



Maddy is a professional track and field athlete (400m) and Canadian Olympian in the 4x400m relay. Off the track, she is a mentor to younger female athletes, a motivational speaker, an athlete mental health advocate, and a lover of all things food, camping, and travel. Maddy's road to the Tokyo 2020 Olympics was filled with uncertainty as she dealt with recovering from foot surgery only 12 months away from the Olympics, the global pandemic, and losing her dad to cancer just six months after missing the Rio 2016 Olympic Team. Despite the odds, she helped lead the Canadian Women's 4x400m Relay team to a 4th place finish, just narrowly missing the podium and a Canadian record by six-tenths of a second. Far more important than the accomplishment of becoming an Olympian is how she approached the process... with a gritty and "day by day" attitude. Maddy ran and studied at Duke University ('18), graduating with 6x All-American honors as well as a Masters in Management Studies ('19). She currently is living and training in Durham, North Carolina while also volunteer coaching for the Duke Track and Field Team.

Performance Stats:

Tokyo 2020 Olympian *4x400m Relay - 4th*

2019 World Athletics Championships 2019 World Athletics Relays - 4th 2018 NACAC Championships - 6th



FUN FACT!

I have a bernese mountain dog named Brooklyn, I love to go camping with my family and especially love being on the water, and my dad was a pro racecar driver and off-road motorcyclist!