

GAP YEAR:

PPS Alumni

Edition

What is a Gap Year?

- ★ Taking time off after your undergraduate education before applying to professional school
- ★ Can range from 1-5+ years

Why a Gap Year?

- ★ “I am not ready to apply”
 - “I don’t have the necessary recommendation letters”
 - “I don’t feel I have enough experience”
- ★ “I am not sure I want to go to pharmacy school”
- ★ “I need a break before I start professional school”

What do you do during a Gap Year?

- Work or Volunteer Experience
- Academic Improvement
- Reflection
- Earn Money
- Break (Traveling, Fun, Explore)

*Meet our
Student
Panel!*

Introduction: Tell us about yourself.

Ryan Hays



- ★ **Graduated UCI:** Class of 2013
- ★ **Major:** Pharmaceutical Sciences
- ★ **Gap Year:** 1 year
- ★ **Status:** Pharmacy Student
 - Finished 2nd Year of Pharmacy School
 - Entered Fall 2014
- ★ **Pharmacy School:** USC
 - **Interviewed at:** UNC, Minnesota, USC
 - **Acceptances:** UNC, Minnesota, USC

Jonathan Huang



- ★ **Graduated UCI:** Class of 2014
- ★ **Major:** Pharmaceutical Sciences
- ★ **Gap Year:** 1 year
- ★ **Status:** Pharmacy Student
 - Finished 1st Year of Pharmacy School
 - Entered Fall 2015
- ★ **Pharmacy School:** USC
 - **Interviewed at:** USC, UCSF, Washington, UOP, Western
 - **Acceptances:** USC, Washington, UOP, Western

Tim Lew



- ★ **Graduated UCI:** Class of 2015
- ★ **Major:** Pharmaceutical Sciences
- ★ **Gap Year:** 1 year
- ★ **Status:** Entering Pharmacy School this fall
- ★ **Pharmacy School:** USC
 - **Interviewed at:** USC, UCSF, UCSD, Northwestern, UOP
 - **Acceptances:** USC, UCSD, Northwestern, UOP

Tina Nguyen



- ★ **Graduated UCI:** Class of 2015
- ★ **Major:** Psychology, Biological Sciences
- ★ **Gap Year:** 1 year
- ★ **Status:** Entering Pharmacy School this fall
- ★ **Pharmacy School:** Roseman University
 - **Interviewed at:** Georgia PCOM, University of Minnesota, Touro NY, Northstate, Roseman
 - **Acceptances:** Georgia PCOM, Touro NY, Northstate, Roseman

Madelaine Tech



- ★ **Graduated UCI:** Class of 2015
- ★ **Major:** Biological Sciences
- ★ **Gap Year:** 1 year
- ★ **Status:** Entering Pharmacy School this fall
- ★ **Pharmacy School:** MidwesternU, Glendale
 - **Interviewed at:** MidwesternU (Illinois & Glendale), U of Maryland, Northstate, UOP
 - **Acceptances:** MidwesternU (Illinois & Glendale), U of Maryland, Northstate

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*General
Timeline*

	April 1/Grad - August 30	Sept 1 - Dec 30	Jan 1 - March 30	April 1 - July 30
Ryan Hays	<ol style="list-style-type: none"> 1. Graduated 2013 2. LOR Requests 3. Started PharmCAS 	<ol style="list-style-type: none"> 1. Submitted PharmCAS 2. Submitted Supplementals 3. PCAT 4. UNC & UMinn Interviews 	<ol style="list-style-type: none"> 1. USC Interview & Acceptance 2. UNC & UMinn Accept 3. Start Work at Independent pharmacy 	<ol style="list-style-type: none"> 1. Started School at USC (August 2014)
Jonathan Hwang	<ol style="list-style-type: none"> 1. Graduated 2014 2. LOR Requests 3. PCAT 	<ol style="list-style-type: none"> 1. Submitted Apps 	<ol style="list-style-type: none"> 1. Pharm School Interviews 	<ol style="list-style-type: none"> 1. USC Acceptance 2. Started School at USC (August 2015)
Tim Lew	<ol style="list-style-type: none"> 1. Graduated 2015 2. Work on applications 3. LOR Requests 4. Work & Volunteer 	<ol style="list-style-type: none"> 1. Pharm School Interviews 2. Work & Volunteer 	<ol style="list-style-type: none"> 1. Pharm School Interviews 2. Work 	<ol style="list-style-type: none"> 1. Work
Tina Nguyen	<ol style="list-style-type: none"> 1. 2nd PCAT 2. Started PharmCAS 3. Work 4. Graduated 2015 	<ol style="list-style-type: none"> 1. Submitted first supplemental 2. Pharm School interviews 3. Work 4. Took Anatomy at GWC 	<ol style="list-style-type: none"> 1. Interviews 2. Decide on Roseman University 3. Work 	<ol style="list-style-type: none"> 1. Work 2. Move to Nevada (July)
Madelaine Tech	<ol style="list-style-type: none"> 1. LOR Requests 2. 2nd PCAT 3. Started PharmCAS 4. Graduated 2015 	<ol style="list-style-type: none"> 1. Took Anatomy at GWC 2. Work 3. Submitted Apps (last one in Nov.) 	<ol style="list-style-type: none"> 1. Put down deposit for Midwestern 2. Work 	<ol style="list-style-type: none"> 1. Work 2. Have fun 3. Move to Arizona (May)



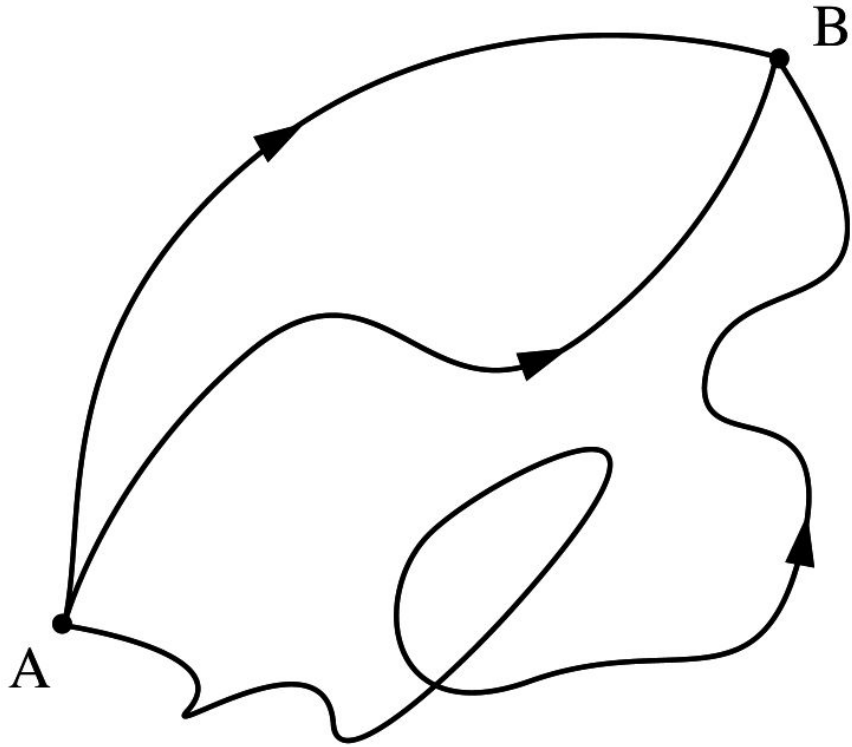
*General
Questions*



- **What specific experiences would you like to share about your gap year and time here at UCI?**



- If you could go back, what would you change about your Gap Year?



- **Do you have any advice to those who want to take a gap year or are on the fence?**



*Specific
Questions*

What did you do in your gap year?



Jonathan Hwang

- ★ Pharmacy Experience
- ★ PCAT
- ★ Classes at Community College
- ★ Volunteering

Did you feel your gap year was the right decision?



Ryan Hays

- Right decision for him
- More preparation for pharmacy school
- Tested various fields of pharmacy
- Time to himself
- “Everyone is different and it's best to do what feels right for you!”

Are there any experiences you would like to share about your gap years and time here at UCI?



Tim Lew

- Explore your options at UCI
- Make sure pharmacy is for you
- Grades is only one factor
- “Find your balance. Enjoy life. Know that every experience is meaningful.”

*Tina Nguyen &
Madelaine Tech*



*What role did
networking and
GPA have in
your decision to
take a gap year?*

Tim Lew & Ryan Hays



*Were you asked any
questions about your
Gap Year during your
interview?*



Questions?