



# Disability and Telehealth: Healthcare Access and Motivations

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The opinions contained in this presentation are those of the LiveWell RERC and do not necessarily reflect those of the U.S. Department of Health and Human Services or NIDILRR.





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# Telehealth: Healthcare Access and Motivations

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# BACKGROUND: COVID-19 AND TELEHEALTH

- The COVID-19 pandemic led to a rapid increase of online engagement overall, and for (Anderson et al. 2022)
- Rapid increase in telehealth use since the onset of the COVID-19 pandemic (Haynes et al. 2021)
- Increased telehealth use revealed barriers and facilitators, especially for people with disabilities (Haynes et al. 2021)



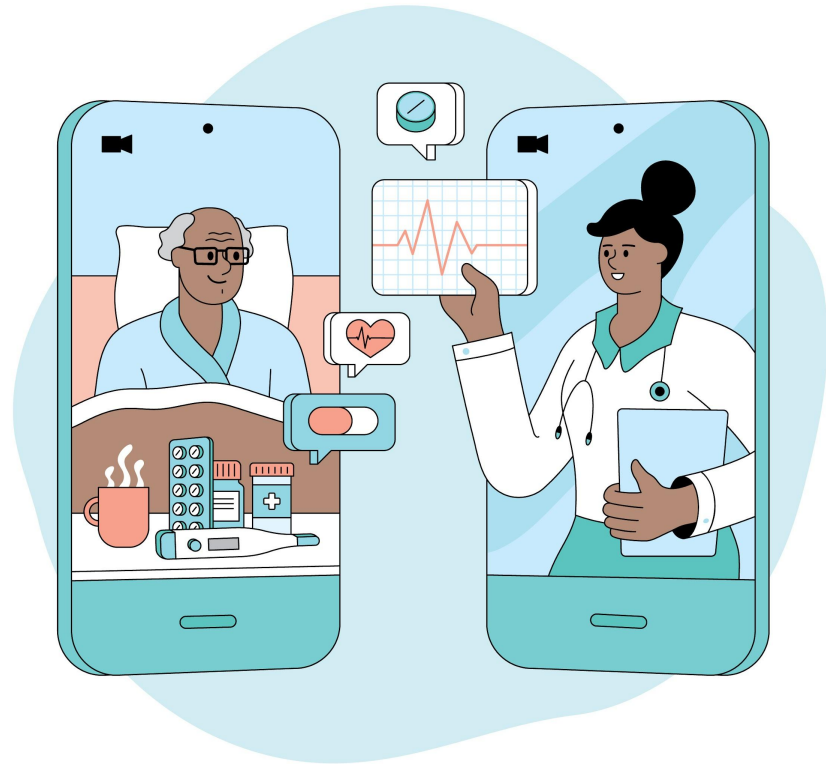


# BACKGROUND: DISABILITY AND HEALTHCARE



- People with disabilities experience significant disparities in access to health care (Friedman and VanPuymbrouck 2021; Valdez et al. 2021)
- Healthcare, including communicating with medical staff and therapeutic appointments, is an important factor in reducing adverse health events for people with disabilities (Okoro et al. 2016)
- Telehealth, or telemedicine, is the primary method to communicate health problems and performing health assessments (Okoro et al. 2016)

# GOALS OF THIS STUDY



Explore the relationship between disability type and other demographic variables and patterns of telehealth use and motivations for telehealth use

Specifically, this study examines ...

- Motivators to use telehealth
- Technology devices used during telehealth session
- Types of healthcare received during telehealth session



# DATA

- Telehealth, Disability, and Identity Survey (2022)
- Convenience sample
  - Accessibility User Research Collective (AURC) & Consumer Advisory Network
  - 1,300+ adults with disabilities across the United States of America
  - 326 AURC members completed the survey (response rate of 31.68%)
- Pairwise deletion was used with a final analytical n= 251 respondents
- Descriptive statistics, measures of association, and logistic regression



Accessibility User Research Collective







# MEASURES

- **Telehealth Use**

## Telehealth Use Motivators

- COVID-19
- Distance
- Time
- Cost
- Transportation
- Preference
- Access
- Insurance Policy

## Devices used during telehealth session

- Laptop Computer
- Desktop Computer
- Basic and Landline Phone
- Smart Phone
- Tablet Device

## Types of healthcare received

- General Health Check-ups
- Specialist Health Check-Ups
- 24/7 Health Consultation
- Illness or Injury Evaluation
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Psychological Counseling



# SAMPLE

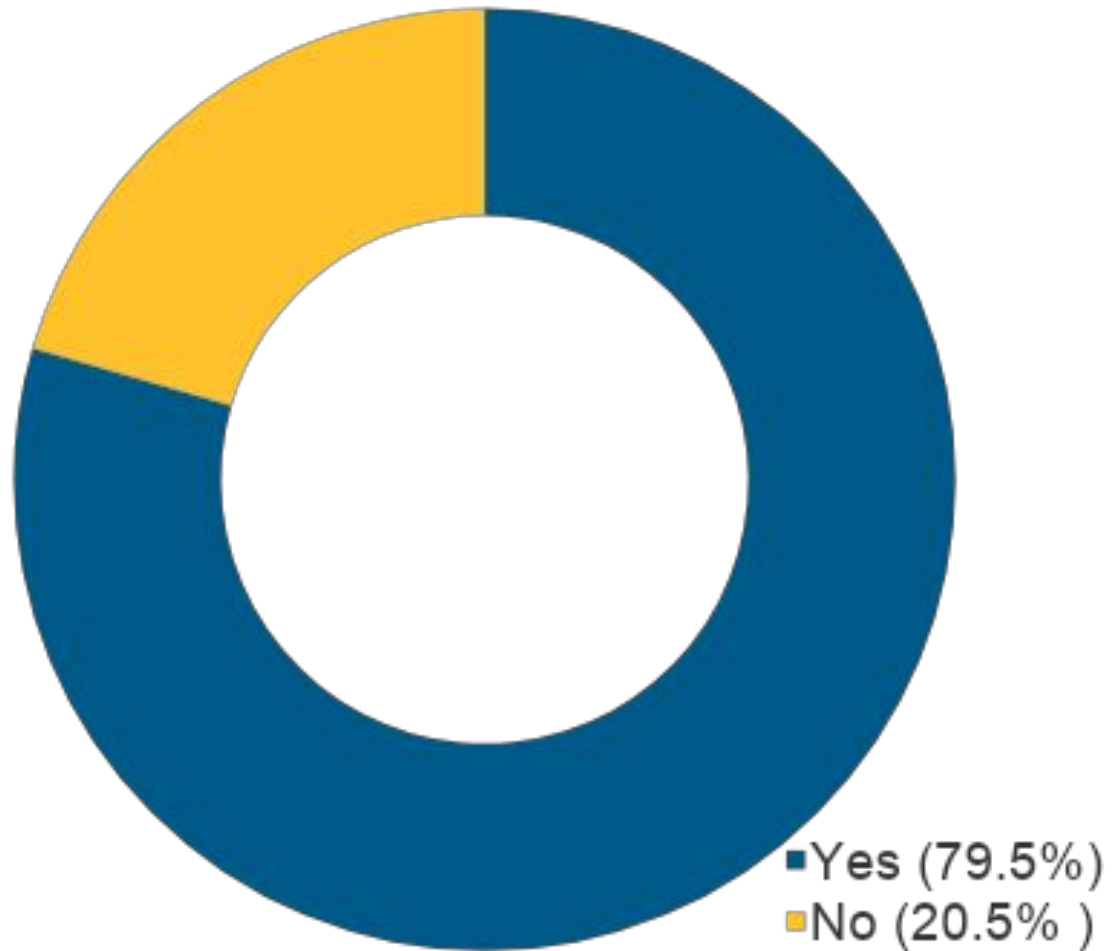
## Disability

- Walking: 34.7%
- Anxiety: 27.2%
- Learning Disability: 25.2%
- Upper Extremity limitation: 24.8%
- Fatigue & Limited Stamina: 24.3%
- Blind: 20.5%
- Deaf : 17.8%
- Speaking: 11.9%

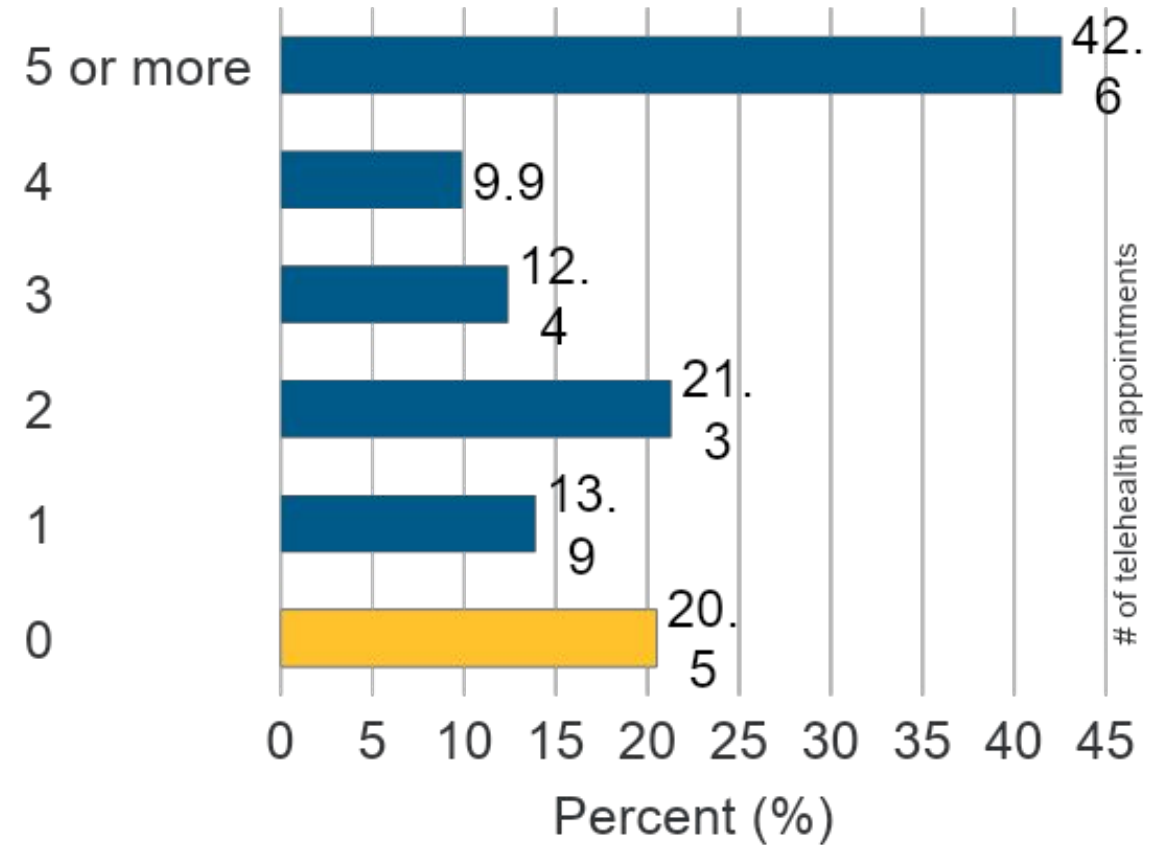
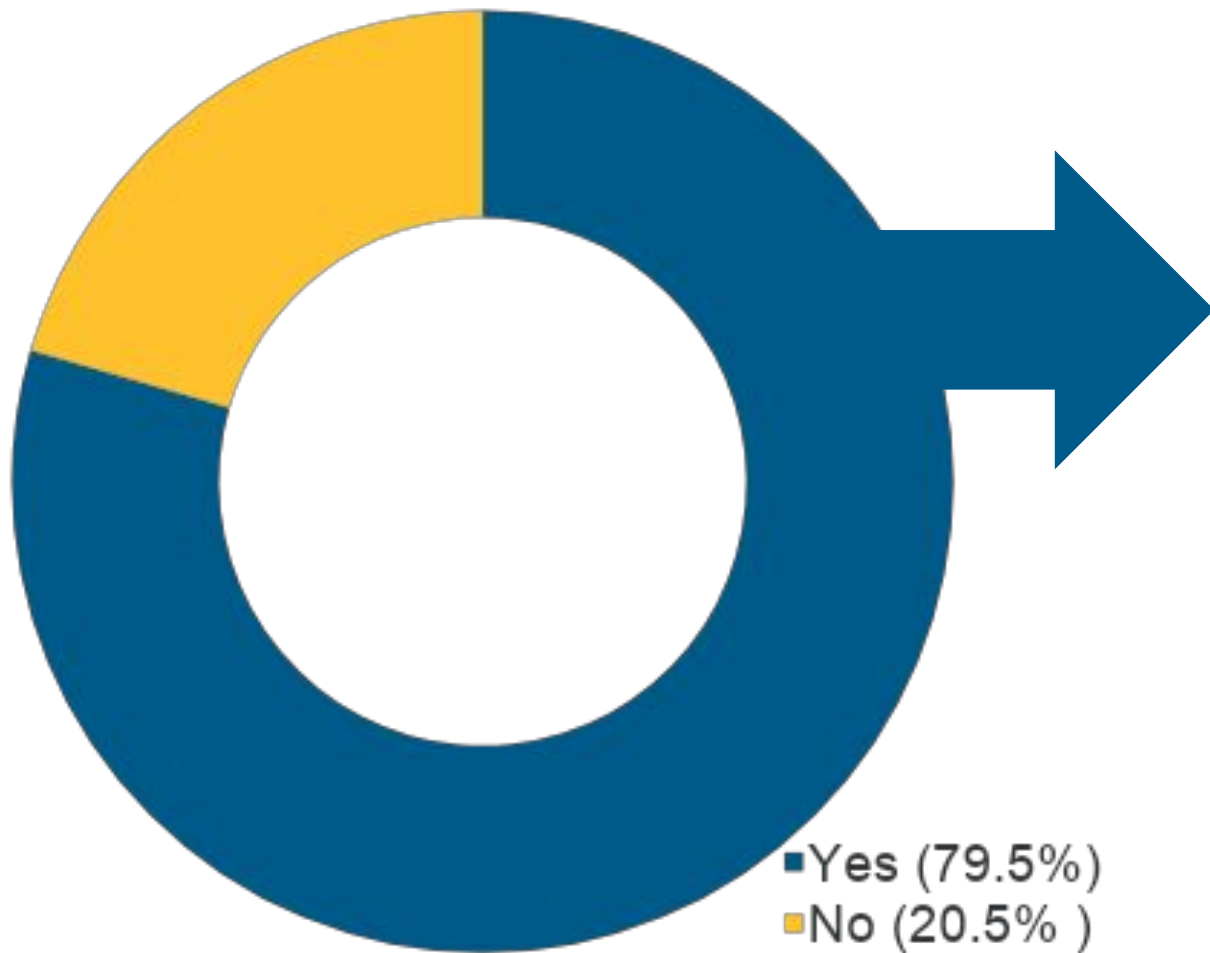
## Demographics

- Woman: 52.8%
- Racial Minority (non-white): 23.9%
- Bachelor's degree or more: 67.3%
- Age: M=51.09 (SD=14.21)

# RESULTS: TELEHEALTH USE

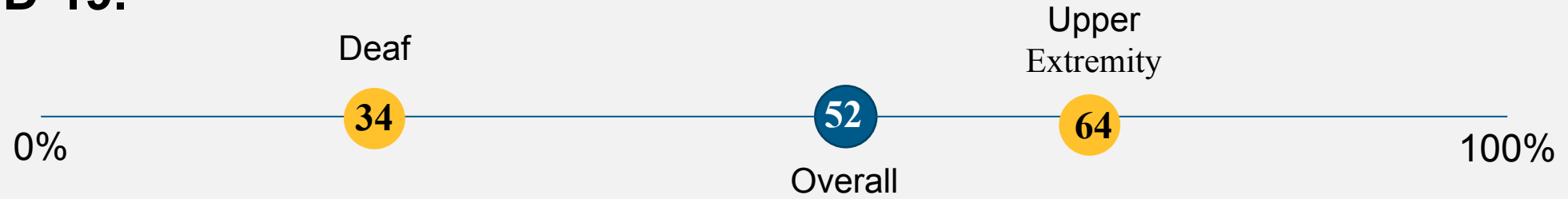


# RESULTS: TELEHEALTH USE

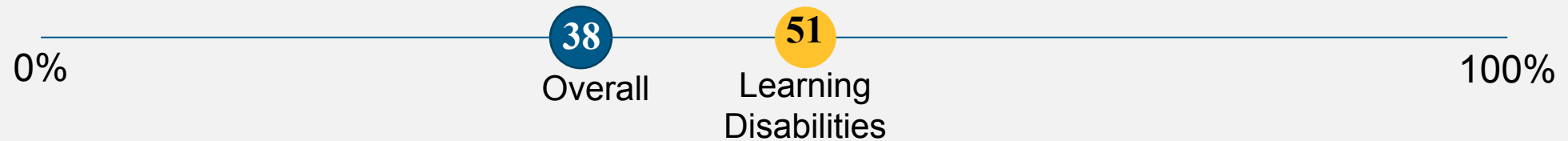


# RESULTS: TELEHEALTH MOTIVATORS

## COVID-19.

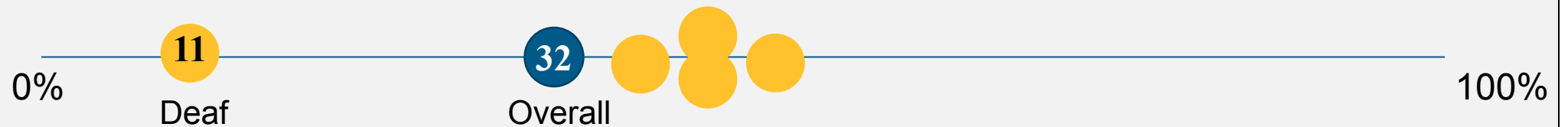


## Time.



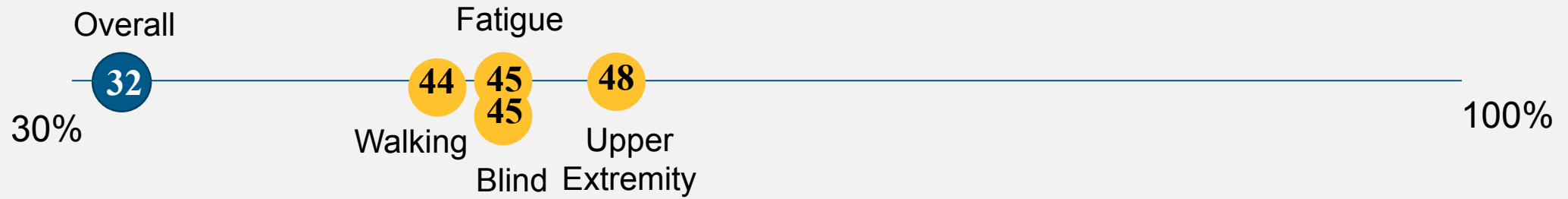
## Transportation.

*(expanded on next slide)*



# RESULTS: TELEHEALTH MOTIVATORS

## Transportation

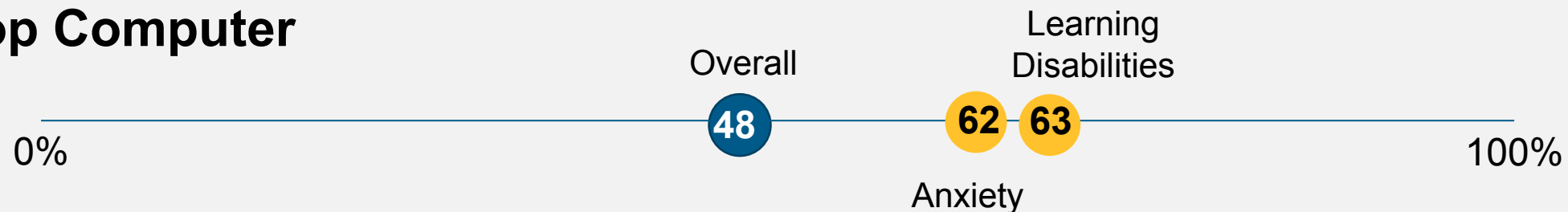


# RESULTS: DEVICES USED

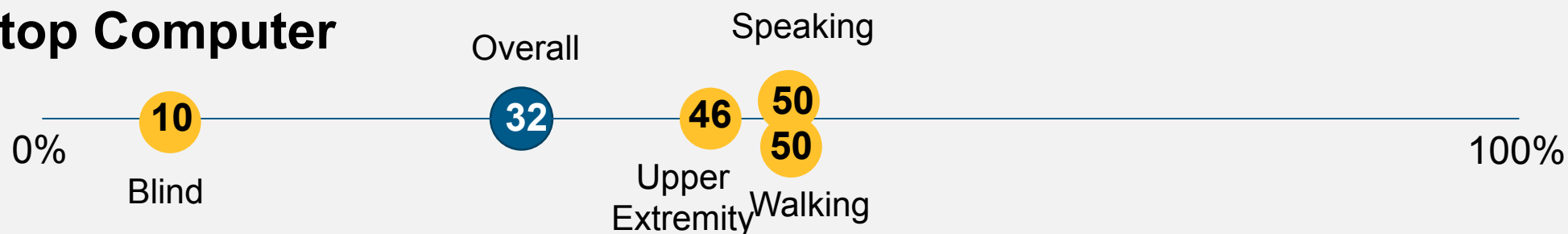
## Smart Phone



## Laptop Computer



## Desktop Computer





# RESULTS: HEALTHCARE RECEIVED

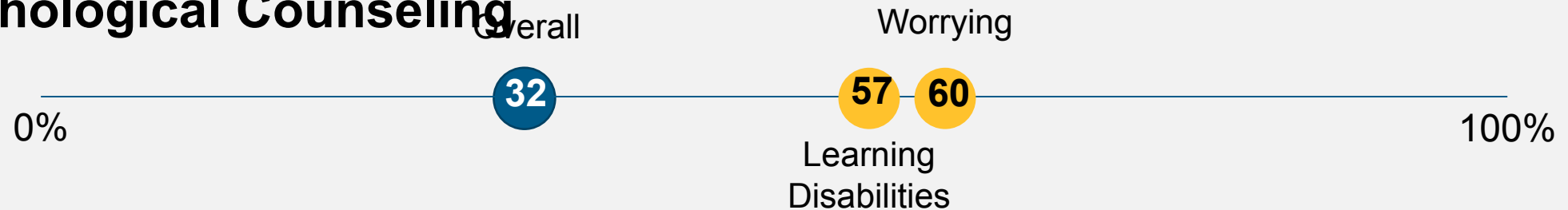
## General Health Check-ups



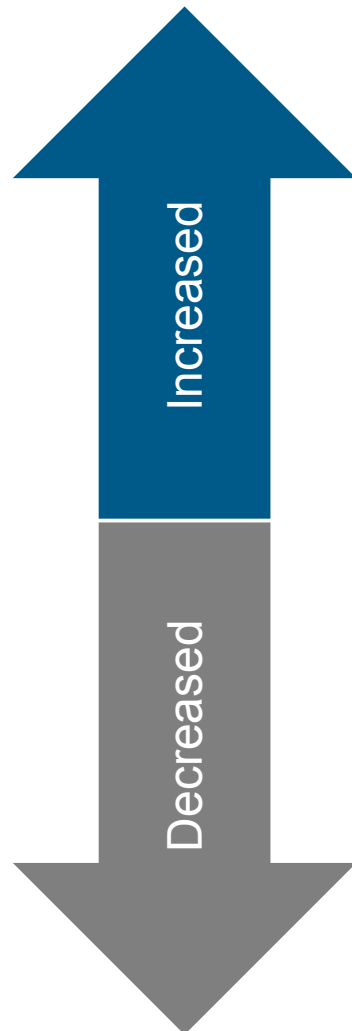
## Specialist Health Check-ups



## Psychological Counseling



# LIKELIHOOD OF USING TELEHEALTH BY DISABILITY TYPE



Upper Extremity Limitations (5.50)

Walking (3.85)

Fatigue (2.22)

Blind (0.42)

Deaf (0.87)

Analysis: Odds Ratio logistic regression

DV: Telehealth Use

IV: Disability Type

Control variables: rurality, **language spoken in home**, education, income, **disability duration**, and **age**

Only reporting statistically significant disability types

# CONCLUSIONS

- **Major findings:**
  - Telehealth use differs across disability types.
  - People with mobility disabilities are more likely to use telehealth.
  - People who are blind, deaf, or have a speaking disability are less likely to use telehealth.
- **Policy implications:**

# CONCLUSIONS

- **Major findings:**
  - Telehealth use differs across disability types.
  - People with mobility disabilities are more likely to use telehealth.
  - People who are blind, deaf, or have a speaking disability are less likely to use telehealth.
- **Policy implications:**
  - Based on the findings that people who have a speaking disability are less likely to use telehealth, there should be more resources allocated to improve accessibility needs for people with speaking disabilities.
  - Increased integration of assistive technology into telehealth services for people who are blind, deaf, or have a speaking disability.



# JOIN THE AURC



Accessibility User Research Collective

<https://accessibilityuserresearchcollective.org/>



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