

# Addition & Subtraction Mixed Level 1

Exercises Added



By Greater Richmond Fit4Kids

[www.grfit4kids.org](http://www.grfit4kids.org)

A math fact will appear on the screen.

When you know it, call it out.

If an exercise shows up, do it quietly.

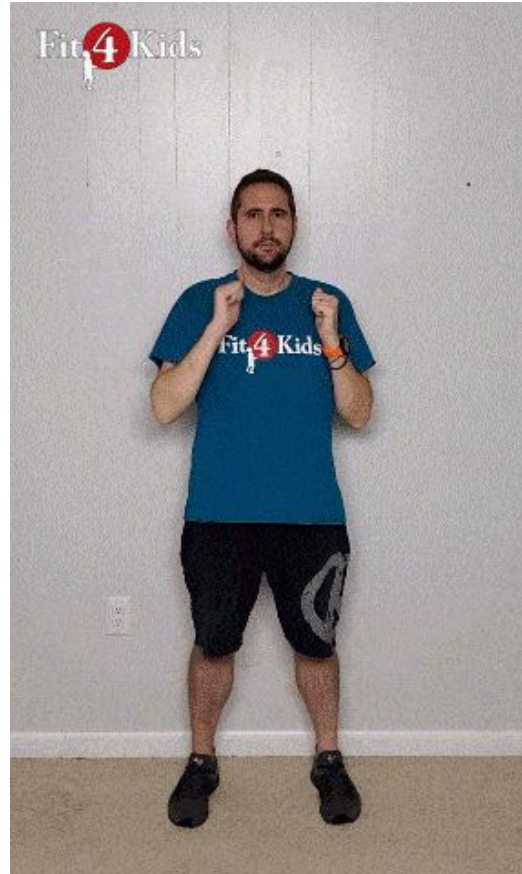


$$4 - 0 =$$



$$4 + 0 =$$



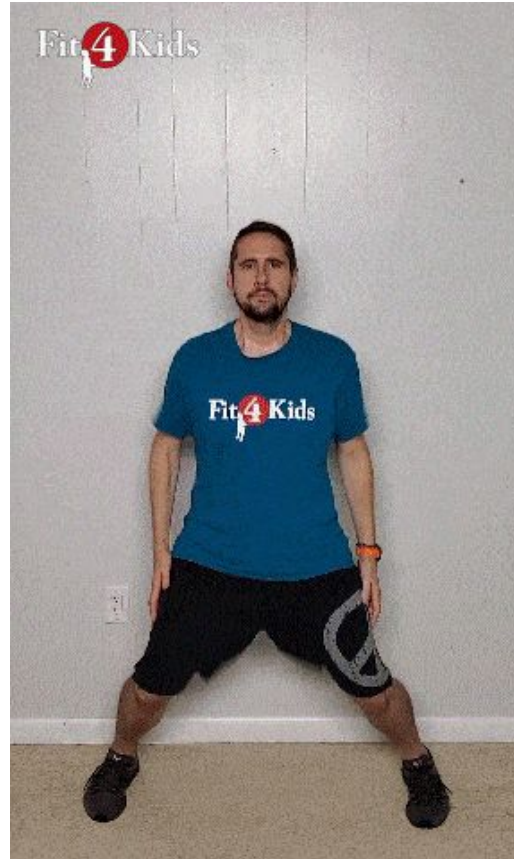


# Sky Reaches



$$5 - 1 =$$





## Low Jacks



$$3 - 1 =$$



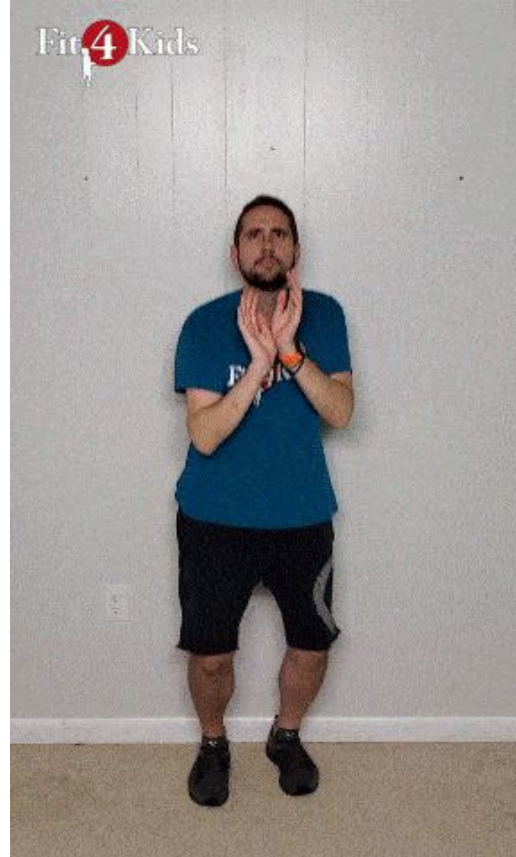


$$3 + 2 =$$



$$1 + 5 =$$





# Basketball Shots

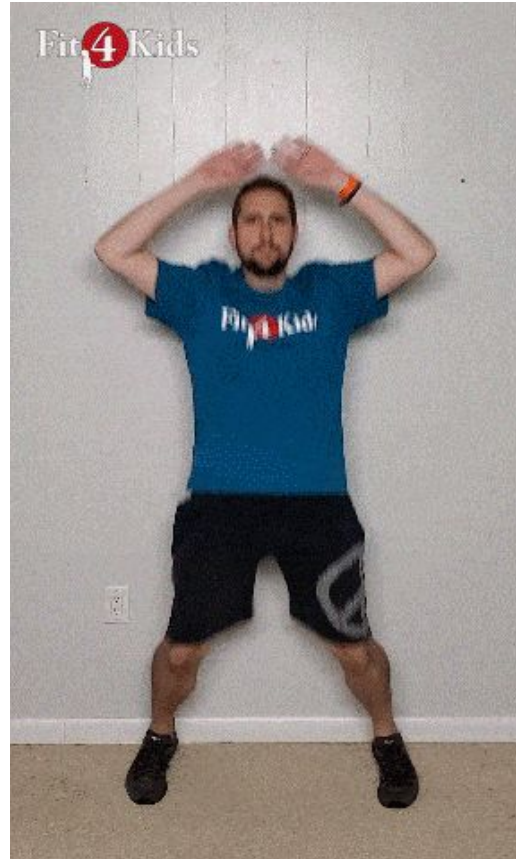


$$4 - 2 =$$



$$5 - 5 =$$





# Jumping Jacks



$$2 - 0 =$$



$$3 + 3 =$$







# Squats



$$0 + 5 =$$

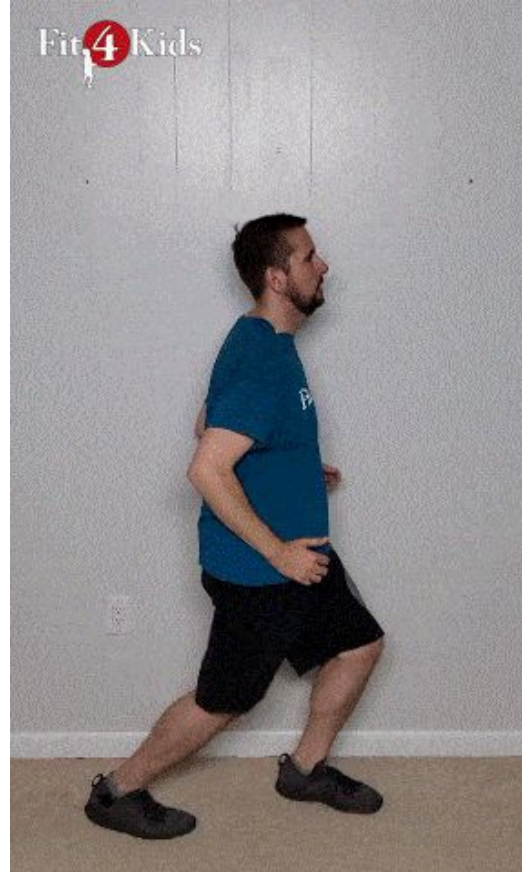


$$5 - 4 =$$



$$5 + 5 =$$





# Scissor Kicks

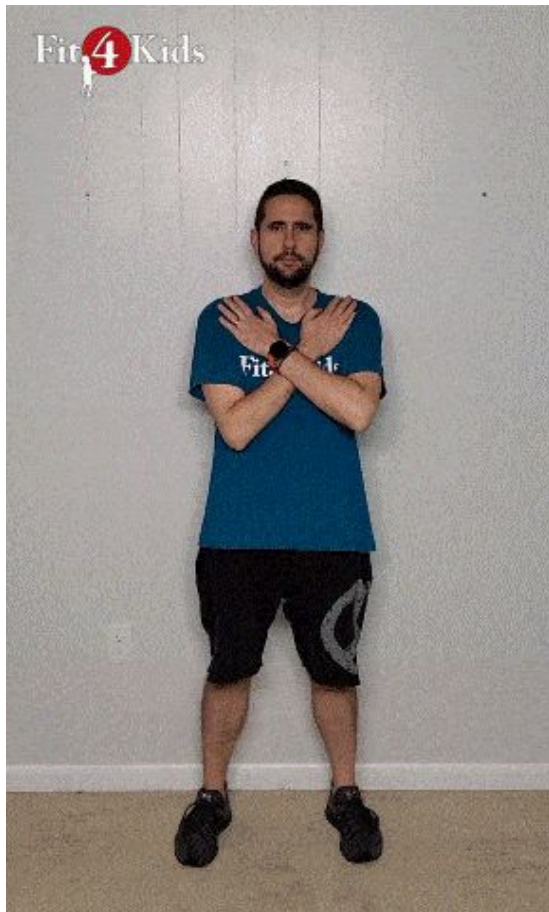


$$3 - 2 =$$



$$4 + 3 =$$





Mummy



Pretzel

