



QUESTION OF THE DAY

Behavioral Economics

Q: What percent of your daily activities are habits?

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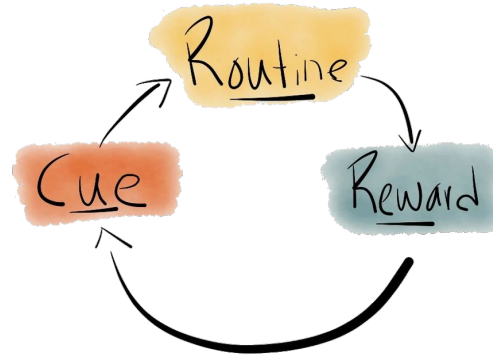


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A:

43%



Source: Inc.

FOLLOW-UP QUESTIONS

- 1.** Reflect on your day so far. What are some examples of habits that have become part of your daily routine?
- 2.** What are some money habits you have? What might you classify as good habits?
- 3.** Do you find it easy or difficult to change money habits? Provide an example in your answer.