



Community of Concern (CoC) consists of WHPS high school and middle school PTO committee members and parent leaders who are proactive and dedicated to raising awareness and educating our school communities about adolescent mental health and wellness while developing initiatives with an equity and inclusive lens.

Thank you for participating in our [survey](#)! Based on feedback from parents, students, and staff, there is overwhelming interest in supporting our youth with meeting their basic needs, relieving social and academic pressures, and addressing anxiety & depression. Stay tuned while we plan our fall event around these topics. In the meantime, you can view last year's webinar featuring a discussion with school and community clinicians, parents, and students about understanding and supporting the mental health needs of our children.

From our Archives...

Keeping our Focus on Mental Health & Wellness

September 8, 2021

The recording is available [here](#).

Related Resource Lists:

- [West Hartford Cares Crisis and Community Resources](#)
- [CT Therapists and Healing Practitioners of Color](#)
- [CT and National Resources for AAPI](#)
- [Hartford Area LGBTQ+ Therapists, Groups & Hotlines](#)

Community of Concern & West Hartford Public Schools presents

A VIRTUAL DISCUSSION WITH SCHOOL & COMMUNITY CLINICIANS, PARENTS, AND A STUDENT ABOUT:

Keeping Our Focus on Mental Health & Wellness

**WEDNESDAY
SEPTEMBER 8TH
7:00-8:30 PM**

To Register:
<https://tinyurl.com/3jafeak2>

An illustration of four diverse young people (two boys and two girls) standing together. They are wearing casual clothing in various colors (blue, purple, yellow, white). They appear to be looking towards the camera with slight smiles.