





Lex Gillette is the most successful completely blind long jumper and triple jumper in the history of U.S. Paralympics. He is a four-time Paralympian (2004, 2008, 2012, 2016) and four-time Paralympic medalist (a silver medal at each Paralympic Games). He is also a three-time World Champion, a fourteen-time National Champion, and the only totally blind athlete to pass the 22-foot mark in the long jump.

Lex lives by his mantra: "No need for sight, when you have a vision." Lex lost his sight at age eight after recurrent retinal detachments, numerous hospital visits, and 10 surgeries. Lex was introduced to the long jump in high school, where he became co-captain of the track and field team. Lex competed in college before earning his first trip to the Paralympic Games at only 19 years old!

## **Performance Stats:**

**4x Paralympic Medalist** 

**3x World Champion 2019** 

14x National Champion



## **FUN FACT!**

Lex loves shoes! He gets new shoes and has his friends and followers on social media help him by being his eyes, telling him what they look like as he feels the materials.