



✔ Assessment ✔ Rehabilitation ✔ Specialist equipment ✔ Housing adaptations

The OT Centre helps people regain lost skills, independence and quality of life after a major trauma such as an accident, Brain Injury or Stroke, through Occupational Therapy in the home and local community. Our Occupational Therapists are professional and friendly and, most importantly, are experienced working with people who have complex needs.

We assess all of the factors which have a bearing on a person's quality of life, daily living and independence, focusing on individual aspirations and needs. By undertaking a comprehensive Assessment of physical, cognitive, perceptual and functional abilities alongside environmental factors, we can provide short or long-term goal oriented rehabilitation packages including Home Adaptations, Equipment and Assistive Technologies.

We specialise in complex cases and are experienced working through Case Managers and Solicitors as an integral part of a specialist team, including physiotherapy, speech and language therapy, NHS services and Care Providers.

✔ Assessment ✔ Rehabilitation ✔ Specialist equipment ✔ Housing adaptations



Assessment

We aim to understand a client's **personal aspirations** and **expectations**, together with **clinical** and **environmental** factors. We will review physical, cognitive, perceptual and functional **abilities** alongside the client's **living spaces** and **specialist needs**. We conclude our assessment with a **Report** which sets out our **clinical findings** together with a proposed **Rehabilitation Package**. Our report details **how we propose to help**, **how long** we expect to work with the client and our recommendations for **equipment**, **specialist technologies** and **home adaptations**.

Goal-oriented Rehabilitation

We use our Assessment to develop and document a set of **personalised goals** with the client. These are **specific, measurable objectives**, set in the context of our clinical assessment, representing **practical steps** towards **independence at home and in the community** and **employment** and **leisure** activities.



Wales' specialist Occupational Therapy provider for complex Neurological Conditions including Brain Injury and Stroke



Equipment & Adaptations

We will identify where **specialist equipment**, **technology** and **home adaptations** can be used to **improve independence** and **quality of life**. We can tailor our input, from providing initial advice and recommendations, through to managing specifications, selection and sourcing, supplier liaison, delivery, installation and use.

Support & Training

In our experience, care teams and family are a fundamental part of a person's long-term rehabilitation, by virtue of their close daily personal contact. We can provide **formal structured training** for care teams, supported by **competency frameworks**, to augment and reinforce our Occupational Therapy interventions. We also help **close family** members provide **practical support** with **confidence**, crucially in the first three months at home, through insight, sensitive advice and training.



Teamwork & Communication

We are experienced working through **Case Managers** and **Solicitors** as an **integral part** of a **specialist team**, including physiotherapy, speech and language therapy, NHS services and care providers. We believe good **teamwork** and **communication** are crucial enablers to providing **effective**, **comprehensive** and **cohesive** care and rehabilitation. We provide Case Managers with live access to key elements of our [Client Records](#). Our aim is to help Case Managers evaluate our client programmes and ultimately direct our input based on an informed assessment of benefit and value for money.



Our aim is to promote independent living or return to work by helping people relearn lost skills or develop compensatory techniques through a planned programme of goal-oriented rehabilitation

Find out more about our services online at

www.theotcentre.co.uk

We are advisors to the College of Occupational Therapists, members of the British Association of Occupational Therapists, the College of Occupational Therapists Specialist Sections in both Independent Practice and Neurological Practice.

Licensed to practice through the Health Care Professions Council



[Health Care Professions Council](#)



[Find us on LinkedIn](#)



[Join our circle](#)

