



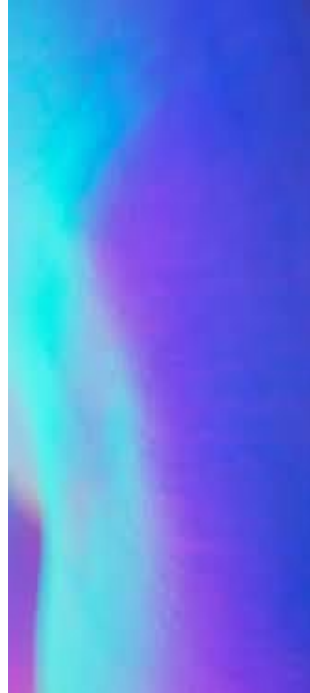
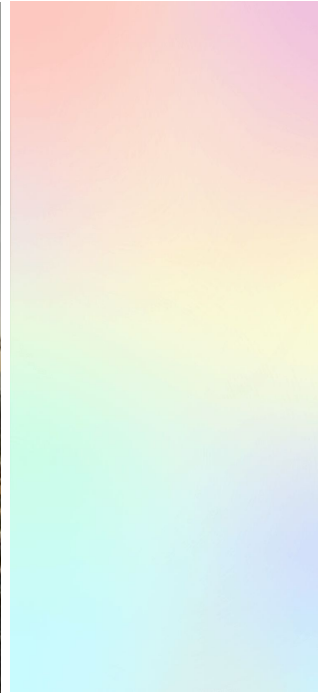
Your Body

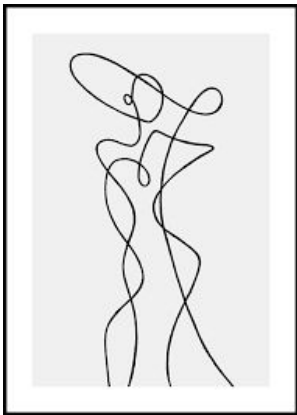
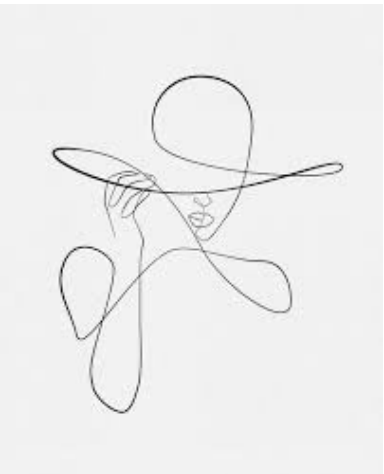
GDC Information Design - Final Project

Group 4

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Colour Scheme





Art Style

Typefaces

- **Convergence**

Animation Style

The background features several abstract, organic shapes. In the top left, there is a large beige shape and a smaller beige circle. In the top right, there is a large teal shape and a smaller teal circle. In the bottom left, there is a large light blue circle. In the bottom right, there is a large beige circle. A thin teal wavy line is on the left side, and a group of horizontal teal lines is on the right side.



Topics:

01

What's Puberty?

02

**Reproductive
System?**

03

Why is it bleeding!?

04

**How are babies
born?**



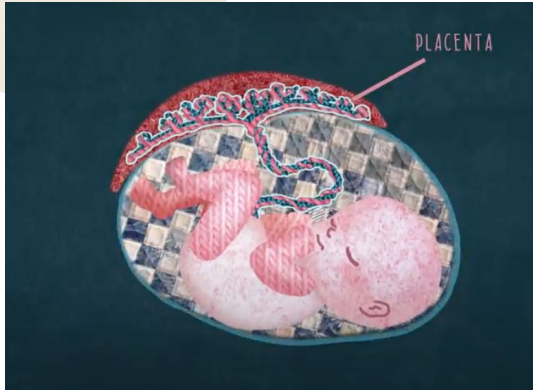
The background features several abstract elements: a large tan circle in the top-left with concentric blue lines; a light blue wavy shape in the top-right with horizontal blue lines; a light blue circle in the center containing the number '01'; and various other light blue and tan shapes and lines scattered across the white background.

01

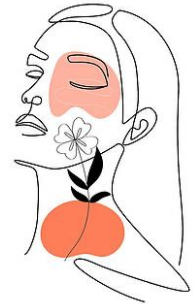
P What's a
Puberty **Puberty?**

What's puberty	<ul style="list-style-type: none">- Process of physical changes to a child's body when it changes and matures into an adult body.
Who experienced this	<ul style="list-style-type: none">- Adolescence
When do we go through puberty?	<ul style="list-style-type: none">- Puberty usually happens when it's preparing their body to have babies. Girl: 8-13 yo. Boy: 10-16 yo.
Where are the changes in the influence of puberty?	<ul style="list-style-type: none">- Outside: Growing hair on areas that never had hair before- Inside: For boys, the body starts to produce sperm. Sperm comes out from the penis in a liquid form called semen. Boys will notice this when they get their first ejaculation, usually involuntarily while they're sleeping.... an experience called wet dreams. For girls you'll start getting your menstruation, also known as period!
How does puberty work?	<ul style="list-style-type: none">- Boys will start to produce semen, and girls will start their menstruation also known as periods.

Puberty Moodboard



BOY	VS	GIRL
11 to 1,1 years old & approximately until 15 or 16.		9-13 Years Old
<ul style="list-style-type: none">• testosterone and other hormones cause physical changes.• The sexual organs start growing and preparing for reproduction.• Increase in height and weight.• Hair grows in the pubic area, the underarms, the face, and the legs.• The vocal chords change, so the voice grows deeper.• Some develop acne.• The reproductive system starts working & they can procreate.		<ul style="list-style-type: none">• Hair growth in underarms & the pubis• Breast development• Ovaries grow larger and start producing hormones.• Menstrual cycles start<ul style="list-style-type: none">• Hips widen• Height and weight increase due to changes in the body's structure• Sweat glands become more active.• Problems with acne may arise.• Mood swings become more frequent due to hormone production.

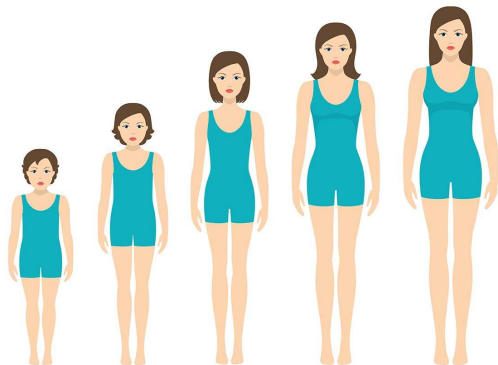


SOURCES:

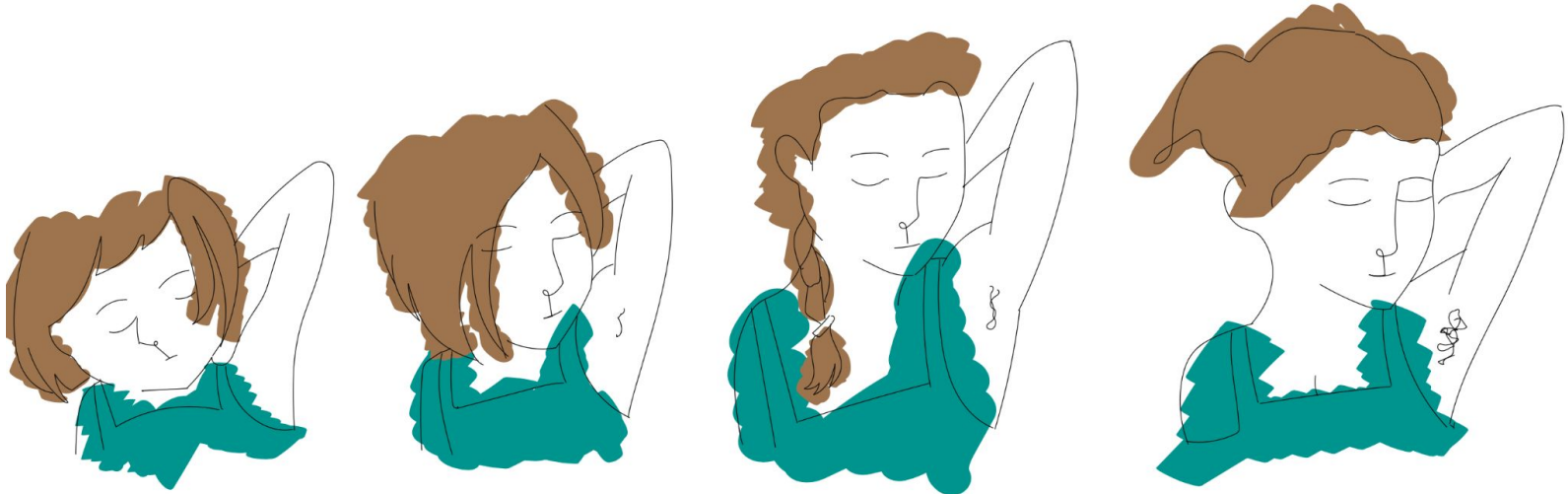
<https://youtu.be/cjbgZwgdY7Q>

<https://images.app.goo.gl/sFLxVyZuoP7RJxcW8>

<https://images.app.goo.gl/QL5of9NpQjaxzUc77>



Puberty Sketch



<https://www.menstrupedia.com/articles/puberty/physical-changes-girls?embed=true>



02

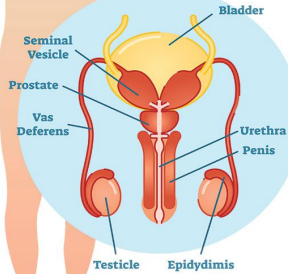
R Reproductiv
Reproductive System **e System?**

What's reproductive system?	<ul style="list-style-type: none">- The reproductive system is a thing that helps you to create new life which are babies.
Boy's reproductive system	<ul style="list-style-type: none">- The male reproductive system includes the testes, seminal ducts, seminal vesicles, prostate and bulbourethral glands, urethra, scrotum, and penis.
Girl's reproductive system	<ul style="list-style-type: none">- The female reproductive system includes the ovaries, uterine tubes (fallopian tubes / oviducts), uterus, vagina, vulva, and breasts.
Where's the reproductive system located?	<ul style="list-style-type: none">- Males and females have different reproductive systems, the female reproductive system is located right inside the body.
How does reproductive system work?	<ul style="list-style-type: none">- The uterus is where your baby grows when you are pregnant. It is also where your period blood comes from.

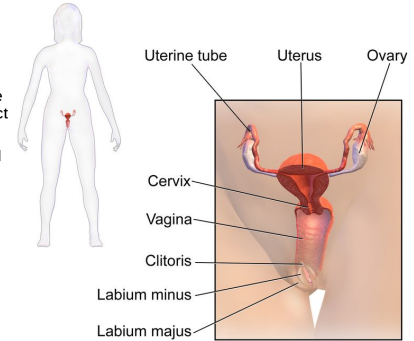
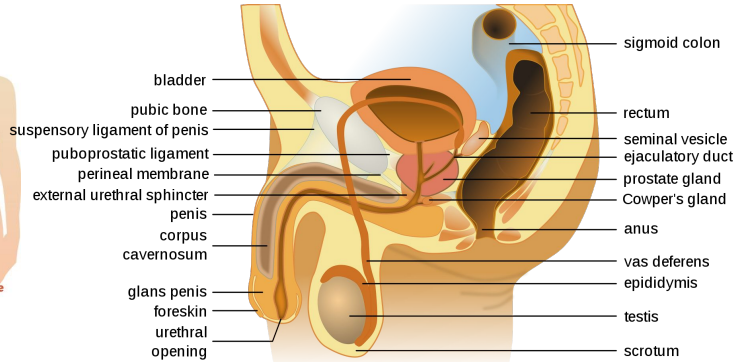
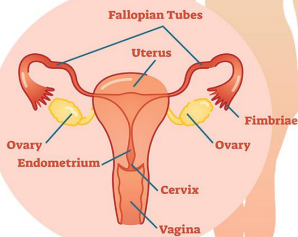
Reproductive System Moodboard

HUMAN REPRODUCTIVE SYSTEM

Male Organs



Female Organs



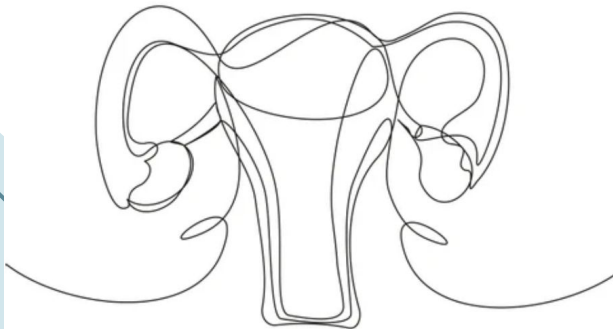
The Female Reproductive System

SOURCES:

https://www.niehs.nih.gov/health/assets/images/reproductive_health_og.jpg

<https://www.shutterstock.com/video/clip-1082929708-self-drawing-female-uterus-one-line-on-white>

https://en.wikipedia.org/wiki/Reproductive_system



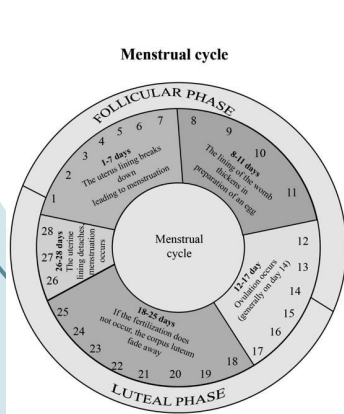
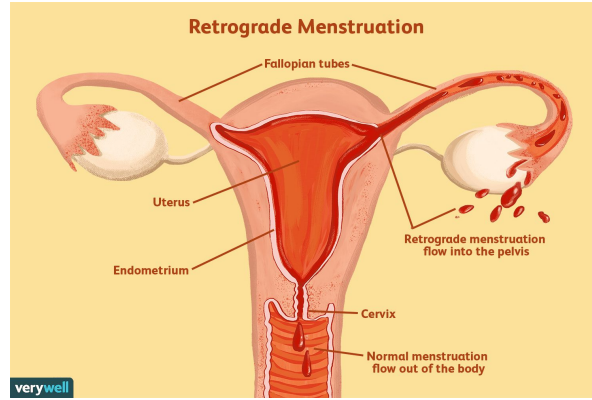
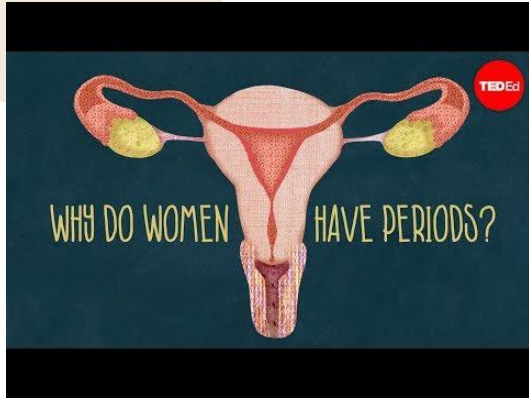


03

M **Why is It**
Menstruation **Bleeding?**

What's menstruation?	<ul style="list-style-type: none">- Menstruation, or period, is normal vaginal bleeding that occurs as part of a woman's monthly cycle.
Who experienced this?	<ul style="list-style-type: none">- Women aged 11-51.
When will we experience menstruation?	<ul style="list-style-type: none">- Every month, last between 3-5 or even 7 days.
Where does menstruation occur?	<ul style="list-style-type: none">- Your egg and the blood lining breaks down and comes out of your uterus to the vagina as blood
Why is it bleeding? Is that okay?	<ul style="list-style-type: none">- Getting your period means you have a healthy reproductive system.
How does menstruation work?	<ul style="list-style-type: none">- Every month (+/- every 28 days), your body prepares for pregnancy. If no pregnancy occurs, the uterus/ womb, sheds its lining. Day 1 of your period cycle is the first day you start to bleed. Usually a woman will bleed for 3 days or up to 10 days

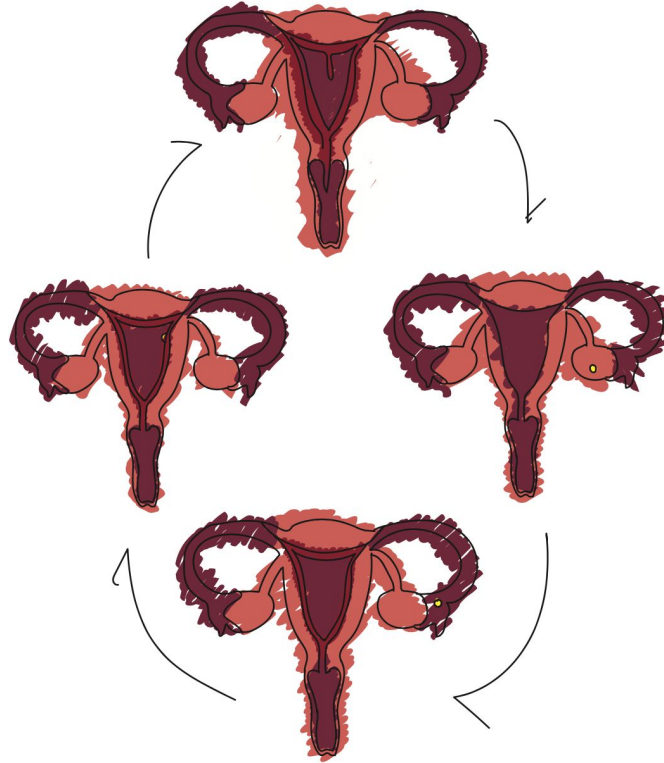
Menstruation Moodboard



SOURCES:

- <https://youtu.be/cjbgZwgdY7Q>
- <https://images.app.goo.gl/zo71ZZossgRZhkTx6>
- <https://images.app.goo.gl/w55npxZsCGTocPYj9>
- <https://images.app.goo.gl/H6fCFjAZ698s7DTh6>
- <https://images.app.goo.gl/NAYis5FAqxnocnLu6>

Menstruation Sketch



<https://www.menstrupedia.com/articles/physiology/cycle-phases>

The background features several abstract elements: a large tan circle in the top left containing concentric blue lines; a light blue circle in the top right with horizontal blue lines; a light blue circle in the bottom left; and a tan circle in the bottom right. There are also several small dark blue dots scattered on the left side.

04

P How do
Pregnancy **Babies Born?**

What's pregnancy?	<ul style="list-style-type: none">- Pregnancy is a stage in a woman's body where babies are developing.
When does pregnancy happen?	<ul style="list-style-type: none">- When a sperm (male's reproductive system) and an egg (female's reproductive system) successfully join together after sex (fertilization), but it doesn't happen right away. Sperm can stay inside you for up to 6 days after sex. Finally, when the fertilized egg successfully attaches itself in the uterus, this is when pregnancy officially begins.
How does pregnancy symptoms occur?	<ul style="list-style-type: none">- Common early signs of pregnancy include headache, nausea, vomiting and mood swings. These signs usually appear during your first and second week of pregnancy. Your baby will grow and stay in your uterus for 9 months, and remember, you won't get your period.
If pregnant...	<ul style="list-style-type: none">- You should schedule your first check-up, especially in the first 6 to 8 weeks of your pregnancy, to help you and your baby stay healthy. Go to any government clinics (RM20 / visit) or other private and free clinics.

Pregnancy Moodboard



SOURCES:

- https://cdn.w600.comps.canstockphoto.com/infographic-of-pregnancy-stages-with-eps-vector_csp64437082.jpg
- <https://youtu.be/OejdOS4lqeE>
- <https://images.app.goo.gl/sQJ8h513TGhjQwQt9>

Pregnancy Sketch



<https://immunifyme.com/blog/early-pregnancy-symptoms/>

References



Thank you!

CREDITS: Diese Präsentationsvorlage wurde von [Slidesgo](#) erstellt, inklusive Icons von [Flaticon](#) und Infografiken & Bilder von [Freepik](#)

<https://slidesgo.com/theme/project-proposal-with-waves#position-7>

What is Puberty?

- Process of physical changes to a child's body when it changes and matures into an adult body.
- Puberty usually happens when it's preparing their body to have babies
- One of the biggest challenges can be, growing hair in places you've never had hair before.
- Boys will start to produce semen, and girls will start their menstruation also known as periods.

Reproductive System?

- The reproductive system helps you create new life which is babies.
- Males and females have different reproductive systems, the female reproductive system is located right inside the body.
- The uterus is where your baby grows when you are pregnant. It is also where your period blood comes from.

Menstruation?

- Menstruation, or period, is normal vaginal bleeding that occurs as part of a woman's monthly cycle. Every month, your body prepares for pregnancy. If no pregnancy occurs, the uterus, or womb, sheds its lining. The menstrual blood is partly blood and partly tissue from inside the uterus.

Periods usually start between age 11 and 14 and continue until menopause (+/- age 51). They usually last from 3 - 5 days. Besides bleeding from the vagina, girls may have:

Abdominal or pelvic cramping pain

Lower back pain

Bloating and sore breasts

Food cravings

Mood swings and irritability

Headache and fatigue

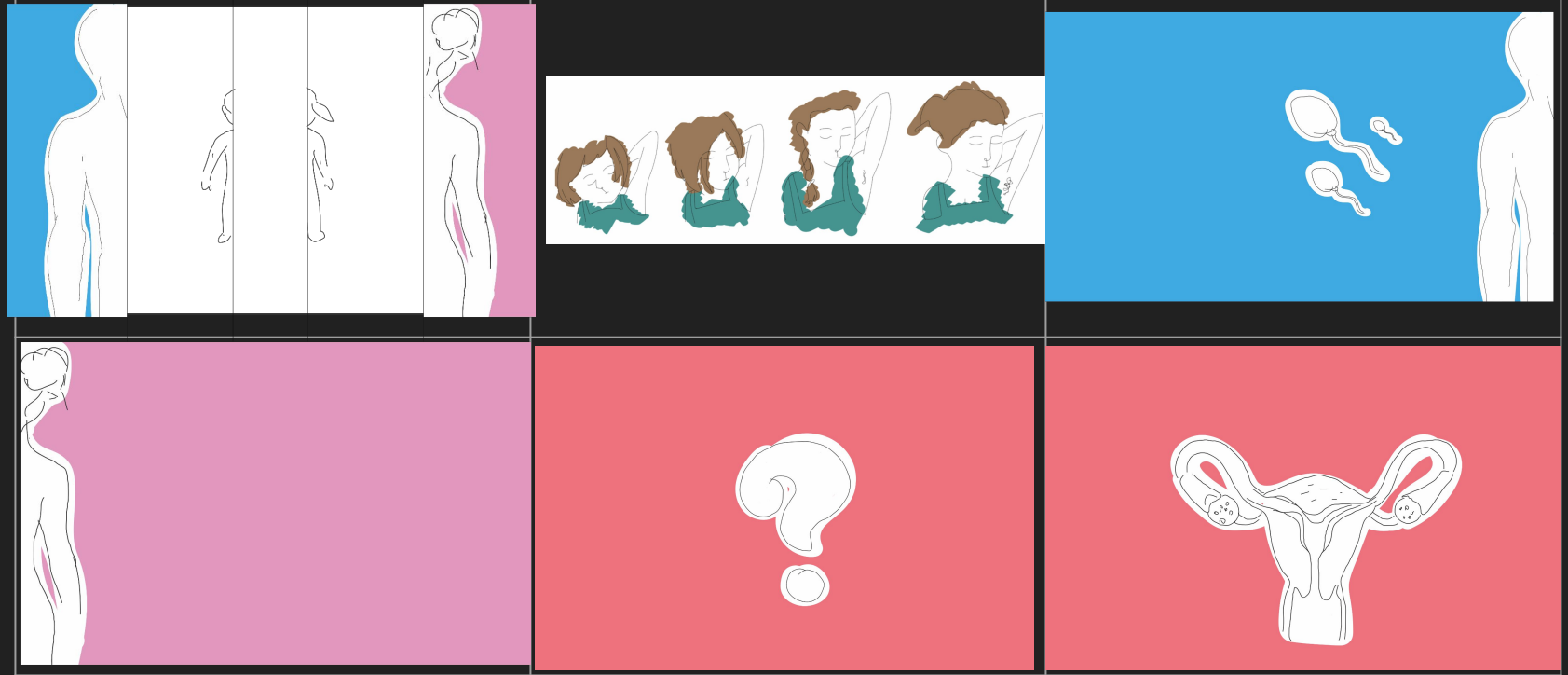
<https://medlineplus.gov/menstruation.html>

Pregnancy?








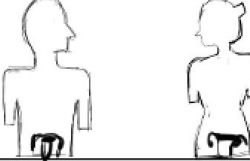


Pregnancy is a stage in a woman's body where babies are developing. The stage occurs for 9 months and divided into three semesters. It can causes some symptoms like headache, nausea, vomiting and mood swings.

STORYBOARD

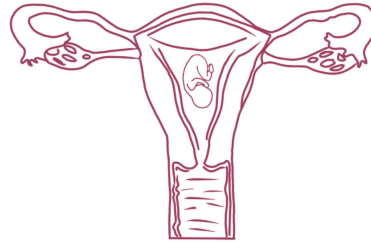
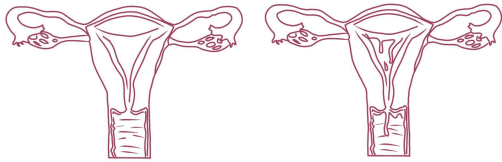
A. Hussain (1 to 3)



B. Jia Xuan (4 to 6)

SO WHAT IS PERIOD	Respiratory System 	Urinary System 
3A	3B	3B
Digestive System 	Reproductive System 	 Animate
3B	3B	3C
 Animate	 Animate	
3C	3C	4A
	 Animate	5A
4A		

C. Devina (7 to 9)



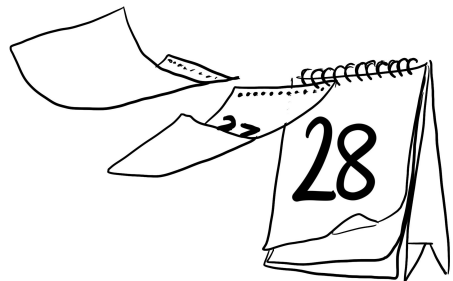
6A (eggs from ovary)
& 7A (period)

8A (baby in uterus, no period)

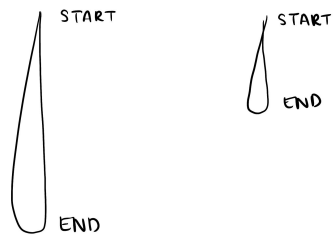
9A (period is healthy)

D. Abigail (10 to 12)

10A



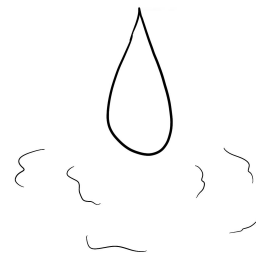
10B



10B

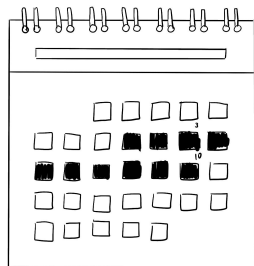
10B

11A



11A

11B



11C

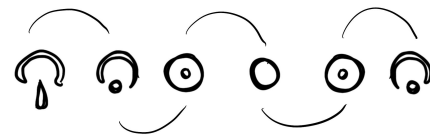


11A

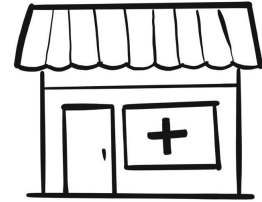
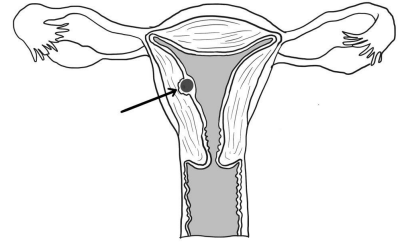
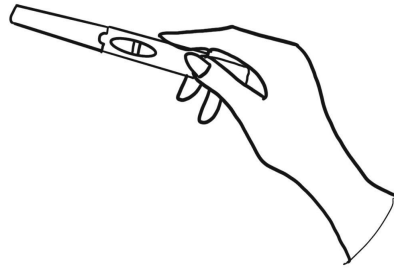
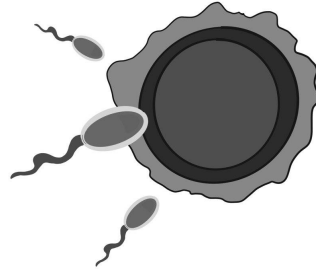
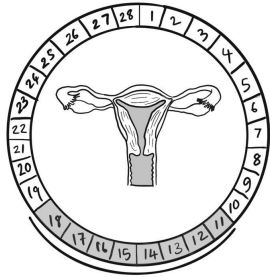
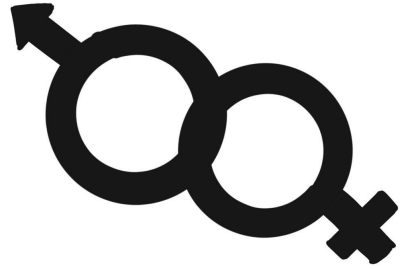
11B

11C

12A



E. Lene (13 to 14)



F. Metta (15 to 17)

