



## Abby Sanders: The Ultimate Real- Estate Experience

I cannot believe that these last two weeks have flown by so fast. I have learned so much in this experience and most of it I had no clue was even part of real estate. Not only have I learned just about the profession but I have also made a lot of connections along the way. This experience was a once and a lifetime opportunity and if someone asked if I would do it again my answer would be yes a million times over.





## Thijs Larson: Cardiology Shadowing: Lab and Clinical

As I look back on my Capstone experience, I filled with immense gratitude. Gratitude for all the experiences and skills that I have gained.

I believe this experience was a great milestone in my path to pursuing science and fantastic way to apply all of the knowledge I have gained throughout my time at Minnetonka High School.



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Heart Institute

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UNIVERSITY OF MINNESOTA



## Alex Kisch: Law Study

This experience has been invaluable as I have learned so much more about the practice of law which is making me reconsider what I want to study in college. I am very thankful that Minnetonka Capstone has allowed me to have this experience which will help shape the rest of my life.





## Astrid Linden: American Refugee Committee

I am beyond thankful for this amazing Capstone experience here at American Refugee Committee (ARC). As I continue on along my journey in studying and working to promote Human Rights, my time here at ARC has shown me just how emotionally and passionately tied I am to this field.



## Julia Patterson: Life As an Elementary Teacher

I've grown a lot through this experience by realizing that teaching takes a lot of time and dedication. I know though that from this experience, I'm going to be an elementary teacher. I can't express it with words that well, but I just have this love for these little kids and I just want to help them grow and reach their highest potential.





# Hannah Littler: Physical vs. Occupational Therapy

Being a part of the Capstone program has been extremely rewarding and I feel lucky to have the privilege of shadowing a professional in a career I would like to pursue. I feel like I have learned so much more about occupational therapy and physical therapy than I expected to learn coming into the program. I was a little bit undecided at the beginning of Capstone about what career field I would choose between OT and PT, but I definitely think I would love pediatric OT.

Through the opportunity of participating in the Capstone Program, I have gained a greater love of working with children and gained so many experiences that I will truly never forget.





## Cal McNabb: Biomedical Engineering Internship

I cannot believe that today is my last day of Capstone, and also my last day of high school! But I cannot think of a better or more fitting way to end my high school and Capstone adventure than by what I did today. I spent my entire day today prepping and cleaning pig intestines for the Capstone fair next week

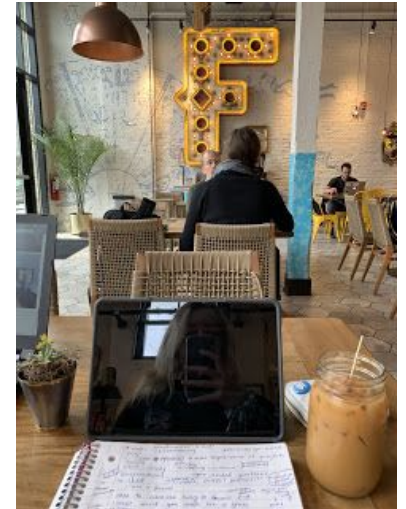
This is such a rare opportunity, almost all the adults I talked to were so shocked that I was just a senior in high school, and they all thought this was an excellent program. So please consider doing this program, Minnetonka students are so fortunate to have it, as it can only help you in the end.



# Sophia Scott: Target Product Design and Development Project



My Capstone Project has been one of the most inspiring experiences in my life so far. I felt as though I was immersed into a new world filled with creativity, independence, and opportunity. I feel as though I have personally grown so much and that I have learned how to turn something I am passionate about into something that can benefit other people and make the world the best that it can be.





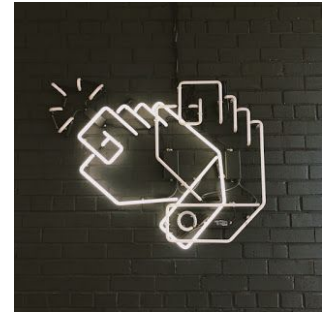


## Emma Ostrom: Creative Agency Comparison

I learned so much about myself during Capstone. I didn't just learn that I did not want to be a graphic designer at the agencies, I learned that architecture and advertising actually have a lot of similarities, and a lot of skills can be applied to both.

So in the end, Capstone allowed me to decide what I **don't** want to do but also what I **do** want to do.

What's next? Pre-ordering value packs of redbull for architecture school. The minute after leaving JDD (James Dayton Design), I said "Yeah, I want to do that" and emailed Miami University asking how to change my intended major within the School of Creative Arts.





## Issy Pagano: Judge Quam Job Shadow

Capstone has provided me with the opportunity to meet and work with such incredible and insightful people. In just two weeks I have grown so close to Judge Quam, Jess, Paul and of course, my fellow group members. I do not think there is a day that went by where I had not both, learned something new and been pushed out of my comfort zone.





# Phillip Daniels: Video Game Design

Throughout the last two weeks, I have had such a unique opportunity to take a stronger hold of my future. I chose to participate in the Capstone project because of how interested I was in the video game industry as a possible career path. I can gladly say I do not regret making the choice to join 2019 Capstone.



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# Diego Nuñez: Food Science



Capstone has allowed me the opportunity to explore what I can do for my future. I got a chance to see the jobs of product developers, fundamental researchers, chemists, salespeople, marketers, engineers, and labelers. I learned the different majors people come from, what paths they took, the jobs they previously held, and the advice that they had for me.

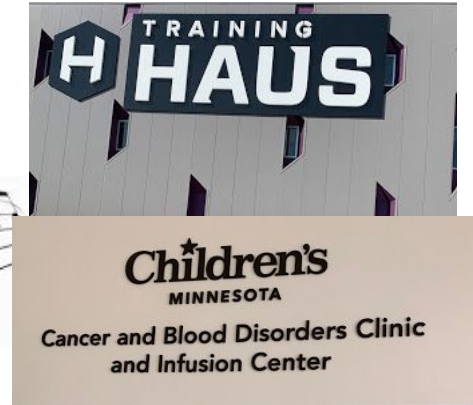
Coming forward from this project, I have a better idea of the career path I want to take.



# Micayla Torres: Experience with Medical Professionals



I am so thankful for having been able to participate in Capstone. I have had such an amazing experience and I learned so much about all kinds of different medical fields. I think the most valuable part of this whole experience is that I now have a better idea of the field of study that I want to go into and what my future could look like after college. Throughout this experience, I have grown so much in my understanding of nursing and all it entails.



# Jack Mingus: GFS Capstone Greenhouse and Aquaponics

Reflecting on the whole experience, I was super happy that I was able to participate in it. I was able to learn so much, from knowledge about sustainable food growing methods, to teaching younger students on this subject, to being able to effectively work and communicate with a team and a mentor, and finally, being able to have a completely different last couple week experience to my year! Once again, I'm super thrilled that I was able to be in this experience, and I'd highly recommend it to any senior who wants to do something they are passionate about at the end of their senior year!





## Kait Pederson: Life As an Elementary Teacher

I am honestly so sad this experience is over! It has been so much fun to work in the amazing hands of Lisa Lund and get a great flow of so much amazing knowledge she has. I have absolutely loved getting to know these kids and connecting with them, so it was very bitter sweet to say goodbye this afternoon.

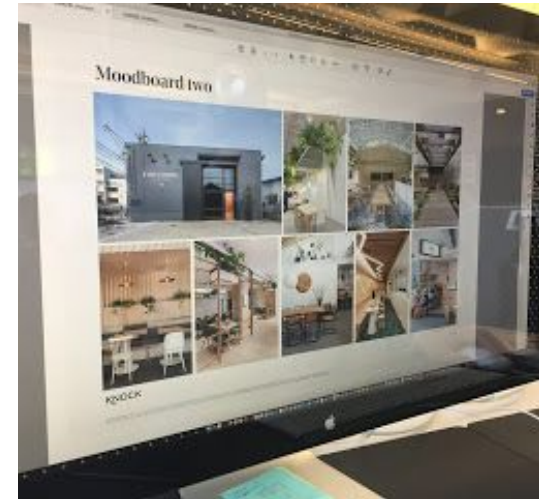
I am so thankful for this Capstone project and all the opportunities that came with it. It provided me with so much information that would have been more difficult to obtain pre college otherwise. I think this program is amazing and I highly recommended for any underclassmen!





## Tasha (Nisita) O'Donnell: Job Shadowing at Treat and Company (Design Firm)

Through this experience I have become very inspired and I feel like I have grown in my curiosity and asking questions. I understand the design process more now and am excited to apply it to my design process as I go forward. I'm definitely keeping a look out for these projects I've become familiar with. I am definitely going to keep in touch and see what new and creative things TREAT is doing. I am so thankful for this experience, I loved it so much!







## Alexis Macuna: Real Estate (Edina Realty)

This experience will have a long lasting impact on my future career. I've been fortunate to make remarkable memories that will last forever.

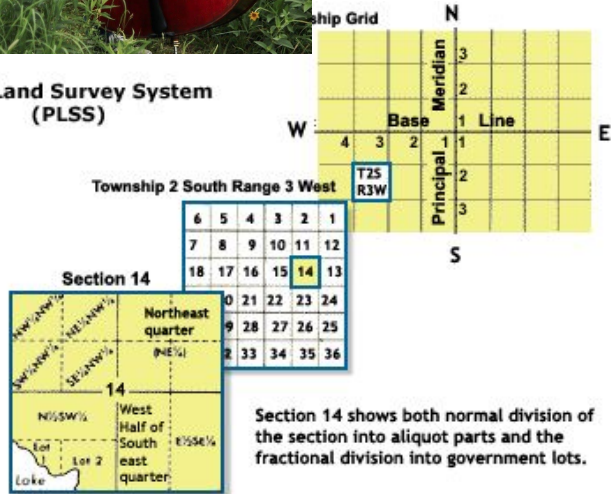




# Curtis Bird: Minnetonka City Planning Internship

My Senior Capstone Experience was extremely beneficial to me because it gave me exposure to a field I was interested in before but knew little about.

Public Land Survey System (PLSS)



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## Annika Muller: Music Therapy

**Wow! This has been such a fun, educative and realistic experience and I have loved every second of it!**



# Jack Estenson: Wells Fargo Capstone Experience



Overall, this whole experience has been great. I have learned so much not only from my mentor, but also from everyone around the whole bank....It's kind of sad to leave as I've created many great connections, but I have applied to be a teller with Wells Fargo and have talked with the district manager about hiring, so hopefully I can continue working with all of these knowledgeable people. This whole Capstone project has really offered me amazing experience, and I hope to apply it in the future!



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Document titled "CURRENT CONSUMER DEPOSIT INTEREST RATES" and "CURRENT CONSUMER DEPOSIT INTEREST RATES". The document contains several tables with columns for "ACCOUNT TYPE", "RATES", and "APPLICABLE". The tables list various deposit products and their corresponding interest rates. The document is a Wells Fargo document.

ACCOUNT TYPE	RATES	APPLICABLE
Checking	0.01%	0.01%
Savings	0.01%	0.01%
Money Market	0.01%	0.01%
CD	0.01%	0.01%
IRA	0.01%	0.01%
529	0.01%	0.01%
529C	0.01%	0.01%
529D	0.01%	0.01%
529E	0.01%	0.01%
529F	0.01%	0.01%
529G	0.01%	0.01%
529H	0.01%	0.01%
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529J	0.01%	0.01%
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## Olivia Antilla: Wildlife Care

This whole experience has been truly amazing. I'm so inspired by the people I was surrounded by in the field and it makes me excited to take environmental classes in college.

I'd like to thank Roberta Ryan and all the staff and interns at Wildlife Science Center for reminding me of my life-long passion in life and sparking my excitement for learning!

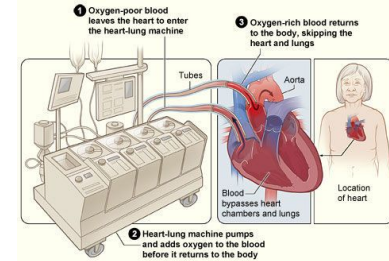
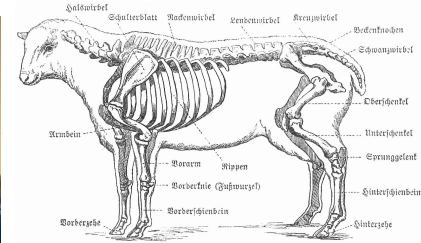
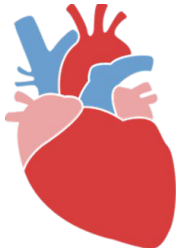




# Kathryn Benovich: Experimental Surgical Services

Working in the lab has overall been an incredible and eye-opening experience for me. Nowhere else could I get the opportunity to be a part of something as incredible as this. How many eighteen-year-olds can say that they held a heart in their hand?

Because of this experience, I saw that I can be in medicine, that I am capable, and that a future in medicine very well could be in the cards for me. After working here these past few weeks of school, I will be continuing on with my work in the lab for this summer and for the foreseeable future. I am so grateful that I was given the opportunity to be a part of this incredible lab.



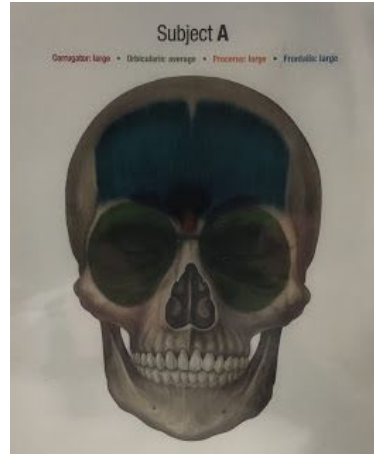
# Alli Bertagnoli: Medi Spa Shadowing



The past two weeks have been such an amazing experience. I learned so much from the ladies and I'm so excited to pursue this career next year. I'm glad I got a good foundation down of understanding all the procedures and products. I also learned so much face anatomy.

Next year I'm going to St. Thomas and they have just started their nursing program. I plan on apply to the program to become an RN and later get my aesthetician certification. Having both of these certifications will allow me to practices everything I observed the past two weeks.

I'm so grateful for the opportunity to shadow Dana and Kara. They have taught me so much that I can use in my future schooling.



# Kiera Birdwell: Walker Art Center Capstone

I had an amazing two weeks, at my favorite place in the world, The Walker Art Center! I felt like I was doing really fun but also fulfilling work that was productive both for the department and for myself and my learning.

There are seriously so many moving parts in a museum and so many different jobs that one person will do, especially in the education and public programs department. I had the privilege of exploring the administrative side, the creative side, the social and networking side, and the logistic sides of public programming and I loved all of them!

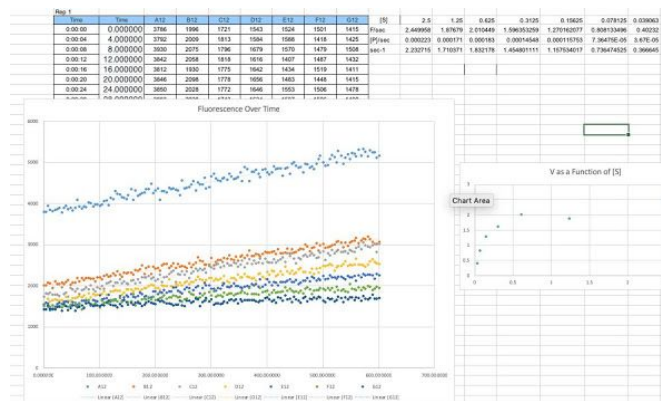
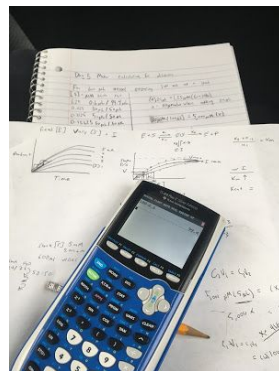






## Viktor Boris: Medicinal Chemistry Shadowing at the Wagner Research Group

I learned a lot about research as a whole and about the Histidine Triad Nucleotide-Binding Protein (HINT 1). Perhaps the most important thing I learned was how important communication is in the scientific community. We spent most of our time conducting lab work, but equally important for the researcher is the attendance of seminars, individual meetings, and other presentations. Science research is a team effort and this aspect of it can only be seen through social functions and observations of the lab space. I can easily say that this is the way I wanted to start my research career and I am very excited to continue learning and discovering.





## Hannah Erickson: Physical Therapy

With the information I have taken from this amazing opportunity, I hope to implement it into my daily life and help me decide for my future career. I have learned so much from just two weeks, but the impact it had of me is worth a lifetime of learning. When deciding for my career, I will be able to look back on this experience and have a great understanding of what the job and know that there are many different types of Physical Therapy I can go into (Hospital, Pediatrics, Outpatient, and more). I am unbelievably grateful for this opportunity and for my mentors at each facility that allowed me to learn more than I ever thought I would in such a short period of time. Overall, an experience I would definitely recommend for upcoming seniors. An experience you will never forget.



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