

Kindergarten Sight Words with Brain Boosters



By Greater Richmond Fit4Kids

www.grfit4kids.org

A word will appear on the screen.

When you know it, call it out.

If an exercise shows up, do it quietly.



the

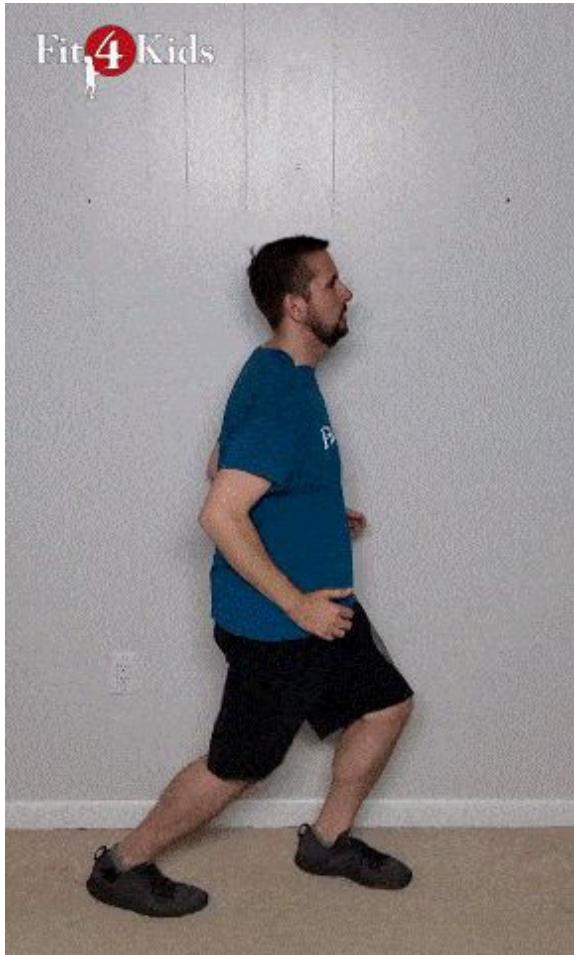


my



is





Scissor Kicks

or

DANCE PARTY



on



like



I





or

DANCE PARTY



Cross Crawls

am

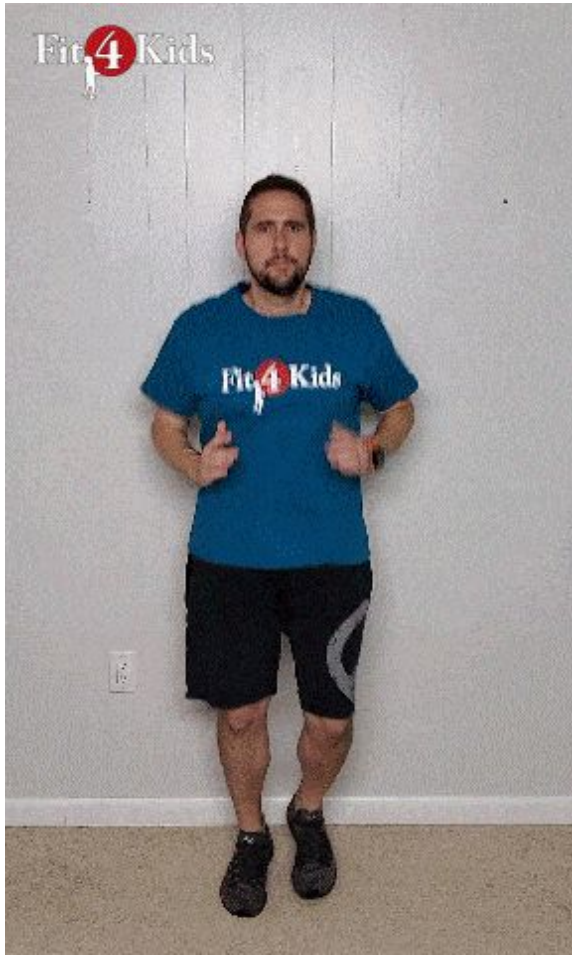


at



go





Jog in Place

or

DANCE PARTY



look

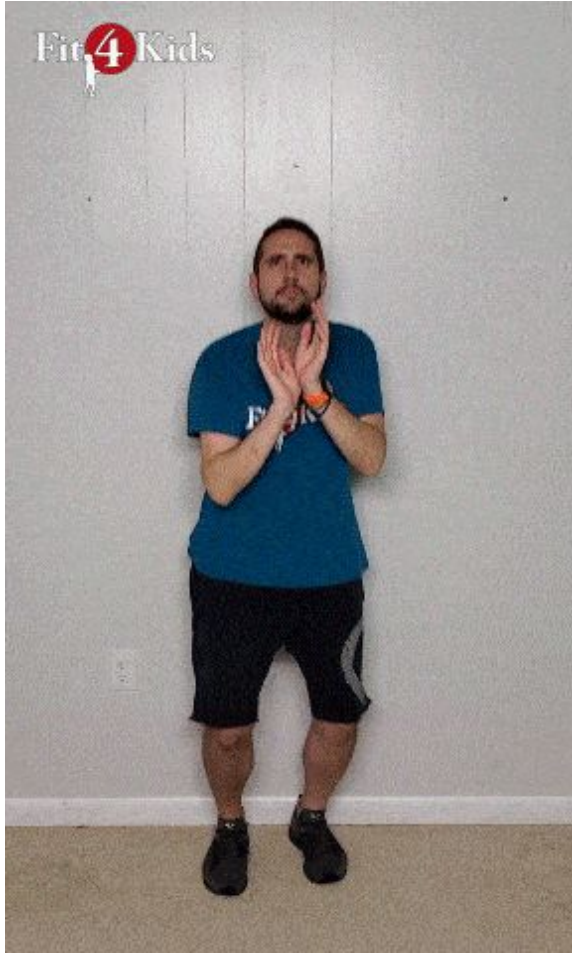


can



and





or

DANCE PARTY



Basketball Shots

you

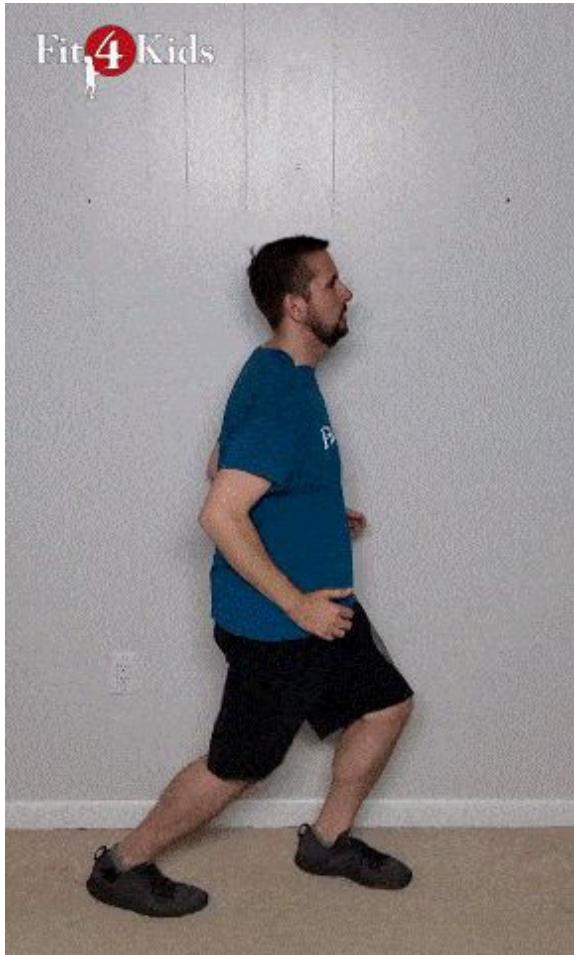


I



a





or

DANCE PARTY



Scissor Kicks

had



is



in





or

DANCE PARTY



Cross Crawls

can

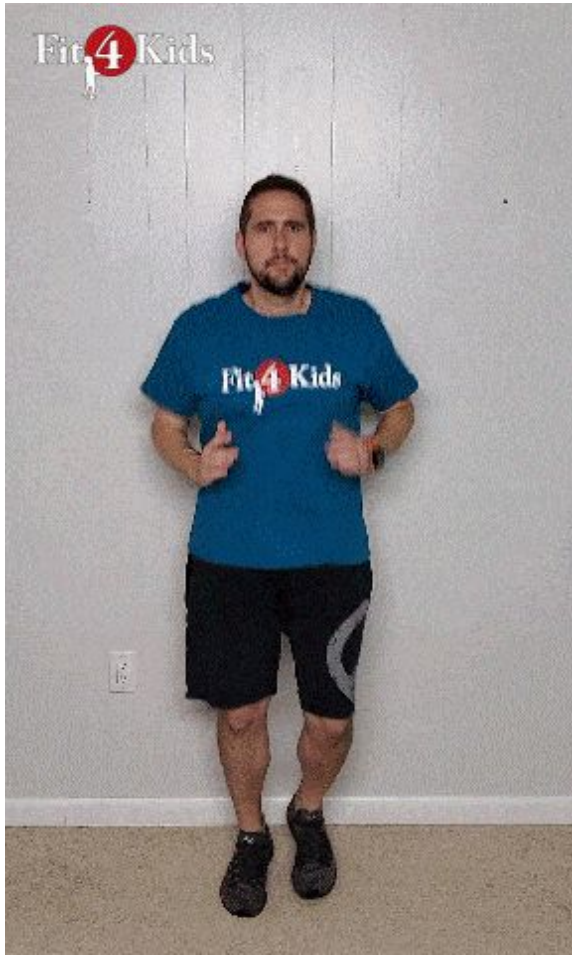


to



like





Jog in Place

or

DANCE PARTY

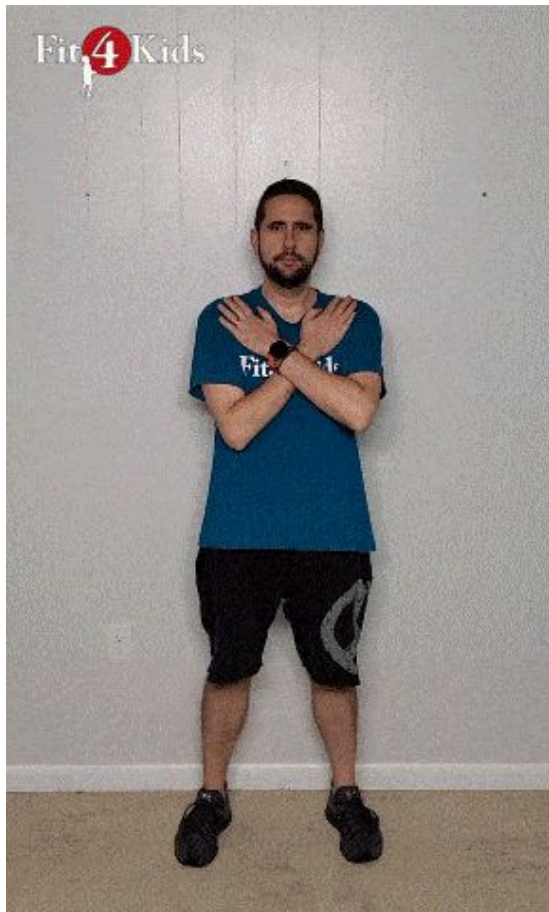


mom

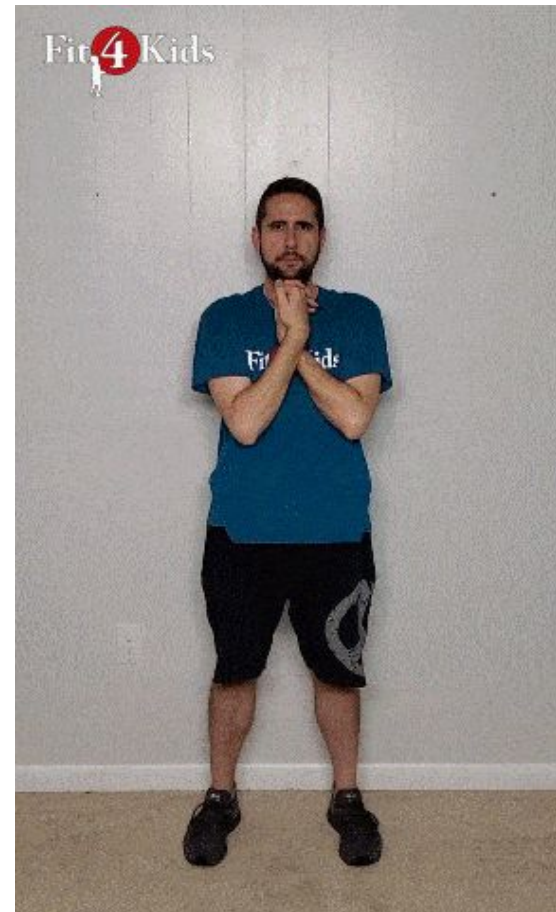


to





Mummy



Pretzel

