# Welcome!



GBM #1 - 9/18/2024

## **Today's Meeting Objectives**

- Introducing the E-board
- Getting to know each other/icebreaker
- Collective goals for this semester
- Future meeting topics
- Member form
- Graduation cord incentive
- How to contact us

## Introducing Your Fall 2024 E-Board Officers!

## President

**Emma Moser** 



- Year: Senior
- Major: Biological Sciences
  - Pathway: Pre-Physical Therapy
- Experience with PT:
  - Physical therapy technician for over 2 years Shadowed UMBC's athletic trainers and PTs

  - Shadowed pelvic floor PT and in-patient pediatric PT
- Fun Fact: I have a twin sister and a Scottish Terrier named Daisy Mae

## Vice President

Aishwarya T



- ♦ Year: Senior
- Major: Psychology
  - Pathway: Pre-Physical Therapy
- ♦ Experience with PT:
  - Shadowed an outpatient PT
  - Physical Therapy Technician
- ⇒ <u>Fun Fact</u>:

## Treasurer

Sarah E



- ♦ Year: Junior
- Major: Psychology
  - Pathway: Pre-PT
- ♦ Experience with PT:
  - Shadowed at an outpatient clinic
- ♦ Fun Fact: My favorite color is blue

## Secretary

**Mandy Tran** 



- ♦ Year: Senior
- Major: Psychology
  - Pathway: Pre-PT
- ♦ Experience with PT:
  - Currently a PT Technician
  - Shadowed inpatient, outpatient, and pediatric PT
- Fun Fact: I love traveling and my favorite place so far was Italy



## Icebreaker: A Rose and a Thorn

- Name
- Pronouns (if you feel comfortable!)
- Year
- Major
- One good thing that's happened this week and one thing that hasn't quite gone your way

### **Goals for the Semester**

- Increase student awareness about the Pre-PT Society and high-demand vocations in physical therapy
- 2. Expand our outreach to all students who may be curious about pursuing careers in the medical field/healthcare
- 3. Promote the Pre-PT Society as a credible source of information and potential internship connections, as well as a great way to meet others with similar interests
- 4. Prioritize covering the material that *you*, our members, want to know more about
- 5. Create and produce club merchandise for members
- 6. Have fun and learn something new during each meeting!

## **Future Meeting Topics**

#### General Knowledge

- What is Physical Therapy? (physical therapy subspecialties)
- Inpatient v.s. Outpatient (differences, similarities, and importance of each)
- General PT Terminology and Abbreviations
- Salary and Career Growth Potential (varies by practice location and specialty)

#### **Planning Ahead**

- Local internship opportunities and available tech positions (PT technician job description)
- Common DPT school application requirements (letters of rec., observation hours, course requirements, GPA, GRE scores, etc.)
- What is the GRE? (debunking myths, studying suggestions, practice problems, and more)

## **Member Form**

Please take a few minutes to fill out this form:



## Graduation Cord Incentive

- The Pre-PT Society will be distributing graduation cords to all members who attend a certain number of GBMs between now and their graduation date
  - Freshmen/1st years: **21** GBMs
  - Sophomores/2nd years: 14 GBMs
  - Juniors/3rd years: 7 GBMs
  - Seniors/4th years: 4 GBMs
    - Individual exceptions can be made for students graduating in December
  - We conduct 4-5 GBMs per semester. We're only requiring you to attend an average of 2-3 meetings per semester to earn a graduation cord, so there is built-in flexibility to mitigate any future scheduling conflicts.

### **Contact Information**

- O Instagram: umbcppts
  - We'll post about club events, GBM dates, fundraisers, and internship opportunities throughout the semester.
- **Email**: umbcppts@gmail.com
- **Website**: https://my3.my.umbc.edu/groups/prept
  - This is where you can find links to our GroupeMe and Instagram, as well as updates on future meetings and upcoming events.
- **GroupMe**:

We'll use GroupMe to send out GBM date, time, and location reminders. You can also send any general questions in the chat, and take part in polls about which meeting topics you want us to cover next!



# Questions?

Feel free to message us on GroupMe with any questions, concerns, or suggestions for the club!