



INTRODUCING SKYLAR PARK

**CLASSROOM
CHAMPIONS**
how better gets better and better





Skylar has been a member of the Canadian National Taekwondo Team since 2013 as a Senior, Junior and Cadet athlete. She started Taekwondo as soon as she could walk and is just one of 16 black belts in her family. Her father, Jae Park has been her coach since the beginning. In 2016, she made her first big appearance on the world stage in Burnaby, BC where she won the Junior World Championships on home soil.

Since then, she has made a name for herself in the senior's division, medaling at some of the biggest events in the world, including her bronze medal at the Senior World Championships in 2019. She enjoys working with young children, especially young girls to help instill confidence in them and empower them through her sport. Skylar is currently ranked 4th in the world and competed at the Tokyo 2020 Olympic Games. Skylar is currently on her way to qualifying for the Paris 2024 Olympic Games, hopefully this time alongside her 2 brothers, and is working towards her goal of winning a gold medal for Canada at the Olympic Games.

Performance Stats:

2021 Olympian, Tokyo

2019 World Bronze Medallist

2022 World Grand Prix Bronze Medallist

2022 Pan American Athlete of the Year

2016 Junior World Champion

2023 Pan Am Gold Medalist



FUN FACTS!

I started Taekwondo as soon as I could walk! My favourite subject in school was math, because I loved that there was always one right answer and loved trying to find out how to solve the question.