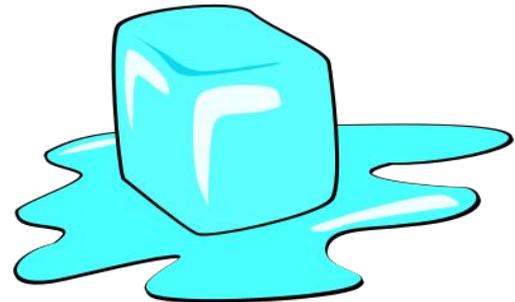


Ice Breakers & Team Building Activities



EfficienTEACH

TEACH BETTER AND SAVE TIME
FOR WHAT MATTERS MOST

[Click here to download this resource.](#)

Animal Sounds

Give each student a slip of paper with an animal. When you're ready to play, tell your students to start making the same sound as the animal on their paper. Students then try to find classmates making the same animal as them.



Snowball Fight

Each student writes three things about themselves on a sheet of paper. Everyone crumples up their paper and throws it across the room. After a bit have everyone pick up a snowball then try to guess who's paper they found.



Would You Rather?

Have students get in pairs or groups of 3-4 and answer if they would rather be/have A or B. Some ideas...

Cat or Dog
Thor or Iron Man
Pizza or Tacos



Four Corners

Give students a topic then four options. Have them go to the corner of the room that represents their answer and discuss why. Example "What season would you make it all year round?" Fall, Winter, Spring or Summer.



Toilet Paper Facts

Without explaining, pass around a roll and ask students to take as much as they think they will need. Once everyone has taken some have each student share one fact about themselves for each square they took.



Silent Birthday Line Up

Have students line up in order of their birthday (Beginning on January 1st and ending on December 31st). The challenge? They must do it without talking.



Tarp Flip Challenge

Place some tarps on the floor. Challenge each group of students to flip the tarp completely over without ever stepping off of the tarp.



The Numbers Game

Create groups of 10. Give each member a large paper with a number 0-9 on it. Call out a large number and have team members arrange themselves in order.



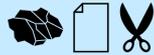
Blind Square

Students try to take a piece of rope and form a perfect square. The challenge? They are blindfolded! If a square is too easy try a hexagon.



Human Knot

Students stand in a circle and reach across with their left hand and join hands with the first hand they meet. Do the same with the right. Untie the knot without releasing hands.



Tournament

Students challenge each other to a game of rock, paper, scissors. The winner moves on and the losing student becomes part of the winning student's cheer squad.



Cup Stacking

Students try to stack cups in a pyramid using only a rubber band attached to pieces of string. For an extra challenge try doing the challenge without talking.



STEM CHALLENGE

Eiffel Tower

Build the tallest replica of the Eiffel Tower. (Use a picture as your model)

Materials

Aluminum Foil, popsicle sticks, painter's tape, rubber bands.



STEM CHALLENGE

Kite Designer

Build a kite that can actually fly.

Materials

Straws, plastic wrap, tissue paper, pipe cleaners, paper



STEM CHALLENGE

Index Card Tower

Create the tallest free standing index card tower. The tower must hold a stuffed animal.

Materials

100 index cards, clear tape, scissors



STEM CHALLENGE

Bridge Building

Build a bridge strong enough hold a small cup filled with pennies.

Materials

Straws, paper, paper clips, clear tape



STEM CHALLENGE

Marshmallow Challenge

In 18 minutes build the tallest structure with the marshmallow on the top.

Materials

20 sticks of spaghetti, 3 ft of tape, 3 ft of string, 1 marshmallow



STEM CHALLENGE

Watercraft

Build a watercraft that can float and hold 25 pennies for at least 10 seconds.

Materials

10 straws, duct tape, 10 inches of plastic wrap

