# **School Counseling Supports**

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## **School Counseling Program Overview**

- Introduction of School Counselors
- School Counseling Mission & Vision Statements
- School Counseling Services within the Multi-Tiered Multi-Domain Systems of Support (MTMDSS)
- Accessing School Counseling Services



### **Your School Counselors**



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### **School Counseling Mission & Vision Statement**

#### **Vision Statement**

The vision of the MUHSD School Counseling Program is for every student to graduate with CTE experience and college credit and/or preparedness. MUHSD counselors believe students and families are active educational partners in ensuring student success through collaborative planning and goal setting to meet the comprehensive needs of all students across academic, postsecondary, and social-emotional domains.

#### **Mission Statement**

The mission of the MUHSD School Counseling Program is to support all students in acquiring necessary skills to excel in academics, postsecondary opportunities, and social-emotional well-being. MUHSD counselors provide direct and indirect services to ensure equity, access, and success for every student in preparing them for the 21st century and in achieving their postsecondary goals.

Social/Emotional Development

Academic Development Career Development



### Going from Reactive to Proactive

#### "Guidance Counselor"

- Reactive
- Random acts of counseling
- Use of referrals
- Measure impact with number served or feelings

#### **School Counselor**

- Proactive
- Intentional acts of counseling
- Data-Driven
- Measure impact with academic and behavior change data



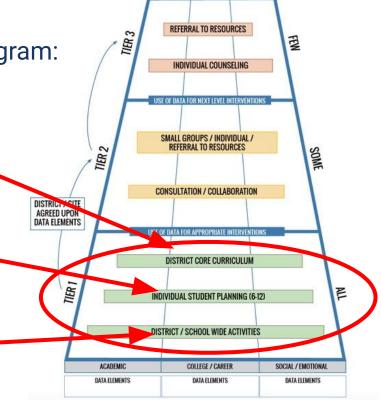
### Multi-Tiered Multi-Domain Systems of Support

ALL students receive the following Tier 1 supports from the school counseling program:

School counseling curriculum instruction

Individual Student Planning (Academic Plans and registration)

District/School-wide activities



### Tier 1 Curriculum

#### **Completed 1st quarter**

#### Coming up 2nd quarter

#### Lesson 1:

9th grade - High School 101

10th grade - Time Management

11th grade - Organization & Study Skills

12th grade - Don't Catch the Bug: Senioritis!

#### Lesson 2:

9th grade - Coping Skills

10th grade - Coping Skills

11th grade - Coping Skills

12th grade - Careers 101



### Results

#### 9th grade results:

|           | access to tutoring | importance of involvement | credits earned per class | total credits needed | what is a passing grade | ways grades affect students |
|-----------|--------------------|---------------------------|--------------------------|----------------------|-------------------------|-----------------------------|
| pre-test  | 24%                | 47% agree                 | 51% correct              | 42 % correct         | 30% correct             | 54% correct                 |
| post-test | 55%                | 68% agree                 | 82% correct              | 90% correct          | 70% correct             | 81% correct                 |

#### 10th grade results:

|          | understanding strategies | Identifying benefits | importance of time management | believe they manage time well |
|----------|--------------------------|----------------------|-------------------------------|-------------------------------|
| pre test | 71% correct              | 77% correct          | 68% agree                     | 37% agree                     |
| post     | 81% correct              | 86% correct          | 77% agree                     | 47% agree                     |

11th grade results: pre/post test issues

#### 12th grade results

|          | credits need for grad | understanding of senioritis | senior attendance requirement | understanding late grad consequences |
|----------|-----------------------|-----------------------------|-------------------------------|--------------------------------------|
| pre test | 75% correct           | 92% correct                 | 86% correct                   | 50% correct                          |
| post     | 95% correct           | 98% correct                 | 96% correct                   | 71% correct                          |

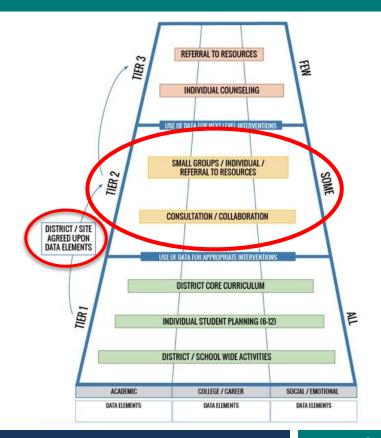


### Multi-Tiered Multi-Domain Systems of Support

#### Some students need MORE

...but WHICH students?????

- Data indicators
  - Academics
  - Attendance
  - Behavior
- Tier 2 interventions
  - Small group instruction
  - Individual instruction
  - Referral to resources
  - Consultation/Collaboration





### Tier 2 goal at BCHS

#### **Our Goal:**

By March 22, 2024, 9th grade students in the at risk and critical cohort for attendance in Panorama will decrease absences by 25% from 483 to 362

#### **Our Plan:**

Small group lessons for students in this cohort. Lessons will focus on motivation, importance of school and grades, and connection to school. Incentive program during 2nd and 3rd quarter.

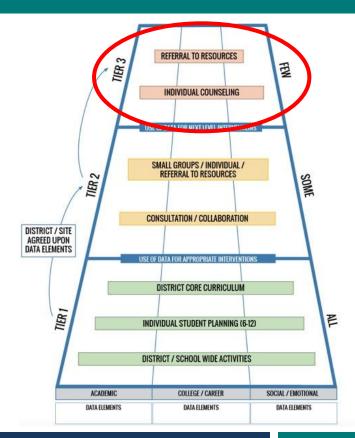


### Multi-Tiered Multi-Domain Systems of Support

Intensified, short-term (4-6 weeks) support for few students (5-10%)

May be appropriate for students who:

- Continue to lack progress and exhibit barriers to learning after receiving Tier 2 interventions
- Experience a crisis
- Transfer to the school with data that position them as having a high need for Tier 3
- Are not appropriate for group counseling or other short term crisis response
- Need referrals to outside resources.





### **Accessing School Counseling Services**

#### **Students**

- Drop ins before school, during lunch, after school
- Appointment Request Form
- Email

#### **Parents**

- By appointment
- Email
- Drop in

#### **Teachers**

- Email
- Drop in



# Thank you!

We appreciate the administration and staff for their contributions to these efforts and support of the school counseling program!

