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presented by  
**GreenLight**

ALIGNED FINANCIALLY

# Listening Guide: How To Budget



Listening Guide: Episode 1  
How To Budget



**“Financially Inclined” Podcast:**  
[YouTube Video](#) | [Apple Podcasts](#)

## Part I: Before you listen

Jot down the definition of the word below in the space provided.

1. Budget:

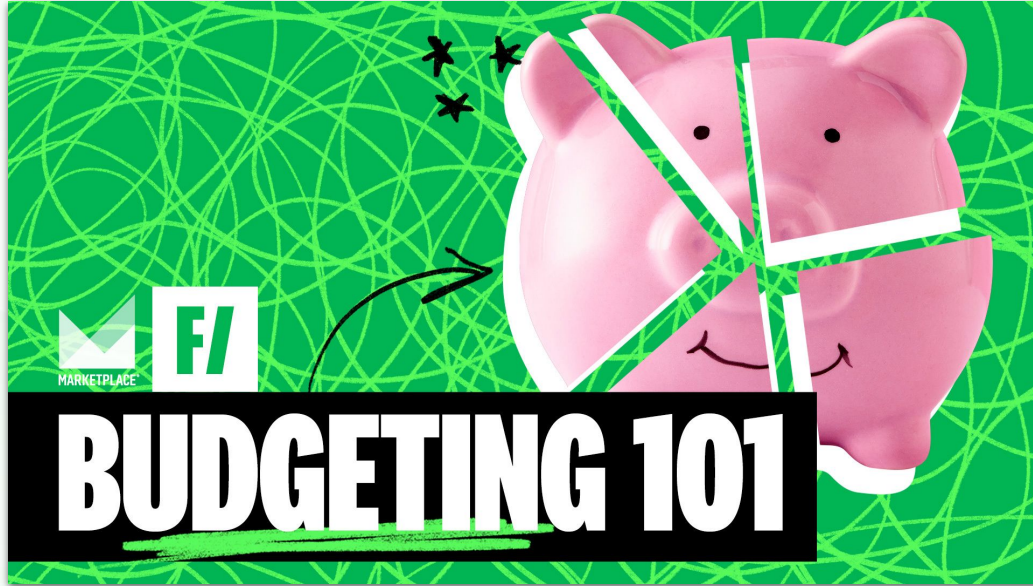
## Part II: While you listen

Complete each prompt in the space provided below.


2. What are the characteristics of a successful budget?
3. Budgeting Method #1: Zero-Based Budget|



# Podcast: How To Budget



# Additional NGPF Resources: How To Budget



TITLE/LINK	RESOURCE TYPE
<a href="#"><u>Budgeting 101</u></a>	Semester Course Lesson
<a href="#"><u>Budgeting Strategies</u></a>	Semester Course Lesson
<a href="#"><u>PLAY: The Bean Game</u></a>	Activity
<a href="#"><u>PLAY: Organize Budget Expenses</u></a>	Activity
<a href="#"><u>INTERACTIVE: Living Paycheck to Paycheck</u></a>	Arcade
<a href="#"><u>CASE STUDY: How Do I Budget?</u></a>	Case Study
<a href="#"><u>NGPF On-Demand: Popular Budgeting Methods &amp; Strategies</u></a>	Teacher PD