

Amherst High/Middle School



**Co-Curricular Parent/Athlete Meeting
2024-25 School Year**

Adam Miller

- *HS/MS Activities Director*
- *Contact me at 715-824-5521 ext. 1221
or at amiller@amherst.k12.wi.us*

My Focus

- Communication with:
 - Parents
 - Staff Members
 - Coaches
 - Student-Athletes
 - Community Members
- Communication through:
 - Face-to-Face interaction
 - Phone calls and/or emails
 - Skyward
- rSchool: www.centralwisconsinconference.org
- School website www.amherst.k12.wi.us
- Twitter @AmherstFalcon

Short Promotional Video

<https://nfhslearn.com/library/videos/the-parent-seat-beyond-the-scoreboard>

Chain of Command

If and/or when a question or problem arise:

- Make sure to collect all information.
- First of all, bring your issue to the specific coach directly, via email, phone call or face-to-face.
- If necessary, bring your issue to the Head Coach, via email, phone call or face-to-face.
- If you are unsatisfied with that contact, then bring the issue to the Activities Director, Adam Miller.
- If you are unsatisfied with that contact, take the issue to the Middle or High School Principal, Nick Katzmarek (MS) Mike Klieforth (HS).
- If you are still unsatisfied with that contact, take the issue to the District Superintendent, Ryan Ruggles.
- If you are still unsatisfied with the issue, you are welcome to take your issue to the School Board.

Student-Athlete Responsibilities

- All students may have the **Privilege** to participate in extra-curricular activities if he/she is willing to assume certain **Responsibilities**.
- **Participants will be held to a higher standard!**
- Participants must abide by the Co-Curricular code and eligibility requirements of AMS, AHS and the WIAA in order to maintain the privilege to participate.

Attendance Policy

Students will adhere to the attendance policy:

- If a student is ill, the student must be present for at least the second half of the school day (MS before 11:35, HS before 11:20) to participate in practice, contest, event, performance, or activity on that day unless approved by an administrator.
- If a student goes home ill during any part of the day, the student will not be eligible to participate in practice, contest, event, performance, or activity.
- Any unexcused absences will lead to the student being ineligible to participate in practice, contest, event, performance, or activity.
- Unless there are extenuating circumstances, as determined by an administrator, a student is required to be in class the day after an athletic contest, competition, event, or performance. If the student is not in school, the student will be ineligible for the next contest.

Co-Curricular Code (2020)

High School Academic Expectations

- Quarter/Semester Grades
 - No F grades
 - Cumulative GPA of 1.75 or higher

Middle School Academic Expectations

- Quarter/Semester Grades
 - No F grades (Ineligible for 5 days)
- Weekly grade checks on Mondays (No F grades)

WIAA Eligibility

- Parent and Athlete Signatures:
 - On file before athlete is eligible to participate
- Transfers:
 - Students entering 9th at the beginning of the school year will be eligible.
 - Students entering 10th grade are eligible as long as all criteria are met.
 - Students entering 11th or 12th grade are ineligible to compete at varsity level for one calendar year.
- Home-Schooled students:
 - State law allows privately home-schooled students to be eligible to play on school-sponsored teams.
- Virtual Students:
 - Amherst students taking virtual classes from Tomorrow River School District will be eligible to compete on school-sponsored teams.

Co-Curricular Code

- Parent and Athlete Signature:
 - On file before athlete is eligible to participate.
- Co-Curricular Code
- [https://www.amherst.k12.wi.us/
page/athletic-forms](https://www.amherst.k12.wi.us/page/athletic-forms)

Physicals

- **Valid Sport Physical must be on file in the Athletic Director's office before athlete is eligible to participate/practice or play.**
- **Physicals must be dated 4-1-23 or later**

Concussions

- “When in doubt, sit ‘em out!”
- Coaches will be extremely cautious when dealing with a possible concussion.
- If removed from practice or event due to concussion symptoms, a *MEDICAL DOCTOR* is the only person who can clear an athlete to return to participation.
 - Parent, Coach, or Athletic Trainer CAN NOT “ok” athlete to return to event.

ImPact Testing

- **All Freshman, Juniors and Newcomers to AHS athletics** will take the Baseline test of the *ImPact* test.
 - This is *THEIR* baseline to be measured against their results after experiencing a head trauma.
 - The baseline test and post test will be administered by the Trainer, Jodi Waltenberg.
 - Post test results will be measured against baseline test to determine if athlete will be allowed to re-enter their sport practice.

WIAA Concussion Insurance

- The insurance is the HeadStrong Concussion Insurance Program developed by Dissinger Reed Insurance. The policy costs \$1.50 per athlete. It covers every student-athlete in grades 6-12 while participating in any practice or game sanctioned by the WIAA.
- “Our partnership with the WIAA supports the Dissinger Reed mission of providing concussion insurance to as many young athletes as possible,” Dissinger Reed CEO Christian Reed said. “We are thrilled the state of Wisconsin shares this goal and look forward to a successful partnership.”
- For any claim, the participant’s insurance would first be billed and then the HeadStrong Insurance would act as secondary insurance and assist with unpaid deductibles or co-pays. The maximum benefit is \$25,000 per injury, and there is no deductible per claim.

Concussion Timeline

- Baseline Test (Results valid for 2 years)
- Injury
- Dr. visit(s) and clearance
- 1st: Family insurance will be billed
- 2nd: If any remaining bill, HeadStrong Insurance paperwork will then be submitted.

Sudden Cardiac Arrest

<https://www.wiaawi.org/Portals/0/PDF/Health/Concussion-SuddenCardiacArrest-InfoSheet2022.pdf>

Newly passed bill by State of Wisconsin

~ Wis. Stat. 118.2935 Sudden Cardiac Arrest, Youth Athletic Activities

* *June 30, 2022*

Annually, Youth sports and School districts are required to pass along this newly regulated information to parents and athletes.

COVID Return to Play

- If a student-athlete encounters a positive COVID test result:
 - The student-athlete will be removed from activity for 5 calendar days, and then can return if symptom free.

10 Things that require Zero talent:

1. Being on Time
2. Work ethic
3. Effort
4. Body Language
5. Energy
6. Positive Attitude
7. Passion
8. Being Coachable
9. Doing Extra
10. Being Prepared

6 ways athletes ruin their bodies during their sports season:

- 1: You stop working out
- 2: You play on more than one team
- 3: You ignore recovery
- 4: You neglect your nutrition
- 5: You stay up late at night
- 6: You don't take a break

Medical Services

Community Partnership with Tomorrow River Schools:

Jodi L. Waltenberg MS, LAT, ATC, OPE-C

Email: jodi.waltenberg@aspirus.org

Cell Phone: (715) 347-6722

Athletic Training Lead

Aspirus Sports Medicine Wisconsin

Training room hours:

Posted on whiteboard on Training room door.

Coaches education

- All paid coaches are required to become educated in Concussion management, CPR, First Aid, and AED.
 - These trainings do not make them experts, but if you have a question about your athlete, talk with the coaches to make sure all areas of concerns are expressed.

Amateur Status

A student-athlete must be an amateur in all recognized sports of this association in order to compete in any WIAA sport.

A. A student-athlete may not accept, receive or direct to another, reimbursement in any form of salary, cash (including gift cards) or share of game or season proceeds for athletic accomplishments, such as being on a winning team, being selected for the school varsity team, or being a place winner in an individual tournament, e.g.

B. A student-athlete may receive: a medal, cup, trophy or plaque from the sponsoring organization regardless of cost; school mementos valued not more than \$200; an award valued not more than \$100 retail for participation in an athletic contest in a WIAA recognized sport; and may retain non-school competition apparel worn by the student as part of the team uniform.

C. A student-athlete may not receive compensation or benefit, directly or indirectly, for the use of name, picture, and/or personal appearance, as an athlete because of ability, potential and/or performance as an athlete.

D. A student-athlete may not receive free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for any and all interested students.

E. A student-athlete may not be identified (with or without permission) as an athlete, provide endorsement as an athlete or appear as an athlete in the promotion of a commercial/advertisement and/or profit-making event, item, plan, or service.

F. A student-athlete may not participate in school athletics or in sports activities outside the school under a name other than his/her own name.

Athletic Fees

- High School: \$60 per athlete per sport, student max of \$120, family max of \$180.
- Middle School: \$30 per athlete per sport, student max of \$60, family max of \$180.
- Please feel free to pay your athletic fees online, or make out checks to TRSD.
Thank You!

Athletic Passes

Adult Pass: \$30

Passes are only good at Amherst home events.

Passes are not valid for WIAA Tournament games, i.e., Regionals, Sectionals, or State Tournaments

REGIONAL Prices:

\$6 for WIAA Tournament Games

Sport Schedules

Schedules on websites are current:

<http://www.amherst.k12.wi.us>

(linked to)

www.centralwisconsinconference.org

rSchool:

www.centralwisconsinconference.org

Tutorial

Questions

Contact Information for Coaches

High School Head Coaches

Football	Mark Lusic	mlusic@amherst.k12.wi.us
Volleyball	Kim Beaudoin	bkbeaudoin22@gmail.com
Boys Soccer	Erik Linde	elinde33@gmail.com
Cross Country	Dan Quade	dquade@trccs.org
Cheerleading	Bradlyn Anderson	andebrad@amherst.k12.wi.us
Boys Basketball	Jarrett Davidson	jdavidson@amherst.k12.wi.us
Boys Hockey	Corey Blake	blakehockey1984@gmail.com
Bowling	Brad Cieslewicz	bradc718@yahoo.com
Dance Team	Bradlyn Anderson	andebrad@amherst.k12.wi.us
Girls Basketball	??	
Girls Hockey	Bradley Martinek	martinekb@marshfieldschools.org
Wrestling	Max Villnow	maxvillnow@gmail.com
Baseball	Bill Held	whheld@gmail.com
Boys/Girls T & F	Jennifer Wierzba	jwierzba@amherst.k12.wi.us
Softball	Dale Jastromski	amherstsoftball1@gmail.com
Girls Soccer	Bill Spees	bspees@amherst.k12.wi.us
Golf	Kevin VanderLaan	kvanderlaan@amherst.k12.wi.us

Contact Information for Coaches

Middle School Coaches:

Football	Marc Kenyon	mkenyon52@icloud.com
Volleyball	Becca Dambroski	beccakonkol@yahoo.com
Co-ed Soccer	Jon Wendlandt	jwendlandt@amherst.k12.wi.us
Cross Country	Brian Bednarek	bbednarek@att.net
Boys Basketball	Al Northouse	anorthouse@amherst.k12.wi.us
Bowling	Brad Cieslewicz	bradc718@yahoo.com
Dance	Bradlyn Anderson	andebrad@amherst.k12.wi.us
Girls Basketball	Ron Nelson	rnelson@amherst.k12.wi.us
Wrestling	Joseph Riley	joseph.s.riley@hotmail.com
Baseball:	Andy Lind	alind@Amherst.k12.wi.us
Softball:	Brett Roberts	brett@robertstherapy.com
Track & Field:	Brian Bednarek	bbednarek@att.net

Any Final Questions

***Contact me anytime
at***

amiller@amherst.k12.wi.us

715-824-5521 ext. 1221

*“If everyone is
moving forward
together, then
success takes
care of itself.”*

~Henry Ford

