

INTRODUCING ROSIE BRENNAN





Rosie was born and raised in Park City, Utah, attended Dartmouth College graduating with a BA in Geography, and now lives in Anchorage, Alaska where she graduated with a MA from Alaska Pacific University and is pursuing her ski racing dreams. As a kid, she bounced around in sports, but nothing captured her until she discovered cross-country skiing.

In her time away from skiing, Rosie has studied Geography and Education and looks forward to pursuing more school in the future. The mountains and exercise have given her a place and way to reflect, grow, grieve, work through problems, and challenge herself. With the incredible fueling needs of cross country skiing, she has also become an avid cook and amateur nutritionist. Rosie finds the ability to cook and to understand what food can provide has allowed her to embrace her body and enjoy the experience of sharing meals.

Rosie is part of a strong movement of American women in cross-country skiing where she has learned the power of a team, the ability to empower one another, and to not believe in boundaries that others see. These passions and beliefs led her to engage with a number of nonprofits, including as an ambassador for Fast and Female, a non-profit working to empower girls through sport; Skiku, a non-profit that teaches skiing to kids throughout rural Alaska; and Healthy Futures, a non-profit seeking to develop healthy habits in all Alaskan kids.

Performance Stats:

2x Olympian *2018 and 2022*

4x World Championships Competitor

5x National Champion

3x World Cup Gold Medalist

12 WC Podium Finishes (individual & team)



FUN FACT!

I didn't start cross-country skiing until age 14, I have a twin brother and I love cooking and baking!!