5.7 - *brát / vzít prášek* - to take medicine

Taking medicine is never fun, and neither is learning a new verb conjugation. Of course in Czech we have to learn two new verbs, *brát*  - ‘to take’ and *vzít* - ‘to take’.

*brát* ‘to take’

| (já) | **beru** ‘I take’ | (my) |  **bereme** we take’ |
| --- | --- | --- | --- |
| (ty) | **bereš** ‘you take’ | (vy) | **berete** ‘you take’ |
| (on/ona/ono) | **bere** ‘he/she takes’ | (oni/ony/ona) | **berou** ‘they take’ |

*vzít* ‘to take’

| (já) | **vezmu** ‘I take’ | (my) |  **vezmeme** ‘we take’ |
| --- | --- | --- | --- |
| (ty) | **vezmeš** ‘you take’ | (vy) | **vezmete** ‘you take’ |
| (on/ona/ono) | **vezme** ‘he/she takes’ | (oni/ony/ona) | **vezmou** ‘they take’ |

What’s the difference between these two? Well, it’s a little early to go into the specifics, but it’s something that we will learn in a later unit called [verbal aspect.](https://realityczech.org/introduction-to-aspect) However, for now you can easily ignore the difference between them and treat them as synonyms.

Additionally, sometimes Czechs will add the word *si* ‘for myself’ to the verbs, i.e. *brát si* / *vzít si prášek*

| *Když Lenku bolí hlava, vezme si někdy prášek.* | *Když jsem nachlazená, tak většinou beru vitamíny a piju celý den vodu.* |
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*prášek* / *tableta / tabletka* ‘pill’

The word for a pill is *prášek* or *tableta/tabletka*. If you want to specify what type of pill it is, you can use the word *proti* (+DAT) ‘against’:

*tabletka proti kašli* - cough medicine

*prášek proti bolesti* - pain pill

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