

# Word Families: -at and -an

Exercise to Answer



By Greater Richmond Fit4Kids

[www.grfit4kids.org](http://www.grfit4kids.org)

- 1) Read the word
- 2) Exercise



at

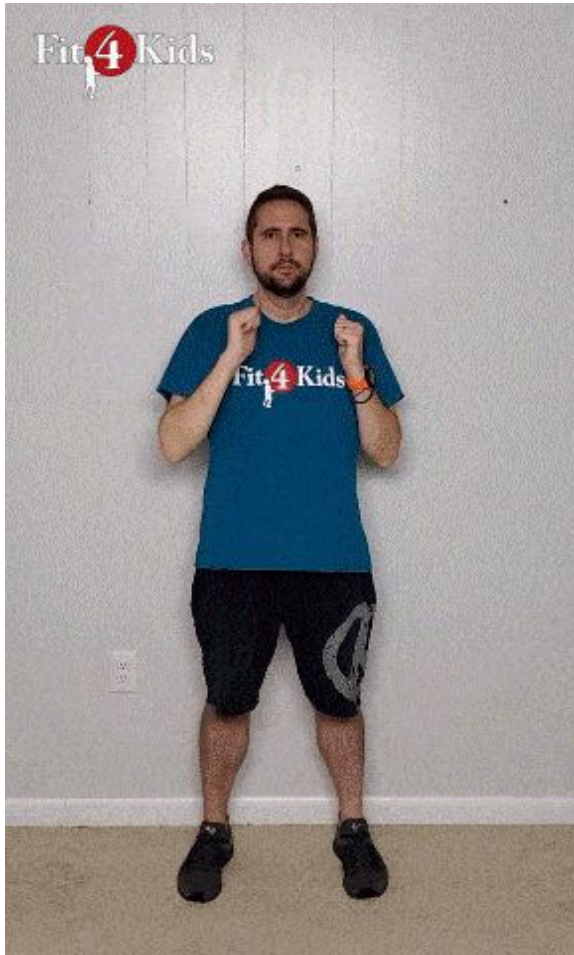
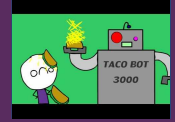


cat



sat





Sky Reaches

or

DANCE PARTY



an



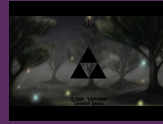
can





ban





Fast Feet

or

DANCE PARTY



at

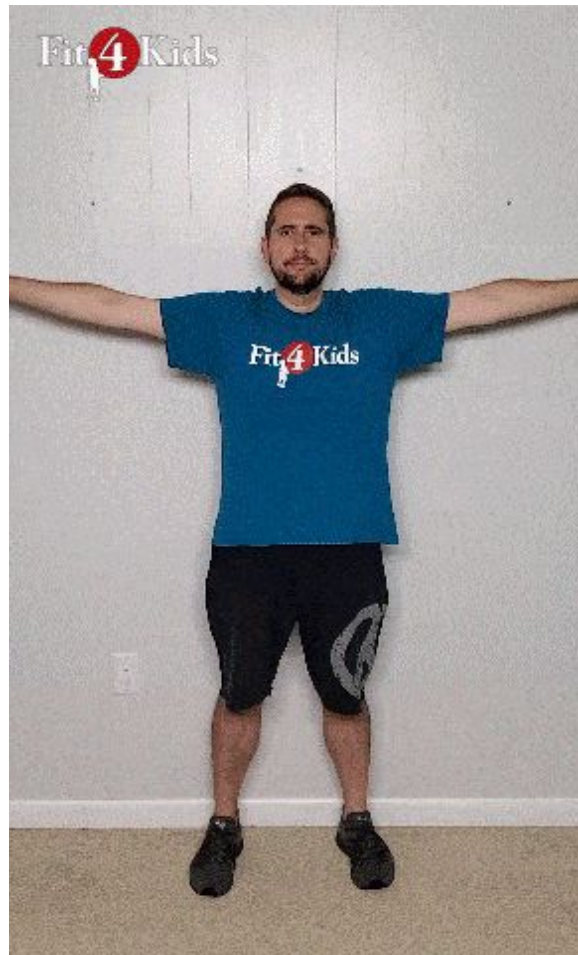


hat



mat





or

DANCE PARTY



Arm Circles

an



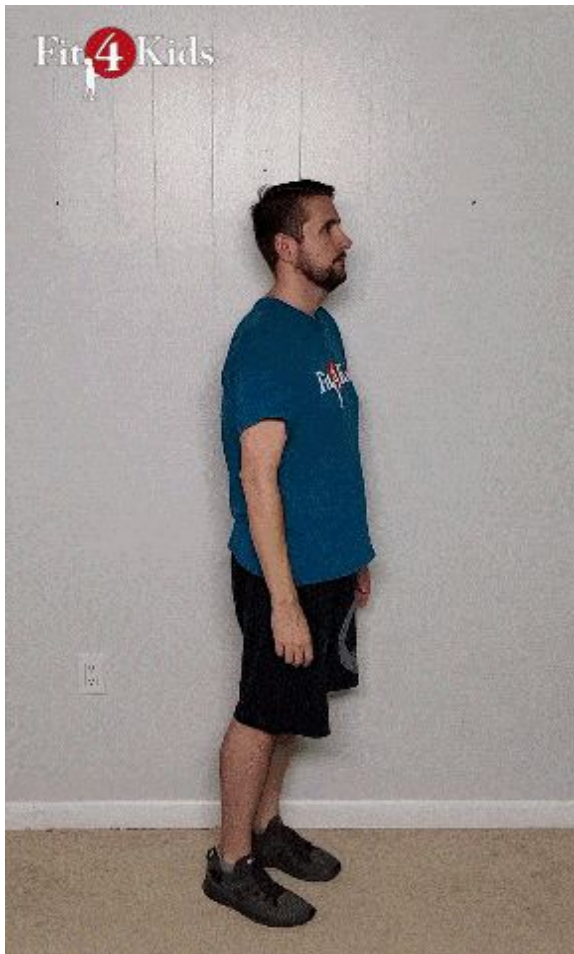
fan





man





Heel Raises

or

DANCE PARTY



at



bat



vat





Star Jumps

or

DANCE PARTY



an



tan





fan





or

# DANCE PARTY



## Cross Crawls

at

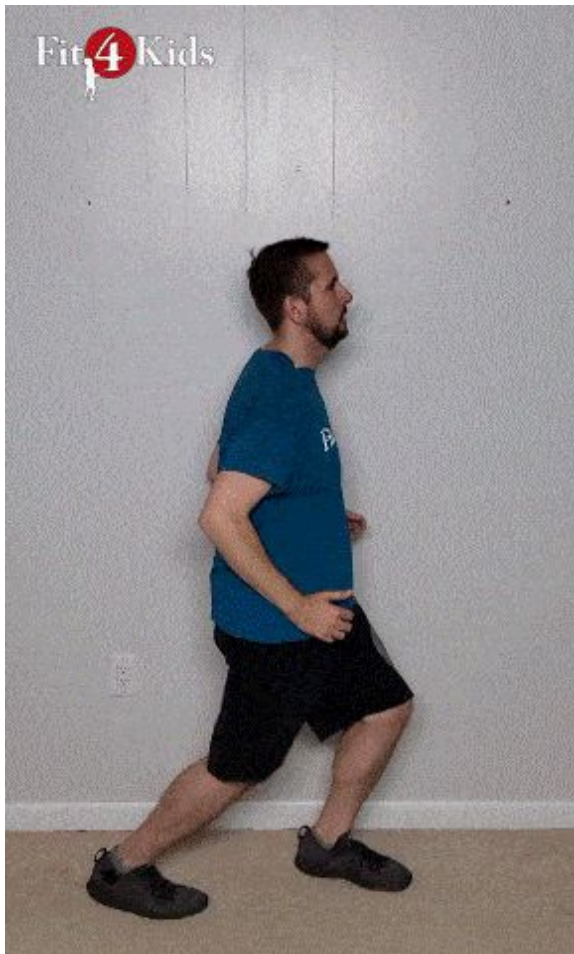


Pat



rat





Scissor Kicks

or

DANCE PARTY



an



Jan





van





Squat Jumps

or

DANCE PARTY



at

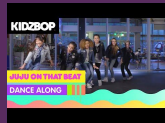


fat



sat





Low Jacks

or

# DANCE PARTY



an



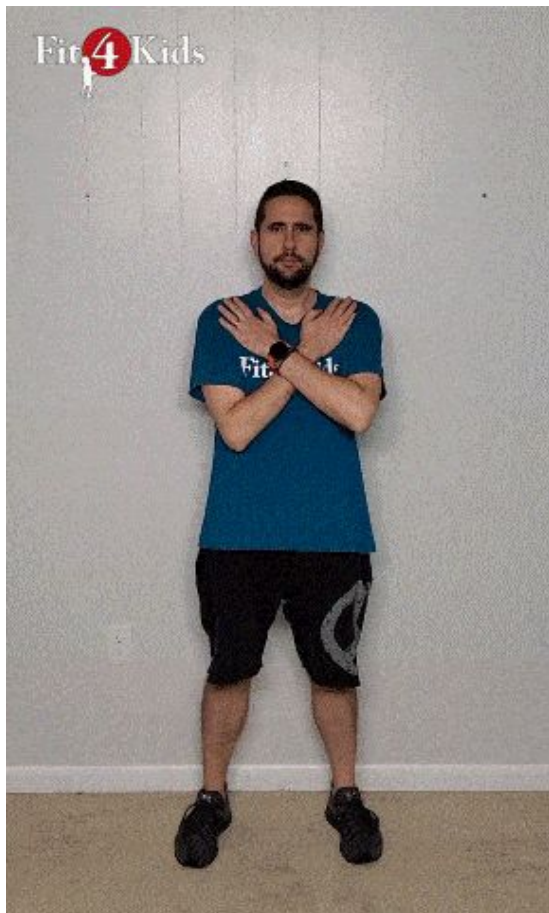
pan





tan





Mummy



Pretzel

