INTRODUCING JILL MOFFATT







Jill Moffatt is an Olympic Rower, competing in lightweight sculls. Just three years after starting rowing, Jill won the 2014 Canadian University title in lightweight single sculls and was named Canadian University Oarswoman of the Year. In 2016 she debuted with the senior national team and finished fourth in the lightweight quad sculls at the World Rowing Championships. Jill competed in her first World Cup in 2017, winning the B final of lightweight double sculls. In 2017 and 2018 Jill won back-to-back national titles in single sculls. In 2018, Jill and teammate Jenny Casson won the World Cup B Final.

In 2019, while completing her Masters' thesis, Jill was diagnosed with an anxiety disorder. As proof of her resilience, she charged forward and won the World Cup in single sculls and went on to win the B final in doubles. Thanks to therapy, medication and support from those around her, Jill was able to continue moving forward and made her debut at the Tokyo 2020 Olympics.

Performance Stats:

Tokyo 2020 Olympian *Lightweight Double Sculls - 12th*

2023 Stoner Challenge Trophy winner

2019 World Cup Gold Medalist

4x World Championship top 10 finishes 7x World Cup appearances



FUN FACT!

I love to road bike and hike in my spare time, I love to write and even work as a freelance journalist, and I didn't start rowing until university!!