




# APhA-ASP

**APhA's mission is to provide a multidisciplinary forum for scientific and public exchanges of knowledge and views on international and global health issues!**

# Why should YOU join APhA-ASP?

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**As a member of APhA you will receive a discount on the mandatory OTC book for P1 year!**

**There are different committees within the organization that allow you to focus on specific areas of pharmacy practice!**

**SOOO many leadership opportunities!**

**THE BEST ORGANIZATION TO JOIN!!**

# APhA committees!

- Operation Substance Use Disorder:  
Chair & Co-chair:
  - Emily Steinbock & Andy Hall
- Operation Diabetes: Chair & Co-chair:
  - Allyson Kerr & Josh James
- Operation Heart: Chair & Co-chair:
  - Lyndsi Roland & Camryn Gleason
- Operation immunization: Chair & Co-chair:
  - Olivia Hill & Nhan Tran
- OTC literacy: Chair:
  - Heather Faulkner
- PharmD fitness: Chair:
  - LeAnn Harward
- Women's Health campaign: Chair & Co-chair:
  - Jules Hickey & Lexie Mendell

Chairs:

Emily Steinbock: [easteinbock0126@email.campbell.edu](mailto:easteinbock0126@email.campbell.edu)

Andy Hall: [alhall0307@email.campbell.edu](mailto:alhall0307@email.campbell.edu)



## Goals:

1. Increase awareness among health care professionals about prescription medication abuse
2. Increase awareness among pharmacists and student pharmacists about the opportunities to serve as educators and health information resources
3. To promote the profession of pharmacy and its valuable role in the health care delivery system

## Past events:

- Denim Days
- Naloxone Kits
- Community Health fairs

## Upcoming Ideas:

- Student pharmacist education on drug abuse and drug disposal
- Partnership with local substance abuse disorder programs

# OPERATION DIABETES

APhA ACADEMY OF STUDENT PHARMACISTS

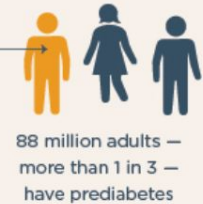
Our goal is to improve quality of life by identifying individuals with undiagnosed diabetes or individuals who are pre-diabetic, and to educate the community about diabetes.

34.2  
MILLION

34.2 million people have diabetes



88  
MILLION



MORE THAN

8 IN 10

adults don't know they have prediabetes

## Education Topics:

What are the risk factors for diabetes?

What can a patient with pre-diabetes do to improve their blood glucose levels?

What are ways a patient with diabetes can improve their quality of life?

Why is medication compliance important?

Chairs:

Allyson Kerr: [arkerr0127@email.campbell.edu](mailto:arkerr0127@email.campbell.edu)

Joshua James: [jbjames0122@email.campbell.edu](mailto:jbjames0122@email.campbell.edu)



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention



Chairs:

Lyndsi Roland: [lsgoodman0723@email.campbell.edu](mailto:lsgoodman0723@email.campbell.edu)

Camryn Gleason: [ctgleason0124@email.campbell.edu](mailto:ctgleason0124@email.campbell.edu)

***Our focus*** is to promote heart health within our community by advocating for the prevention and management of cardiovascular disease.

### Goals:

- Provide education and counseling to rural community members on cardiac health
- Fundraise for the American Heart Association

### What we have done:

- Free blood pressure screenings in the community
- Annual Cardiac 5K
- Created and distributed educational materials on-campus

**Be Smart About Heart Health**



# Operation Immunization

Chairs:

Olivia Hill: [orhill0603@email.campbell.edu](mailto:orhill0603@email.campbell.edu)

Nhan Tran: [nqtran0522@email.campbell.edu](mailto:nqtran0522@email.campbell.edu)

Purpose: Immunization education campaign designed to increase the public's knowledge of immunizations while raising the number of adults receiving immunizations



As a committee, our main focus is to promote vaccine awareness/number of individuals vaccinated. We do this by planning and hosting the Flu Shot Clinics within CPHS.



We focus on bringing awareness of vaccine-related topics throughout the year. Past topics have included Shingrix updates and HPV awareness.



This patient care project allows for students to practice skills they learn in lab, such as giving vaccines and patient counseling/education. This is especially useful for upcoming rotations that require these skills.



We look forward to meeting you all (socially distanced, of course!)



O P E R A T I O N

IMMUNIZATION

APhA ACADEMY OF STUDENT PHARMACISTS

Chairs:

Heather Faulkner: [hdfaulkner0504@email.campbell.edu](mailto:hdfaulkner0504@email.campbell.edu)

# OTC Literacy

- **Goal**
  - Educate 5th through 8th grade students and their families on how to safely use and store OTCs
  - Guide patients on how to read OTC label directions and properly measure OTC dosages
- **Past events**
  - Mock patient case for P1s prepare for OTC OSCE
  - Treatment-or-Treat game at Benson Trunk-or-Treat
  - School health fairs



OVER-THE-COUNTER  
**MEDICINE  
SAFETY**



Chairs:

Leann Harward: lrharward1124@email.campbell.edu

# PharmD Fitness

- This subcommittee is focused on maintaining a healthy diet & lifestyle while in Pharmacy School. We strive to preserve our health mentally and physically while dealing with the many stresses we all face academically.
- We host monthly challenges on our facebook page where all four classes compete against each other in fun fitness related activities!
  - Join the page at <https://www.facebook.com/groups/cupharmdfitness>



Chair:

Ashton Pearce: [ahfaircloth0924@email.campbell.edu](mailto:ahfaircloth0924@email.campbell.edu)

# Fundraising



- The purpose of this committee is to raise money for our chapter through selling merchandise and fun events.
  - As a member of this committee, you would help with brainstorming ideas to help raise money for our chapter.
- Some things we have done so far: bake sales, raffles, T-shirt sale, Christmas sweater sales.
- This is a good opportunity to contribute to our chapter, and it allows you to be creative!



# WOMEN'S HEALTH

A P h A Academy of Student Pharmacists

The Women's Health Campaign Committee strives to recognize and address women's health issues within our community.

As future pharmacists, we aim to promote our role as an accessible resource to educate all of our patients on women's health topics, as well as our role to improve the well-being and health of our female patients.

## Women's Health Topics Including:

- Reproductive Health
- Mental Health
- Cancer
- Heart Health
- Bone Health
- Sexual Health
- Maternal Health

Chairs:

Jules Hickey: [jrhickey0222@email.campbell.edu](mailto:jrhickey0222@email.campbell.edu)

Lexie Mendell: [lcmendell0611@email.campbell.edu](mailto:lcmendell0611@email.campbell.edu)

# Join a Committee!!

<https://forms.gle/5mBANJy5TDEhEmReA>

Due by 9/10/21



*SCAN ME*