

The 5 W's to Hand Washing

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Who

- EVERYONE!

- Mom
- Dad
- Sisters
- Brothers
- Neighbors
- Chefs
- Doctors



What

- Wash your hands!
- 5 steps
 - 1-turn on warm water
 - 2-put soap in your hands to create a lather
 - 3-scrub your hands, between your fingers, under our nails
 - Don't forget your thumbs!
 - 4-wash for AT LEAST 20 seconds
 - Try singing "Twinkle, Twinkle Little Star"
 - 5-dry your hands, turn off water



Where

- Wherever there is a sink
- If there is no sink available, you can use hand sanitizer!



When

- Before cooking
- Before eating
- After eating
- After doing chores
 - Taking out the trash
- After playing with animals
- After you sneeze, cough, or blow your nose
- After you use the bathroom
- When they look dirty



Why

- Your hands collect germs
- Germs can make you sick!
- Germs can get inside your body through your eyes and mouth
- Washing your hands kills germs and helps keep you and everyone around you healthy!



Brain pop Jr.

- Username: mt1
- Password: media
 - Login
 - Click on be well
 - Click on washing hands
 - Take the easy quiz!

