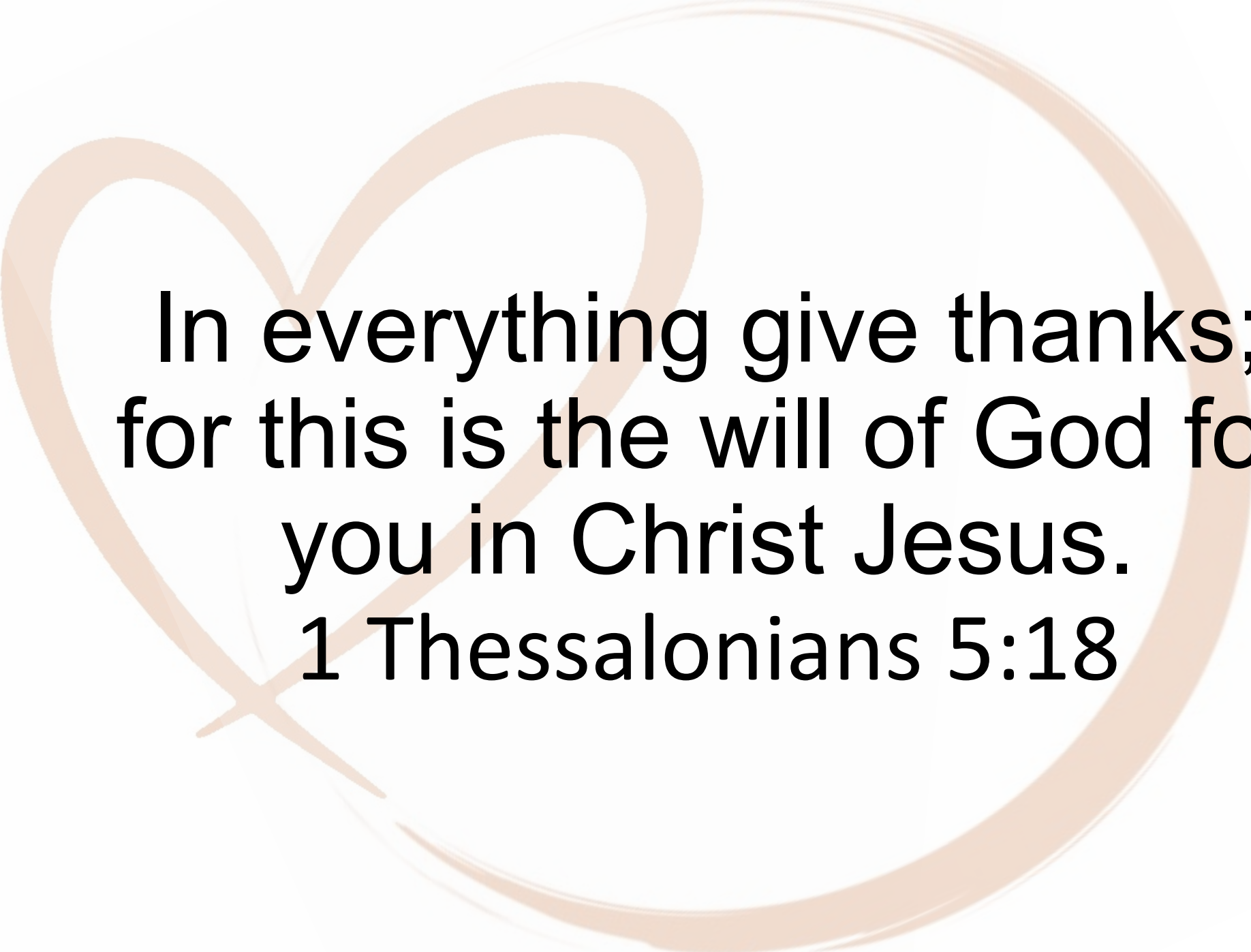




# 5 Steps to a Thankful Heart

Colossians



In everything give thanks;  
for this is the will of God for  
you in Christ Jesus.  
1 Thessalonians 5:18



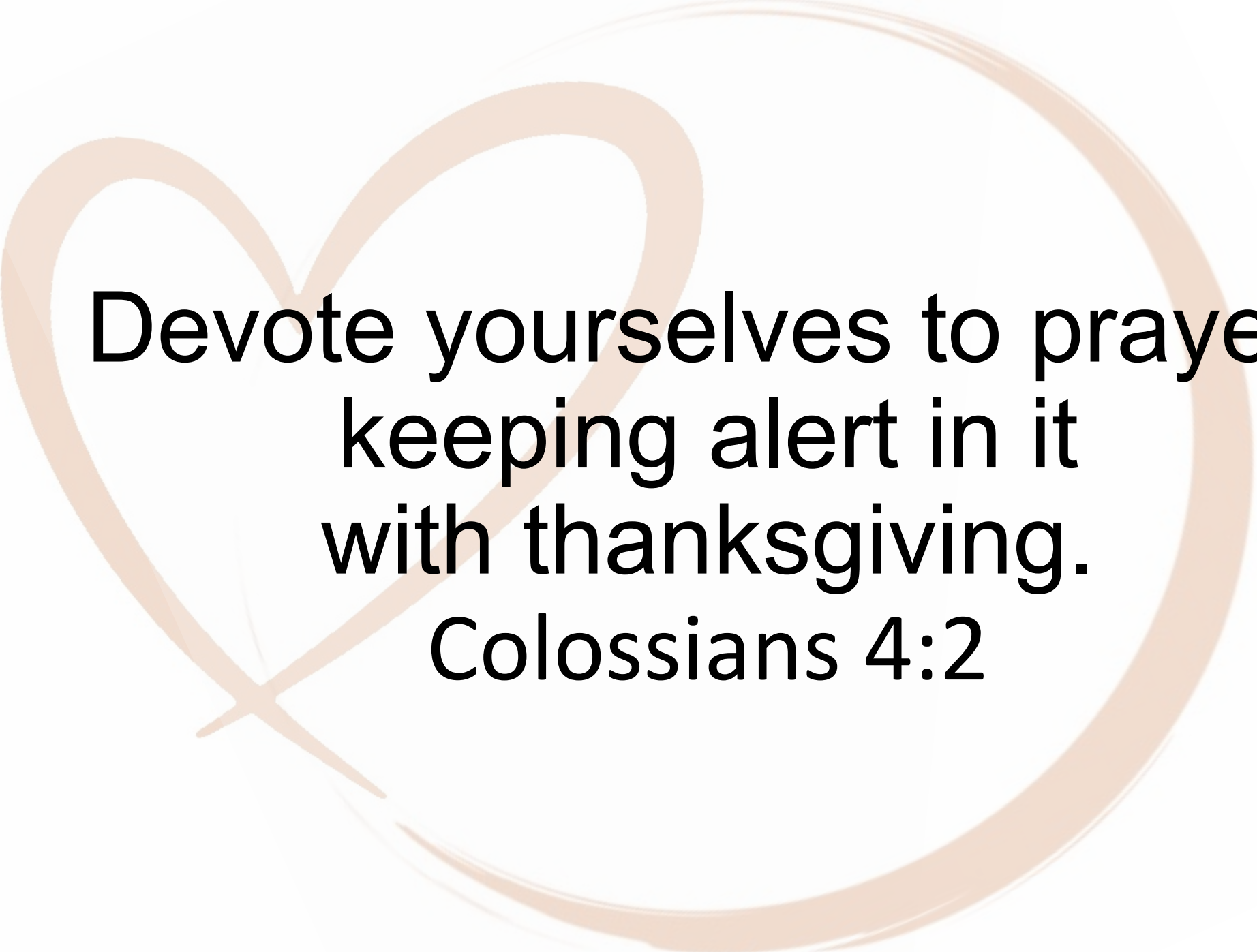


# HOW DO WE GET THERE FROM HERE?



# HOW DO WE GET THERE FROM HERE?

STEP 1 – Decide that what you do will not be determined by how you feel.



**Devote yourselves to prayer,  
keeping alert in it  
with thanksgiving.  
Colossians 4:2**

# HOW DO WE GET THERE FROM HERE?

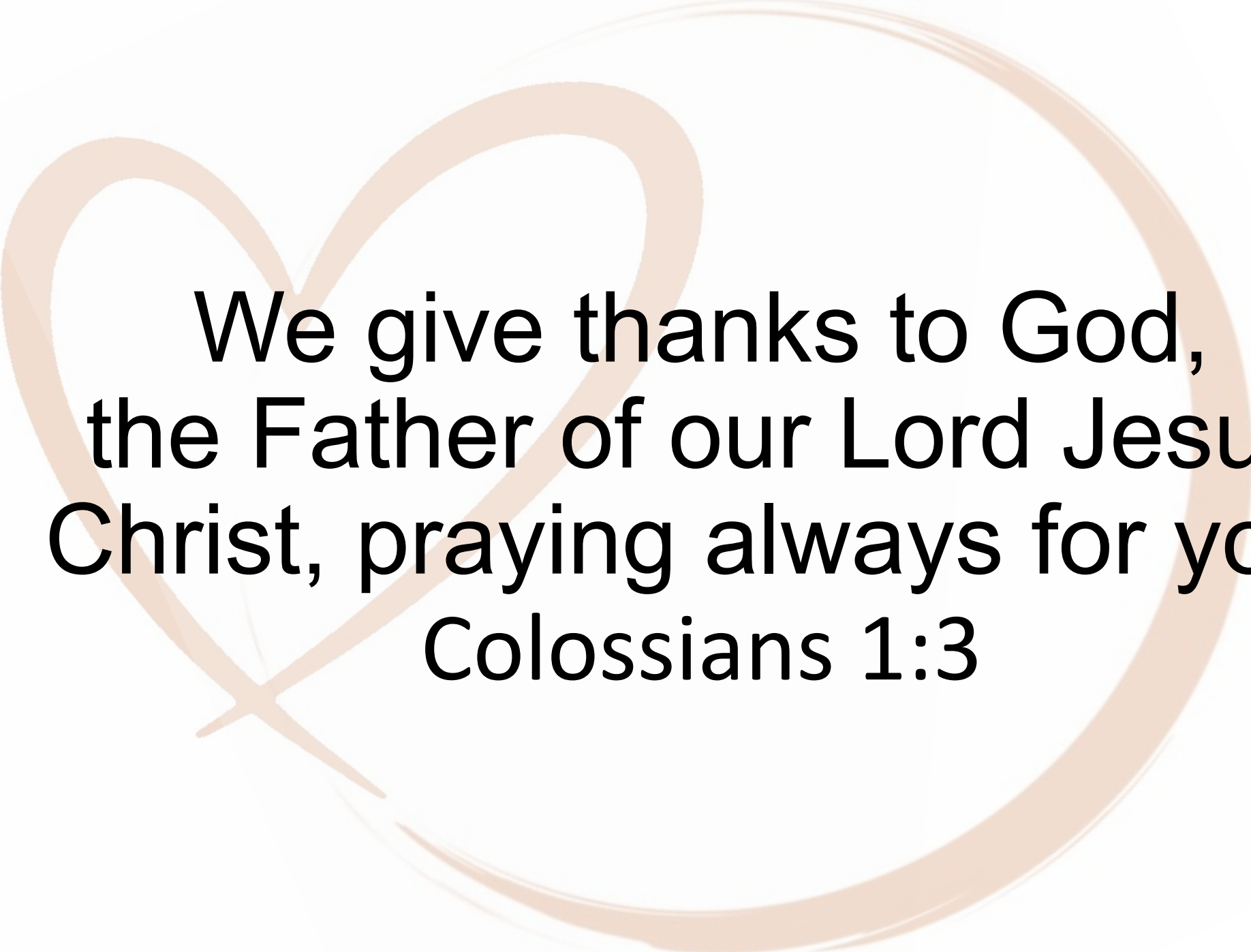
STEP 1 – Decide that what you do will not be determined by how you feel.



# HOW DO WE GET THERE FROM HERE?

STEP 1 – Decide that what you do will not be determined by how you feel.

STEP 2 – Thank God for all the good you've forgotten.



We give thanks to God,  
the Father of our Lord Jesus  
Christ, praying always for you.  
Colossians 1:3

We are “powered with all power according to the might of His glory into all endurance and perseverance with joy thanking the Father Who has enabled us for participation in the inheritance of the saints in the Light. For He rescued us out of the domination of darkness and transferred us to the Kingdom of His beloved Son in Whom we have redemption, the forgiveness of sins.”

Colossians 1:11-14

# HOW DO WE GET THERE FROM HERE?

STEP 1 – Decide that what you do will not be determined by how you feel.

STEP 2 – Thank God for all the good you've forgotten.

STEP 3 – Thank God for all the good you've ignored or taken for granted.



...since you received Christ Jesus the Lord, walk in Him having been firmly rooted and being built up in Him and confirmed in faith, just as you were instructed, abounding in gratitude.

Colossians 2:6-7

# HOW DO WE GET THERE FROM HERE?

STEP 1 – Decide that what you do will not be determined by how you feel.

STEP 2 – Thank God for all the good you've forgotten.

STEP 3 – Thank God for all the good you've ignored or taken for granted.

STEP 4 – Thank God for all the good you can do.

Let the word of Christ dwell in you richly,  
with all wisdom, teaching and admonishing  
one another with psalms, hymns, and  
spiritual songs, singing  
with thankfulness in your hearts to God.

Whatever you do in word or deed,  
do everything in the name of the Lord  
Jesus, giving thanks through Him  
to God the Father.

Colossians 3:16-17



# HOW DO WE GET THERE FROM HERE?

STEP 1 – Decide that what you do will not be determined by how you feel.

STEP 2 – Thank God for all the good you've forgotten.

STEP 3 – Thank God for all the good you've ignored or taken for granted.

STEP 4 – Thank God for all the good you can do.

STEP 5 – Give your heart to God.

...as the chosen of God, holy and beloved, put  
on a heart of compassion, kindness, humility,  
gentleness, patience; enduring one another,  
and forgiving each other, whoever has a  
complaint against anyone;  
just as the Lord forgave you, so also you.  
Beyond all these things love, which is the perfect  
bond. The peace of Christ will govern  
in your hearts,  
to which indeed you were called into one body.  
And come to be thankful.

Colossians 3:12-15

# 5 STEPS TO A THANKFUL HEART

STEP 1 – Decide that what you do will not be determined by how you feel.

STEP 2 – Thank God for all the good you've forgotten.

STEP 3 – Thank God for all the good you've ignored or taken for granted.

STEP 4 – Thank God for all the good you can do.

STEP 5 – Give your heart to God.

**NEW DOXOLOGY** Thomas Ken, Thomas Miller, Integrity's Praise! Music ccli#5075025

Praise God from Whom all blessings flow.

Praise Him, all creatures here below.

Praise Him above, ye heavenly hosts.

Praise Father, Son, and Holy Ghost.

Praise God! Praise God! Praise God Who saved my soul.

Praise God! Praise God! Praise God from Whom all blessings flow.