

BUILD-a-MEAL



Perls of the C - Our Members



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Problems



Solution

Our mission: to generate a list of recipes that include the user's list of ingredients, taking into account personal preferences

Filters:

- Dietary restrictions
- Prep Time + Cooking Time
- Cuisine Type
- Course

Business Model

- Generate revenue from ads
- Partner with Blue Apron to
- Deliver needed ingredients
- Directly to the customer

Target Audience?

- Audience: college students



Find me recipes!

Ingredients List

🕒 Select items/filters to remove.

Filters Applied:

Search

?

Add

Protein



Vegetables



Fruits



Dairy



Spices/Herbs



Allergies



Dietary Restrictions



Cuisine



Course



Prep + Cook Time



Showing results for:

Filters applied:

Find me recipes!

Ingredients List

milk potato
eggs

 Select items/filters to remove.

Filters Applied:

American

Search

?

Add

Protein



Vegetables



Fruits



Dairy



Spices/Herbs



Allergies



Dietary Restrictions



Cuisine



American

Italian

Asian

Showing results for: milk, potato, eggs

Filters applied: American



Scalloped Potatoes

INGREDIENTS:

butter,yellow onion,large garlic cloves,flour,chicken stock,milk,kosher salt,black pepper,fresh thyme leaves,yukon gold

COOKING TIME: 80 min

RATING: 4



Loaded Baked Potato Casserole

INGREDIENTS:

yukon gold potatoes,water,potatoes,cream cheese,butter,sour cream,milk,kosher salt,black pepper,garlic powder,sharp

COOKING TIME: 60 min

RATING: 4



Irish Colcannon Potatoes

INGREDIENTS:

red skinned potatoes,salt,butter,minced garlic,green cabbage,fresh ground black pepper,milk,onion powder,bacon,green

COOKING TIME: 55 min

RATING: 4



Creamy Potato Soup

INGREDIENTS:

russet potatoes,yellow onion,carrots,diced celery,low sodium chicken broth,salt,freshly ground black

COOKING TIME: 60 min

RATING: 4

Find me recipes!

Ingredients List

beef onion
garlic butter

 Select items/filters to remove.


Filters Applied:


Main Dishes max of 30 minutes


Search





Add

Protein 

Vegetables 

Fruits 

Dairy 

Spices/Herbs 

Allergies 

Dietary Restrictions 

Cuisine 

American

Italian

Asian

Showing results for: beef, onion, garlic, butter

Filters applied: Main Dishes, max of 30 minutes



Garlic Butter Parmesan Meatballs

INGREDIENTS:

meatballs,ground pork,ground Italian sausage,minced onion,minced garlic,celery,egg,sauce,butter,garlic,beef

COOKING TIME: 25 min

RATING: 4



Garlic Butter Thanksgiving Turkey With Gravy

INGREDIENTS:

turkey,unsalted butter,salt,smoked paprika,dried basil,dried oregano,dried thyme,garlic powder,onion powder,ground

COOKING TIME: 20 min

RATING: 4



Steak and Lobster with Spicy Roasted Garlic Chimichurri Butter

INGREDIENTS:

lobster tails,ribeye steaks,salt,pepper,paprika,ground coriander,brown sugar,garlic,cayenne pepper,olive oil,french

COOKING TIME: 25 min

RATING: 4



St. Patrick's Favorite Guinness Beef Stew with Potatoes, Rich Caramelized

INGREDIENTS:

beef stew meat,salt,black pepper,flour,canola oil,onions,guinness,herbs de provence,granulated onion,granulated

COOKING TIME: 25 min

RATING: 4

Build-A-Meal

Ingredients List

Salmon	Spinach
Mushrooms	Butter

Go to the recipe page for more details

Flavors Applied

Search

Apply

Flavors

Sweet, Salty, Sour, Bitter, Umami

Vegetables

Fruit, Dairy, Spices/Herbs, Allergens

Save, Add, Remove, Cancel



Steamed Salmon with Spinach and Mushrooms

INGREDIENTS

COOKING TIME: 25 min

RATING: 4



Seared Salmon with Sautéed Spinach & Mushrooms

INGREDIENTS

COOKING TIME: 30 min

RATING: 4



Tilapia with Apricots & Wild Rice

INGREDIENTS

COOKING TIME: 35 min

RATING: 4



Salmon-Mushroom-Spinach Bake

INGREDIENTS

COOKING TIME: 35 min

RATING: 4



