



"There's food...  
it's just not  
real food: inside  
America's  
hunger capital".



## **Our Hungry Planet: Food for a Growing Population**

### **Unit 3: Exploring the Impacts of Feeding the World**



## In This Lesson

You will explore how too much food and too few food options are both important issues that need our attention.

You will interpret maps to try to identify food deserts in America.

# **Essential Question (which you should be able to answer at the end of this lesson)**

**What factors limit or influence the types of foods that people can buy or eat?**

What do you  
understand by  
the term a “**food**  
**desert**”?



Students, write your response!

# **Food Deserts**

People living in a ‘food desert’ generally don’t have easy access to fresh, healthy, and affordable foods. Some parts of the cities don’t have grocery stores or farmer’s markets, and people have to buy food from small convenience stores or fast food restaurants—the only places to buy food in their neighbourhood.



# Video Discussion Question

In the 'food deserts' of Memphis, Tennessee, dominated by fast food outlets and convenience stores, locals lack what seems a basic human right in the richer half of the city: a supermarket.

With a big gap in life expectancy, are these Americans doomed to die younger than their neighbours – or can they fight for their right to nutrition?



Students, write your response!

# Locate

## Legend

🚩 San Francisco



📍 Memphis



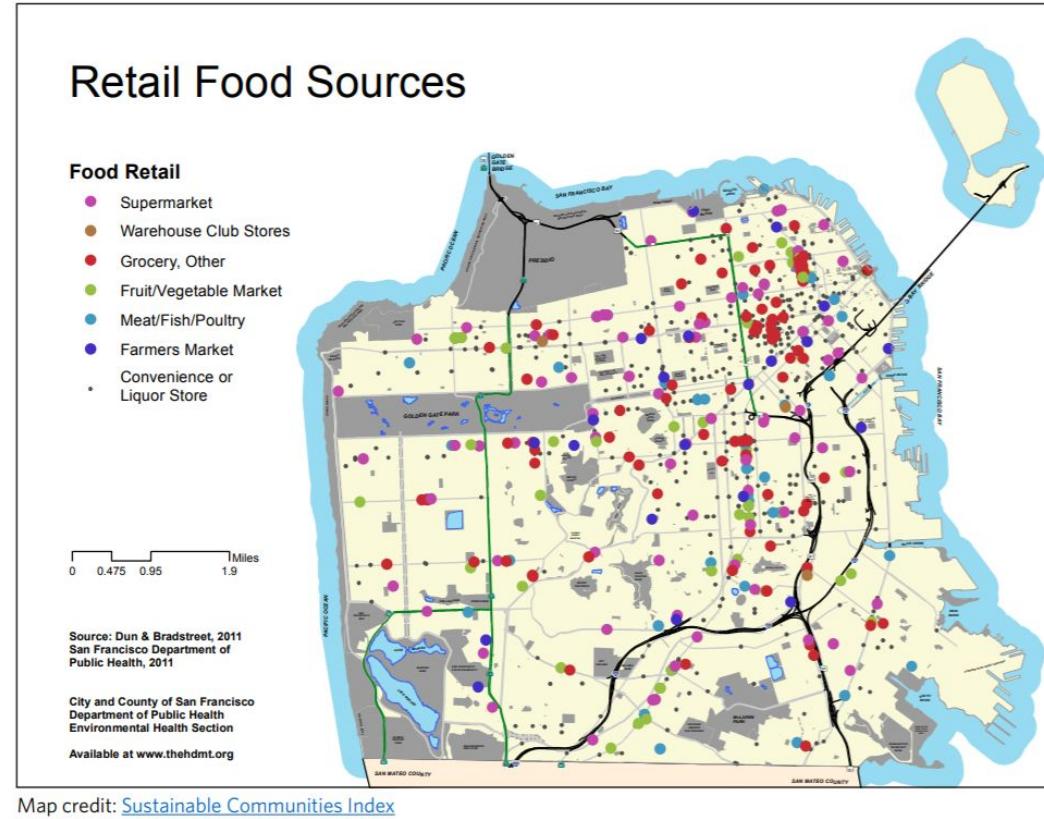
Students, drag the icons!



# Food Deserts

Take a few minutes to study the two maps of San Francisco on the following slides. What information do the maps show?

# What information does the map show?



Students, write your response!

Look at the cluster of food sources in the yellow circle which is a 4 mile radius

If you live within the orange circle food sources are far more limited but slightly varied

If you live within the red circle food sources are far more limited in number & variety

## Retail Food Sources

### Food Retail

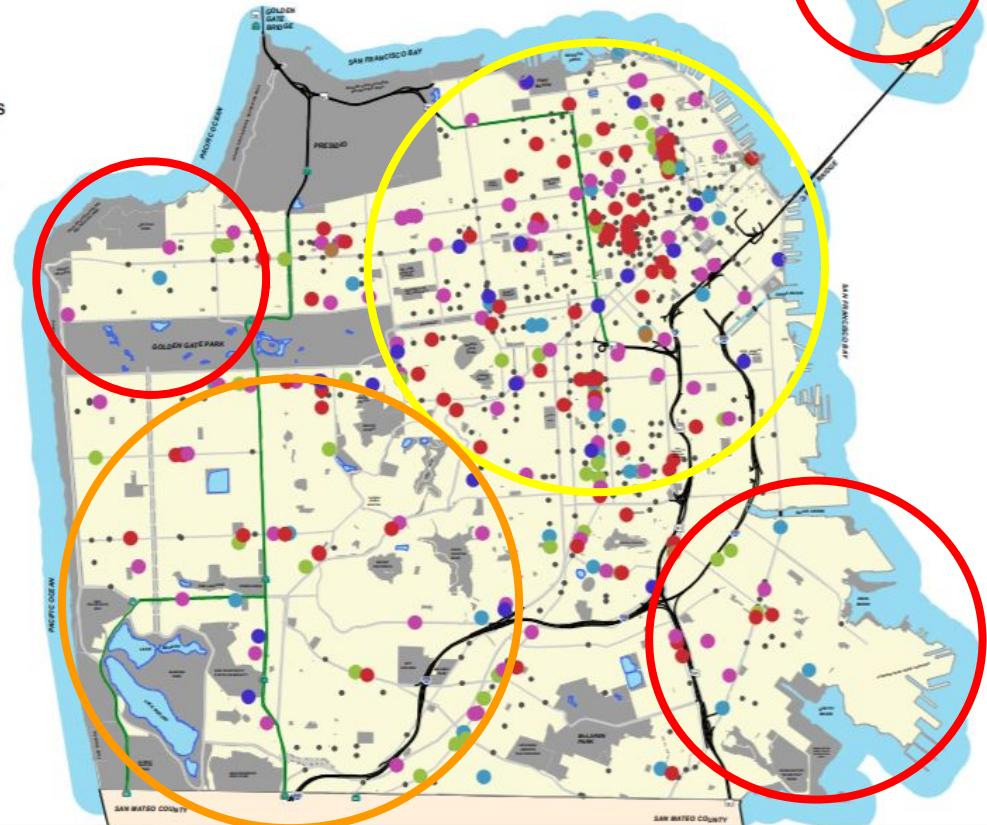
- Supermarket
- Warehouse Club Stores
- Grocery, Other
- Fruit/Vegetable Market
- Meat/Fish/Poultry
- Farmers Market
- Convenience or Liquor Store

0 0.475 0.95 1.9 Miles

Source: Dun & Bradstreet, 2011  
San Francisco Department of Public Health, 2011

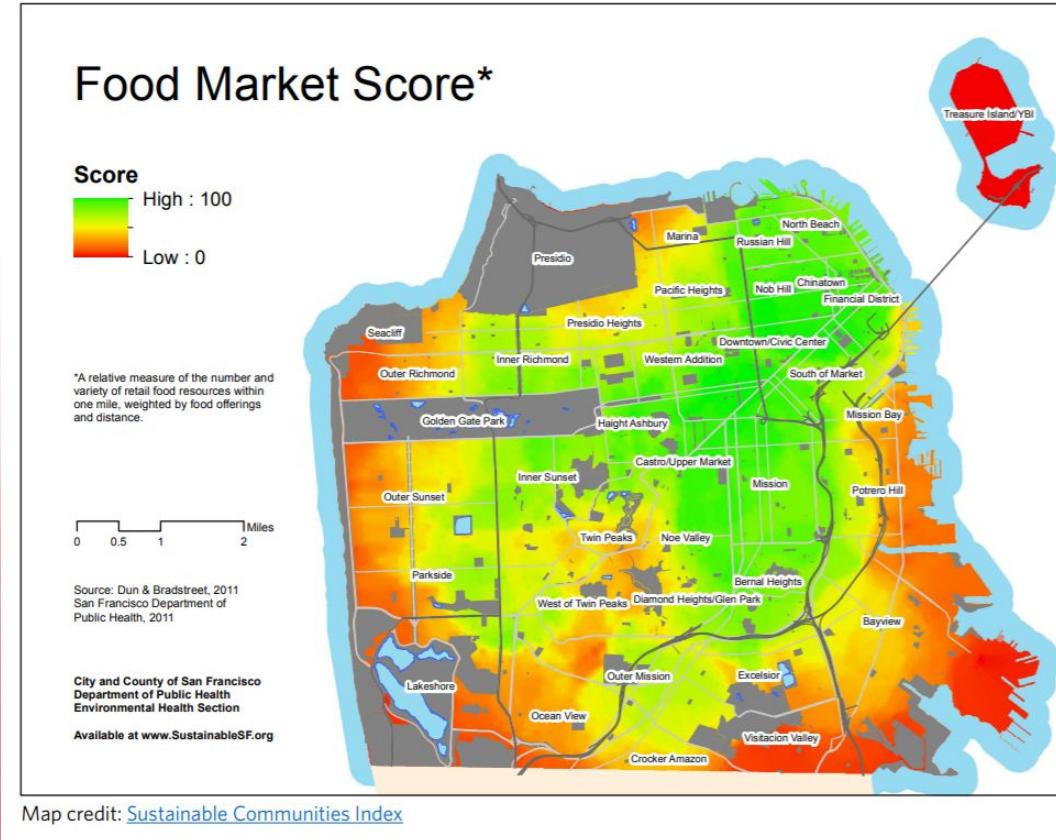
City and County of San Francisco Department of Public Health Environmental Health Section

Available at [www.thehdmt.org](http://www.thehdmt.org)



Map credit: Sustainable Communities Index

# What information does the map show?

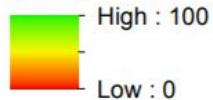


Students, write your response!

The green oval shows the highest concentration of the number and variety food markets so the residents in this area will have access to a better range of foods and better chances of a healthier diet

## Food Market Score\*

Score



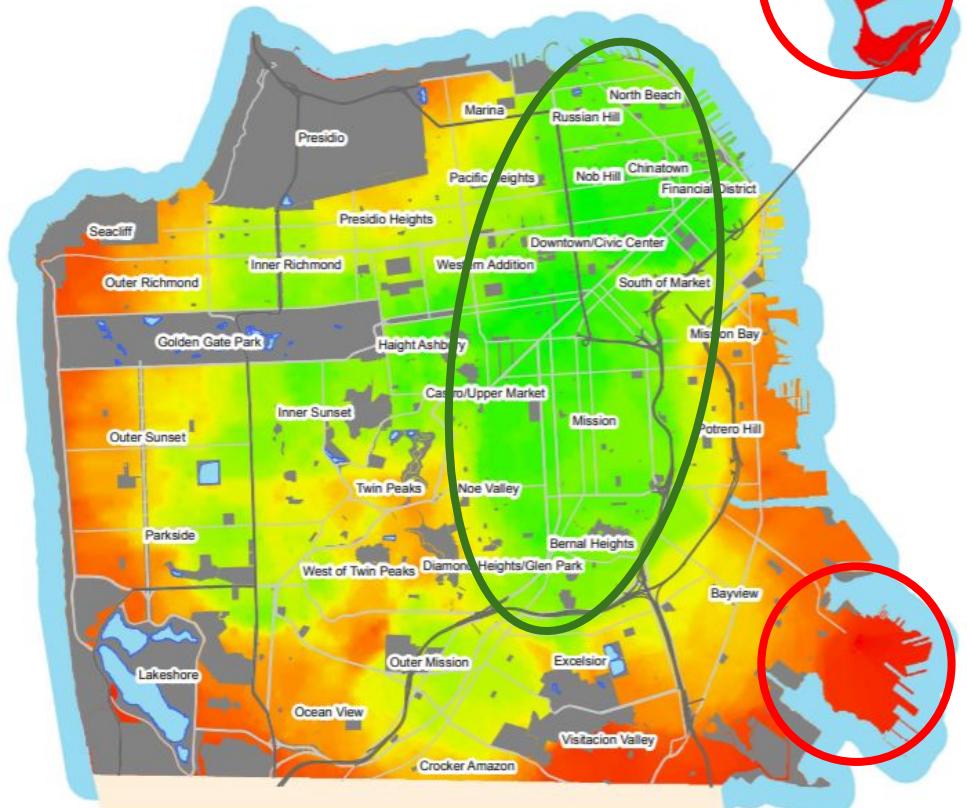
\*A relative measure of the number and variety of retail food resources within one mile, weighted by food offerings and distance.

0 0.5 1 Miles

Source: Dun & Bradstreet, 2011  
San Francisco Department of Public Health, 2011

City and County of San Francisco  
Department of Public Health  
Environmental Health Section

Available at [www.SustainableSF.org](http://www.SustainableSF.org)



# Big Question

*How do you think we could help people who live in food deserts to have better access to fresh, healthy, and affordable foods?*



Students, write your response!



**Flips!de**  
 **SCIENCE**

# Explain

1

Explain one or two things you have learned from the video.

2

What is your understanding of the term 'sustainability'?



Students, draw anywhere on this slide!

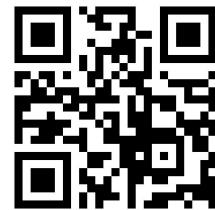
# **Sustainability**

The ability of a system to last or endure; meeting current human needs without endangering our descendants



The gap between the quality of rich and poor Americans' diets has widened over the past two decades.

The debate continues .....



Using Flipgrid, the students are to answer the recorded question,  
***“Should the access to healthy food be a privilege or a right?”***

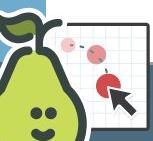


**Flipgrid**

# Which EdTech tool did you prefer using today?



edpuzzle



Students, drag the icon!



Pear Deck Interactive Slide  
Do not remove this bar



# What factors limit or influence the types of foods that people can buy or eat?



Students, draw anywhere on this slide!

# Did you find this lesson interesting and challenging?



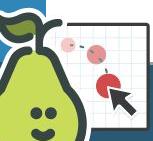
Too hard



Just right



Too easy



Students, drag the icon!



Pear Deck Interactive Slide  
Do not remove this bar