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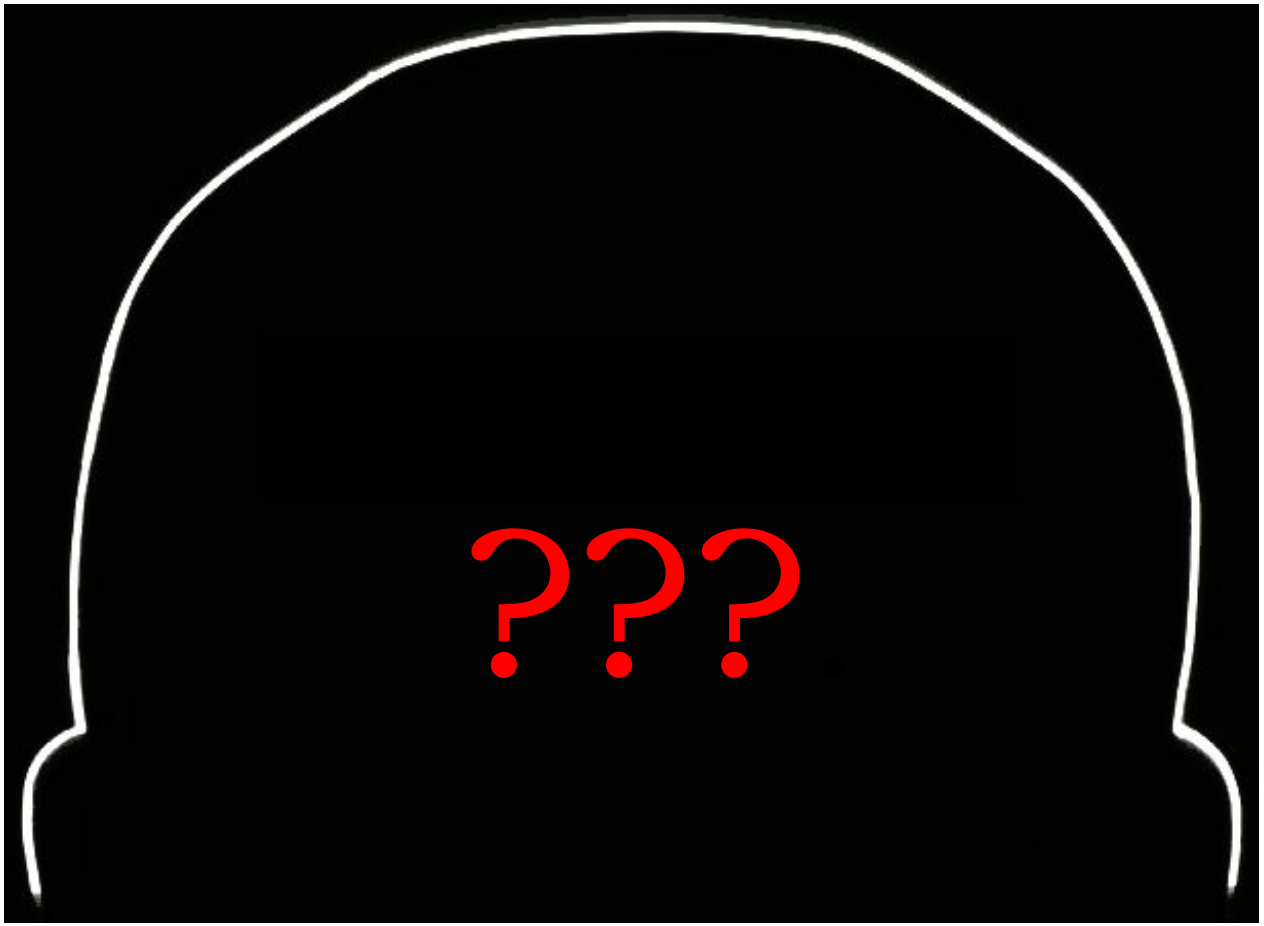
PARENTING & LEADERSHIP

By Deepak Bharara

LEVERAGING PEOPLE FOR TOMORROW...

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Parenting & Leadership
What comes to your mind



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Journey towards Effective Parenting & Leadership



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Parenting

Parenting child needs to be till the age of 18 or sometime longer

Parenting the child towards the goal of becoming a competent adult to take important roles

Parent's involvement means teaming with your child's school & teacher

Parenting establishes home environment to support children as leaders



Parenting Involve

- Parenting
- Communication
- Volunteering
- Learning at Home
- Decision Making
- Collaborating with Community



Parenting is a gift of God & it is process a of raising and educating a child from birth until adulthood

Types of Parenting

- Authoritarian Parenting
- Democratic Parenting
- Permissive Parenting
- Neglectful Parenting
- Responsible Parenting

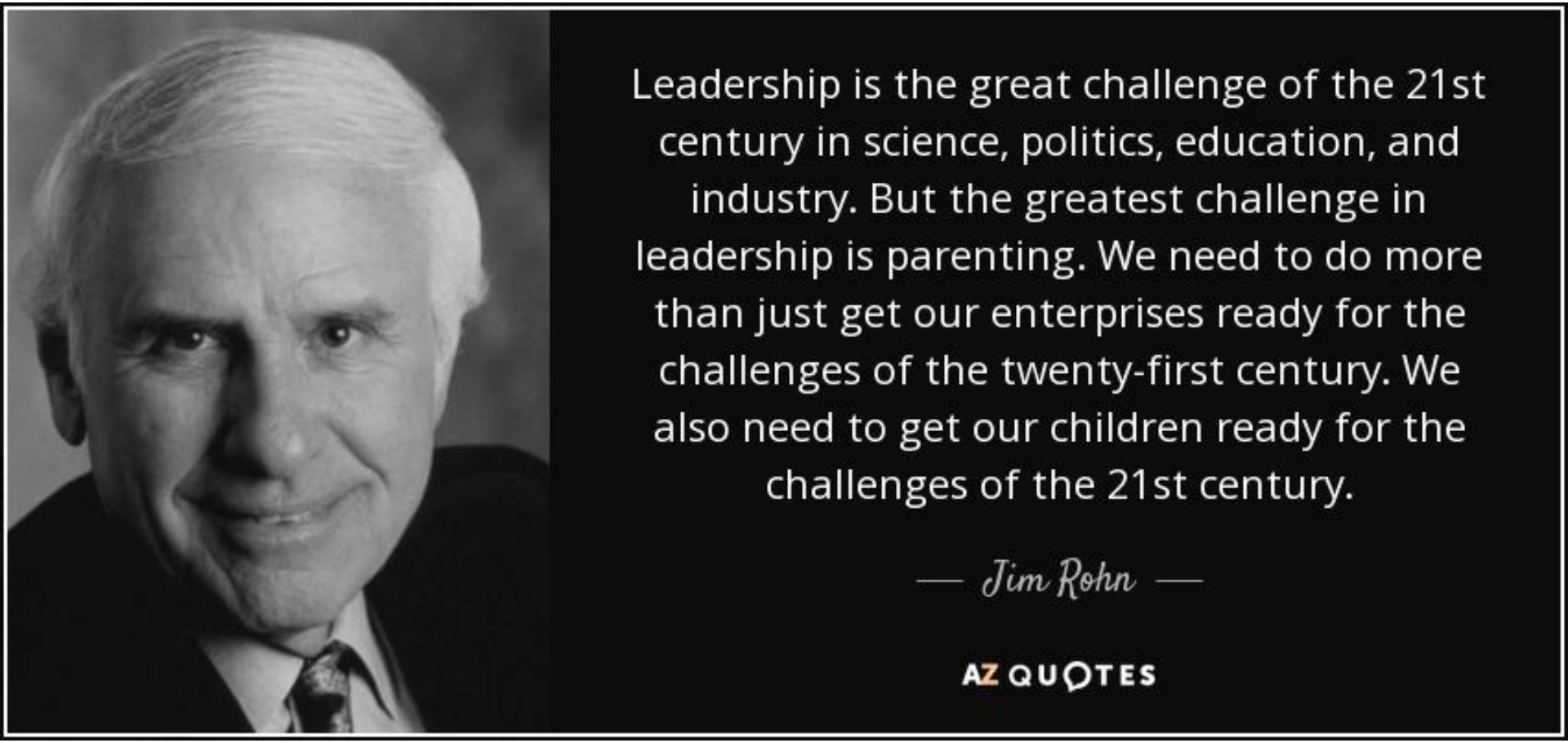


HOW TO PREPARE CHILDREN FOR LEADERSHIP ROLE



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Parenting & Leadership

In Indian Context where the nuclear families are dominant & both the parents are working, the Children are normally left for first 5 years with Grand Parents or with Nannies for nurturing & growth and as such the attention/focus is lacking to inculcate good leadership qualities

Then next five years the children are left to play school or with the nursery teacher having little or no responsibility for development & growth

Then next 10 years the Children are mostly under the influence of friends, who play very important role in shaping their career & future

Then the next 5 years left to colleges, where professor are focused on completing the curriculum & students are focused to stay with friends & connect with social media & enjoy the life the way it comes across.. Good or bad….

When the students pass out & get to campus they come with lot of frustration, depression & baggage of life… as a result they behave like poor leaders… any kind of training & development don't help at that age due to childhood conditioning & the young individual continue to behave in a particular way…

In nutshell, parents don't play their important role of Parenting or Coaching, the result of bad parenting leads to bad leadership in corporate roles

Influence outside the family, such as peers, adults other than parents & media affect the children in Healthy or Unhealthy ways





Bad Parenting & Leadership

- We don’t let our children experience risk
- We rescue too quickly
- We rave too easily
- We let guilt get in the way of leading well
- We don’t share our past mistakes
- We often mistake intelligence, giftedness & influence for maturity
- We don’t practice what we preach

Parenting & Leadership

Similarities:

- Discipline
- Accountability
- Praise
- Respect
- Restraint

Transformational Parenting & Leadership

- Leaders need followers/Parent needs children
- Leaders are different/Parents are special
- Leaders can think on their feet/Parents need to make fast decisions
- Leaders lead the way by example/Parents are role models
- Leaders are improving themselves/Parents learn to be parents through out their life
- Leaders have good time management skills/Parents requires lot of task juggling
- Leaders need to move their followers/ Parents need to motivate their kids to get things done
- Leaders know that their followers are not similar in skill and abilities/Parents also must understand that kids are different
- Leaders know how to delegate & they assign goals/Parent also give task & chores to their kids & give autonomy
- Leaders seek opinions from followers/Parents treat kids with respect & involve them

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Transformational Parenting & Leadership

- Build Development Aspects – Motivation, Empowerment, Morale etc.
- Communicating Emotional Messages
- Inculcate Achievement Drive
- Inculcate Values, Beliefs & Ethics
- Autonomy/Freedom to work
- Setting Goals & Standards for Performance
- Reinforcing Success
- Build feeling of Self worth, Competence & Independence
- Trust, Pride, Admiration & Respect for others
- Sense of safe heaven & secure base
- Corrective Experiences

Parenting is labor of love



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Important Tips

- Talk over the issues you wish you would have known about adulthood
- Allow them to attempt things that stretch them or even let them fail
- Discuss the future consequences if they fail to master certain disciplines
- Aid them in matching their strengths to real world problem
- Furnish project that require patience, so that they learn to delay gratification
- Teach them that life is about choices and trade offs; they cant do everything
- Initiate (or simulate) adult tasks like paying bills or making business deals
- Introduce them to potential mentors from your network
- Help them envision a fulfilling future and then discuss the steps to get there
- Celebrate progress they make towards autonomy & responsibility

A2Z of Parenting

- Accept your child for the wonderful person he or she is
- Be a good role model in all you say & do
- Communicate respectfully and listen attentively to your child
- Discipline fairly, firmly and with love
- Encourage good eating habits
- Find ways to get and stay fit together
- Give chores that built responsibility
- Hug your child to build self worth
- Instill respect for other people
- Join forums to assess child's progress including PTM meet
- Keep your promise or do not make them
- Laugh together & enjoy each other's company
- Make family rules, enforce them consistently

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A2Z of Parenting

- Never use physical force on your child
- Offer your help whenever it's needed
- Praise your child for achievement as well as for efforts
- Quickly stop your child from harmful activities
- Read together often and make reading fun
- Show patience & remember nobody is perfect
- Tech health & safety rules
- Use every opportunity to show your love
- Value your child's thoughts & opinion
- Wait until you cool down before disciplining your child
- Xerox and save records of your child achievements
- You can make a difference in Child life.. so parent with pride
- Zoom over the ABC again & again

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Thank you!



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