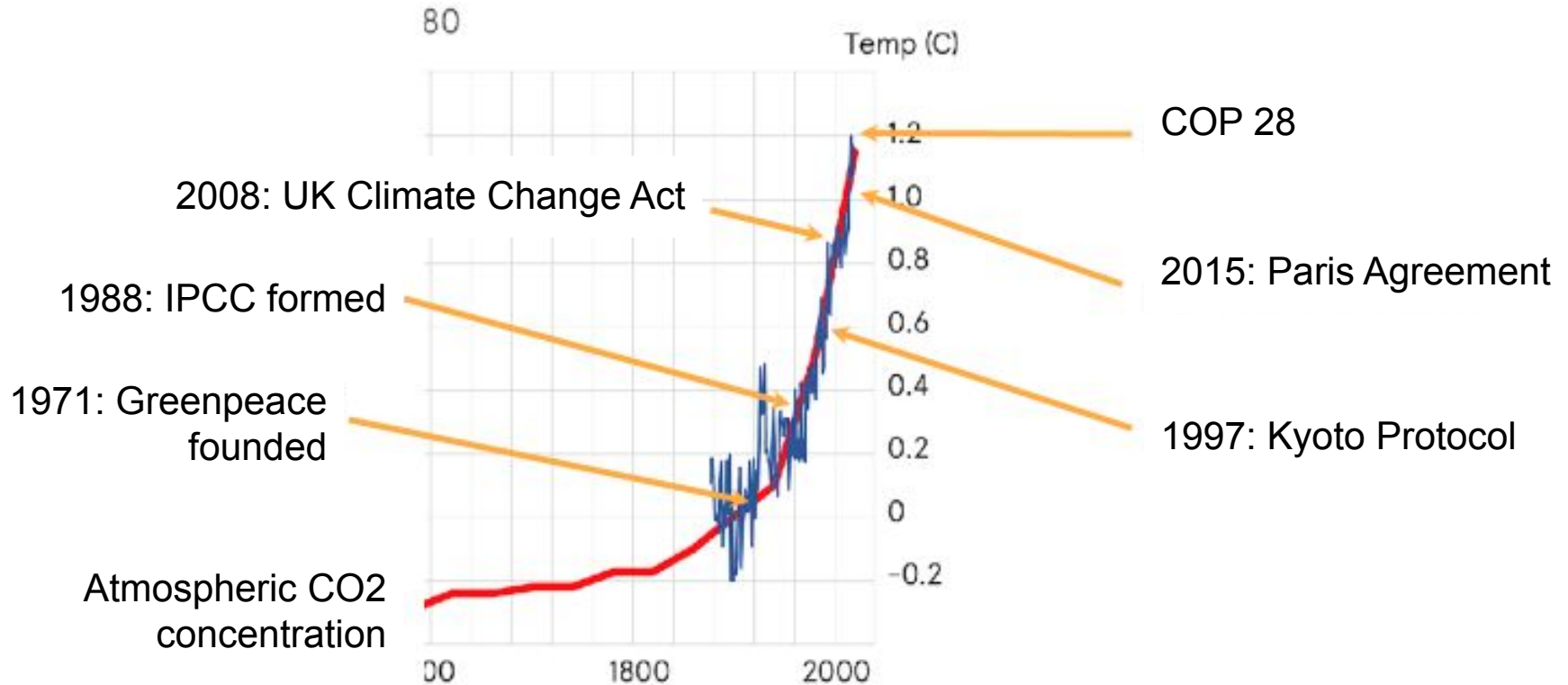
“We refuse to bequeath a dying planet to future generations by failing to act now. We act in peace, with ferocious love of these lands in our hearts. We act on behalf of life.”

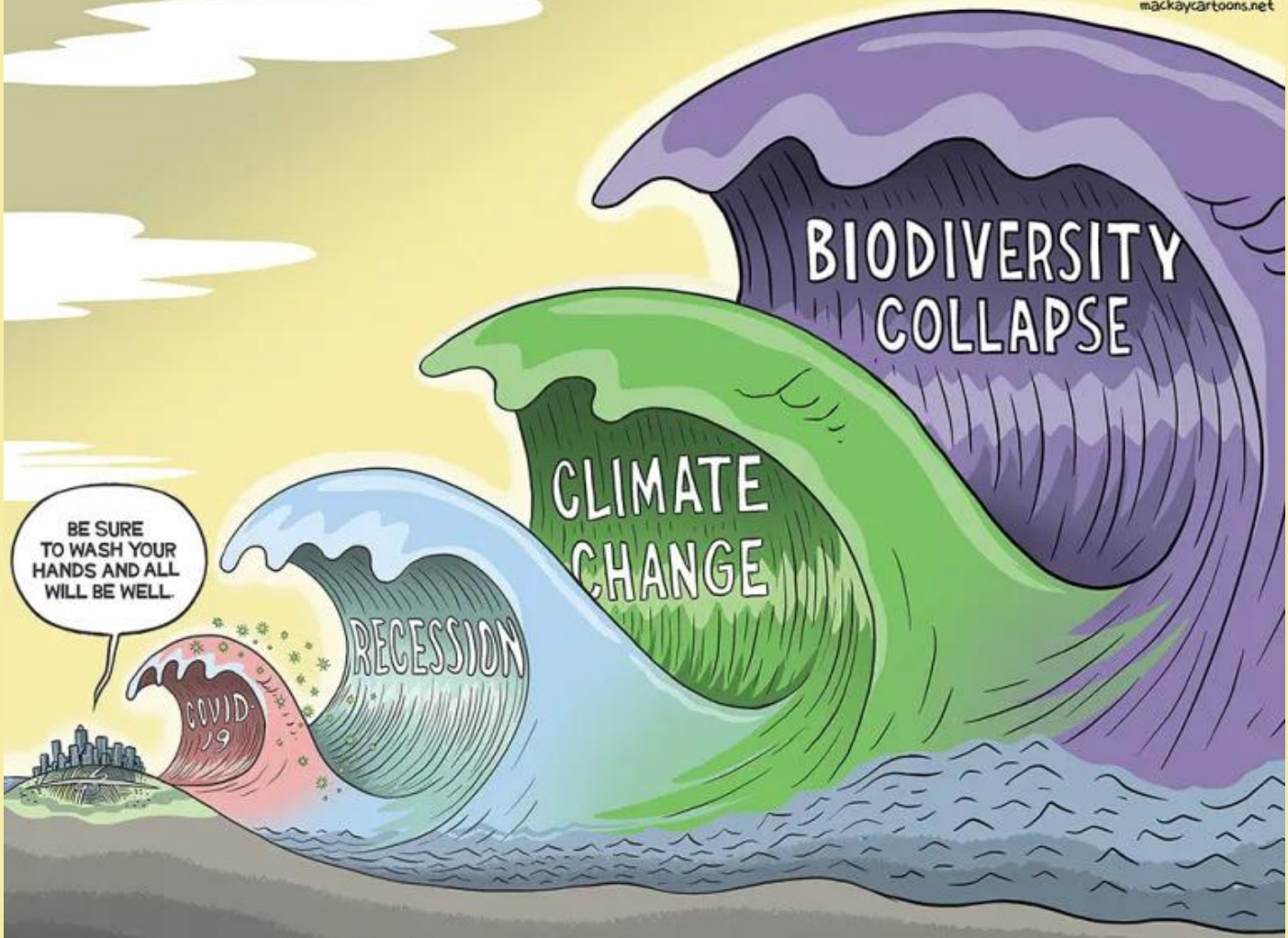
Skyrocketing CO₂ concentration
causes *temperature rise*

**INDUSTRIAL
AGE BEGAN**



NOTHING'S WORKED





BE SURE
TO WASH YOUR
HANDS AND ALL
WILL BE WELL.

COVID-19

RECESSION

CLIMATE
CHANGE

BIODIVERSITY
COLLAPSE

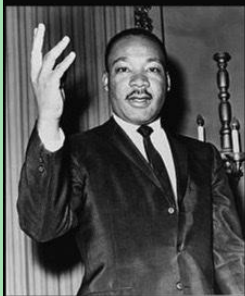
NVDA = NON-VIOLENT DIRECT ACTION

NVDA is a choice; an ethical one **and** a strategic one too.

Why?

- System change
- Raising Awareness
- Long-term change

There is no expectation of you to be arrested.



We who in engage in nonviolent direct action are not the creators of tension. We merely bring to the surface the hidden tension that is already alive.

(Martin Luther King, Jr.)



Our actions can be categorised in three (sometimes crossover) ways:

DISRUPTION

To create disruption through mass civil disobedience, towards achieving our demands.

OUTREACH

To tell the public the truth, and bring people together at the protest, or through media.

VISIONING

To demonstrate the future we want to see through beautiful, creative, collaborative action.

REBELLION ACADEMY

The Rebellion Academy is XR's online learning platform. You can take training and watch webinars in your own time. It's a great place to start as a new Rebel.

Sign up, login and have a browse.

<https://uk.rebellion.academy/>

To help get you started the Rebellion Academy offers a quiz to find out what type of Rebel you are and then 'guides' you towards training you might find useful.



IMMEDIATE DEMAND

END THE

FOSSIL ECONOMY

NO NEW FOSSIL FUEL INVESTMENT

NO NEW FOSSIL FUEL LICENCES

END FOSSIL FUEL SUBSIDIES NOW

OUR THREE DEMANDS

**TELL THE
TRUTH**

**ACT
NOW**

**DECIDE
TOGETHER**

THE WAY FORWARD :

A CITIZENS' ASSEMBLY ON CLIMATE AND ECOLOGICAL JUSTICE



Find out more about the Third Demand here:

[XR UK Website 'Decide Together' > Citizens' Assembly](#)

Funding - keeping the on!

Fundraising is an essential act of support to keep XRUK Rebellious.

It costs a staggering £1 million to fund Extinction Rebellion UK for a year. It's only thanks to small donations from individuals that we can continue to fund actions, outreach, equipment, systems and more.

Please bear in mind that we can only publicly ask for donations for legal purposes (e.g. not for glue or locks). Fortunately, there are plenty of legal things we spend money on!

- Support volunteers with essential costs.
- Run training and talks to spread the news about the climate emergency.
- Carefully plan attention-grabbing actions.
- Pay for safe storage of equipment.
- Maintain our website and communication tools.
- Manage finances with accounting software and professional bookkeeping.
- And so much more, including refreshments at events, art supplies and transport costs.

Please consider donating and sharing the link to the donations page:

<https://chuffed.org/donate/extinction-rebellion-2024>

Every single donation helps us demand change. Together, we are unstoppable.

HOW CAN I JOIN IN?

We are a [Global Movement](#)

XR is made of people from various backgrounds, ethnicities, communities and identities.

[Sign up to our emails](#) You won't receive many and you will be kept in the XR loop.

Here are 2 different ways of connecting with people within the UK:

Your Local / Community Group

These are the people closest to you geographically (Local Groups) or how you most strongly identify (Community groups).

Here's how to join:

[Join Us Page on the XR website:](#)



XR UK Wide

If your local group either is too far away or you prefer to volunteer remotely please sign up for a role by searching our [Volunteer Website](#). We are always looking for dedicated Rebels with some spare time on their hands.

OUR 10 PRINCIPLES & VALUES



1. **We have a shared vision of change** creating a world that is fit for the next 7 generations to live in.
2. **We set our mission on what is necessary** mobilising 3.5% of the population to achieve system change – such as “momentum-driven organising” to achieve this.
3. **We need a regenerative culture** creating a culture which is healthy, resilient and adaptable.
4. **We openly challenge ourselves and this toxic system** leaving our comfort zones to take action for change.
5. **We value reflecting and learning** following a cycle of action, reflection, learning, and planning for more action. Learning from other movements and contexts as well as our own experiences.
6. **We welcome everyone and every part of everyone** working actively to create safer and more accessible spaces.
7. **We actively mitigate for power** breaking down hierarchies of power for more equitable participation.
8. **We avoid blaming and shaming** we live in a toxic system, but no one individual is to blame.
9. **We are based on autonomy and decentralisation** we collectively create the structures we need to challenge power.
10. **We are a nonviolent network** using nonviolent strategy and tactics as the most effective way to bring about change.

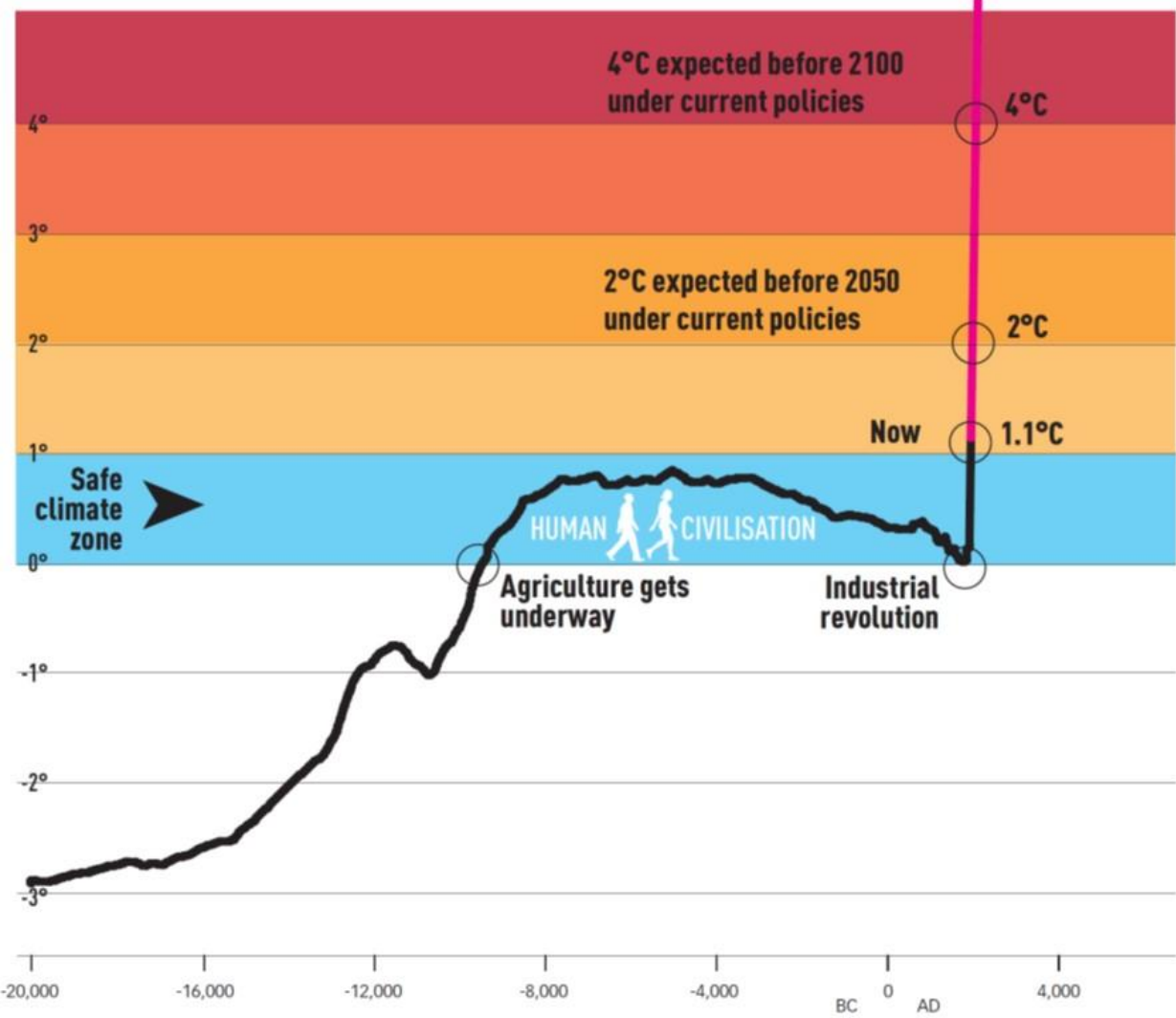
Anyone who follows these core principles and values can take action in our name.



A close-up photograph of a human hand held palm-up, cradling a small mound of dark brown soil. A tiny green seedling with two leaves is growing out of the soil. The background is a soft-focus outdoor scene with green grass and sunlight filtering through. The text 'Thank you!' is overlaid in the upper right, and 'Love and Courage!' is overlaid in the lower left.

**Thank
you!**

Love and Courage!



4 degrees Celsius before 2100 under current policies

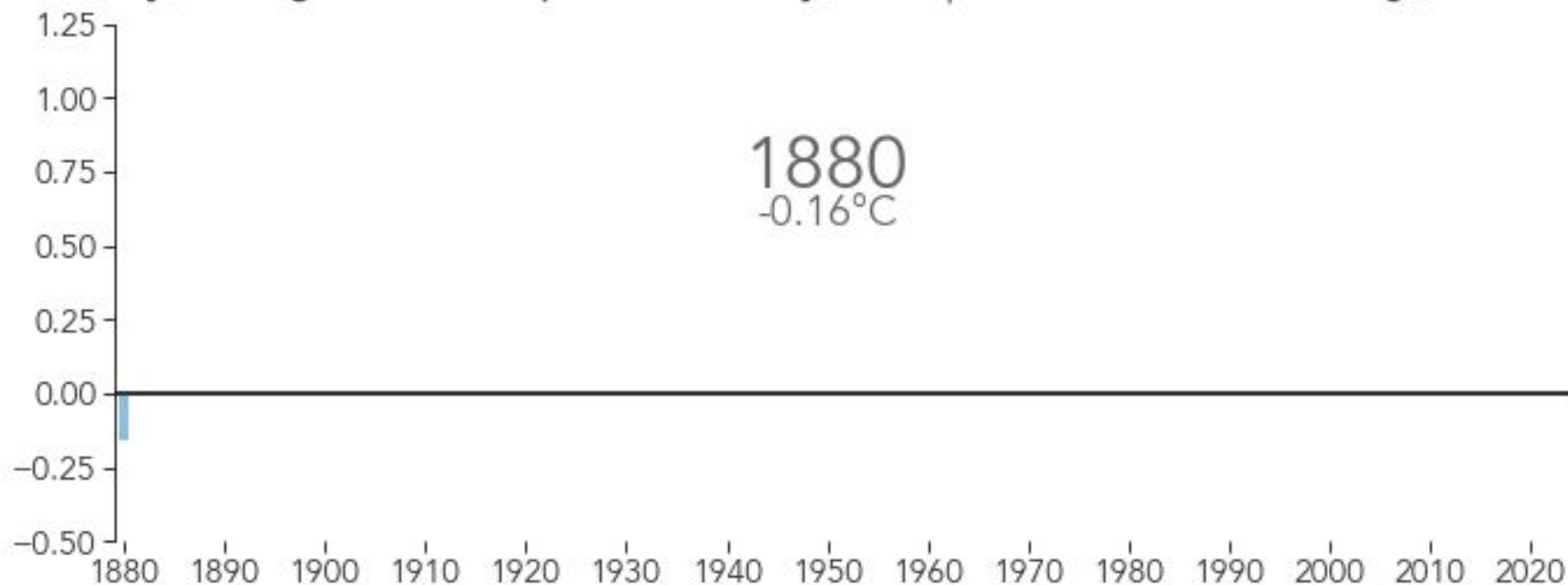
2 degrees Celsius before 2050 under current policies

1.1 degrees Celsius NOW

Industrial Revolution

Summer 2023 Continues Long-Term Warming Trend

June, July, and August Global Temperature Anomaly (°C compared to the 1951-1980 average)



3 Questions

1. Why did you join this talk and why now?
2. Why did you join us rather than another environmental group?
3. What are you looking for when you join us?

Please add your comments to the Zoom chat?

Brook House Three