INTRODUCING

Troy Wilson

CLASSROOM CHAMPIONS®

how better gets better and better

Troy Wilson grew up in New Brunswick, Canada, where there were no opportunities to make it in high-performance sports. He worked through mental health and financial challenges to make it onto the University of New Brunswick track and field team, and then began training for the decathlon — with no experience in hurdles, pole vault, high jump, or discus. During this time, he became team captain, set multiple school and provincial records, and became a multi-medalist in his conference. He later participated in the first two years of the RBC Training Grounds, a nationwide talent search looking to fit athletes to sports they wouldn't have been exposed to; in Troy's case, that sport was skeleton. In the fall of 2018, while working on his Master's thesis, he moved across the country to try and make the Canadian Skeleton Team; in 2019, he was named to wear the Leaf! Since then, he has been living and training in Calgary, Alberta, to represent Canada at the 2026 Winter Olympic Games. Now, between balancing his work as an athlete and a strength and conditioning coach and continuing to pursue his education, each day is filled with challenges. Troy chose this life because he wanted to be pushed to his limits!

Performance Stats:

2023 Alberta and British Columbia Provincial Champion

2022 Canadian National Championship - 3rd place

2021 North America Cup - 3rd overall

GO FOR GOALS

FUN FACTS!

Troy played in heavy metal bands throughout high school, and that music is still his favourite! He loves having friends over and cooking breakfast for them. Troy's favourite school subjects were science and math, and he's hoping to earn a PhD!