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# Coaching to Enhance English

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# Introduction

- Who you are
- Fun things you like to do
- Challenges you have with English
- Why do you want to coach English

# What's good coaching?

- **Exercise-** Who's been coached?
  - Where? What was Good? Bad?
- My Simple view – key elements
  - Knowledge – subject matter
  - Intention - growth, fun, accountability
- What are we coaching in EEP?
  - *Reading, Speech*

# Coaching Process

- Active observation and listening – *pay attention to specifics*
- Allow self-reflection/awareness – *how do you think it went?*
- What did you do well? *Acknowledge self-reflection, support specifics, introduce other observations*
- What needs improvement? – *be specific*
- What steps to improve? *Ideas if any*

# Standards for Reading

- Pronounce and enunciate words clearly
  - Don't mumble or garble words
  - Speak with appropriate loudness and speed
  - Use variations in speed, inflections, and force to enhance your meaning and hold the audience's attention
- 
- Reading Exercise

# Standards for A Speech

- Structure
  - Introductory idea
  - Supporting statements
  - Summary

## Flow

Rate, Volume, Pitch

Articulation, Pronunciation

Fluency, Time management

## Some Challenges

Spelling, Grammar

Pronunciation, Idioms and slang

Variations of the language

# Coaching Exercise

- Same article
- Pair up
  - Student A gives a talk on the article
  - Student B coaches on the talk given by the Student A
  - Class feedback

# Next Steps

- Improve your knowledge of English, so you can be a good coach
- Work on Better pronunciation
  - Phonemes, Tongue twisters, New words
  - Read aloud and record yourself Speak slowing
  - Be curious, not proud, and communicate with native speakers
- Enhance your vocabulary
- Work on your grammar
- Be clear about your intentions
  - to help, grow and develop the learners



# Coaching 101 Conclusion

- Good coaching follows a logical process – we learned a simplified version so it can be adapted, and expanded.
- It is a great way to extend your English knowledge.
  - *Grammar, pronunciation, structure.*
- It will help develop your interpersonal skills
  - *Observation, speaking, support,*
  - *Self-reflection helps the learner grow*
- This coaching process can be applied across many environments.
  - *From English to soccer to music to Start-ups*
- *Keep it FUN.*