### My Story of Self



If your life had a playlist, what would be the main song? Why?

If you have a device available, find the audio of the song!

I will call on students to share!







My story of self will help me communicate my identity and values to others.

## A story of self explains our motivations and the key moments that have made us who we are!











Interviewing for jobs

You will be asked to share your story of self in many different spaces.



# Thinking through HOW you want to present yourself is important!

This is a life skill.





#### **Story of Self Example**

What did you like about Angie's story of self?

Is there anything else she could have added?



Click the icon to listen



#### **Today's Activity**

You will be working in pairs.

You will have 10 min to brainstorm your "story of self" using the worksheet.

Each member of the pair will take 3 min to present their story of self.



#### **Class Debrief**

What went well in the activity?

What was challenging about the activity?



#### Before next class!

1) Complete your Beginning of Year Survey

1) Submit your signed consent form

