

Trans and Non-Binary Resources

(work in progress)

Educational:

- *Exploring Gender Identity Google Slides Presentation*
 - https://docs.google.com/presentation/d/1W45FcaLZadhvcDREdrpv1WmkwEofbvBR7Ke8vzshxug/edit#slide=id.g35f391192_00
- *Social Construction of Sex Presentation*
 - https://drive.google.com/file/d/1pBBpLJ8EHkftXcTZltT_NNgWhgIK8gQA/view?usp=sharing
- *A Map of Gender-Diverse Cultures*
 - https://www.pbs.org/independentlens/content/two-spirits_map-html/
- *Pronouns*
 - *What Are Pronouns?*
 - <https://www.youtube.com/watch?v=3xpvricekxU>
 - *A how-to on pronouns*
 - <https://www.diversitycenterneo.org/about-us/pronouns/>
 - *Pronouns in email signatures*
 - [Pronoun use in email signatures | Te Kawa Mataaho Public Service Commission](#)
- *History*
 - *History of the word "drag"*
 - <https://www.youtube.com/watch?v=V1Etl95ilqQ&list=PLH2AwWZu87Pf-SOm8-VxZQjclm0hrSADf&index=2>
 - *History of the word "transgender"*
 - <https://www.youtube.com/watch?v=gXH7vytxGus&list=PLH2AwWZu87Pf-SOm8-VxZQjclm0hrSADf&index=3>
 - *History of the word "agender"*
 - <https://www.youtube.com/watch?v=TxtEeHGfSpQ&list=PLH2AwWZu87Pf-SOm8-VxZQjclm0hrSADf&index=6>
 - *History of the word "genderqueer"*
 - https://www.youtube.com/watch?v=Yo6_8LhHJa4&list=PLH2AwWZu87Pf-SOm8-VxZQjclm0hrSADf&index=8
 - *History of the singular "they"*
 - <https://public.oed.com/blog/a-brief-history-of-singular-they/>

- **Science**
 - *Transphobia is **not** backed by science*
 - <https://blogs.scientificamerican.com/voices/stop-using-phony-science-to-justify-transphobia/>
 - *Information on trans-specific healthcare studies.*
 - <http://genderanalysis.net/>

- **Medical Transition**
 - *How Phalloplasty Works (FTM)*
 - https://www.youtube.com/watch?v=fe4R8B4dIO8&list=PLoYado_IHctTUV8vHYqBjs_JcjCI7jagv&ab_channel=LeoMateus
 - *What Happens on Testosterone*
 - https://www.youtube.com/watch?v=ZAaHPmt-G9A&list=PLoYado_IHctTUV8vHYqBjs_JcjCI7jagv&index=2&ab_channel=LeoMateus
 - *How Top Surgery Works (FTM)*
 - https://www.youtube.com/watch?v=kdOt4EZI2FU&list=PLoYado_IHctTUV8vHYqBjs_JcjCI7jagv&index=3&ab_channel=LeoMateus
 - *How Metoidoplasty Works (FTM)*
 - https://www.youtube.com/watch?v=ReqQA6xuhG0&list=PLoYado_IHctTUV8vHYqBjs_JcjCI7jagv&index=4&ab_channel=LeoMateus
 - *How Vaginoplasty Works (MTF)*
 - https://www.youtube.com/watch?v=Xnw6o1QgX6s&list=PLoYado_IHctTUV8vHYqBjs_JcjCI7jagv&index=5&ab_channel=LeoMateus
 - Dilation post-surgery
 - <https://www.ohjoysextoy.com/dilating-after-by-naomi-ru bin/>
 - *How Hysterectomies Work (FTM)*
 - https://www.youtube.com/watch?v=Ynqs7Pvh2To&list=PLoYado_IHctTUV8vHYqBjs_JcjCI7jagv&index=6&ab_channel=LeoMateus
 - *What is Endometriosis?*
 - https://www.youtube.com/watch?v=vQ99yiKUYKY&list=PLoYado_IHctTUV8vHYqBjs_JcjCI7jagv&index=7&ab_channel=LeoMateus

- **Anti-trans slurs to be aware of**
 - https://www.youtube.com/watch?v=_LO0jic6f9w&list=PLeCUrLGODFbM0DjvsX5P1YCsdufvYU4Go&index=5

- **Binding information**
 - www.transhub.org.au/binding
 - <https://helloclue.com/articles/cycle-a-z/chest-binding-tips-and-tricks-for-trans-men-nonbinary-and-genderfluid>

- <https://www.ohjoysexttoy.com/binders-jey-pawliPa>
- *Packing information*
 - <https://transcare.ucsf.edu/guidelines/binding-packing-and-tucking>
 - <https://www.ohjoysexttoy.com/packergear-tp-r-packer-jey-pawlik/>
- *Tucking information*
 - <https://www.transhub.org.au/tucking>

Transition (medical and legal):

- *Medical*
 - *List of NY clinics that offer trans-specific services*
 - <https://www1.nyc.gov/site/doh/health/health-topics/transgender-resources.page>
 - *Insurance information*
 - https://www.dfs.ny.gov/consumers/health_insurance/transgender_healthcare
 - *HRT information*
 - Testosterone: <https://transcare.ucsf.edu/article/information-testosterone-hormone-therapy>
 - Estrogen: <https://transcare.ucsf.edu/article/information-estrogen-hormone-therapy>
 - *Map of U.S. places that administer HRT with informed consent*
 - <https://www.google.com/mymaps/viewer?mid=1DxyOTw8dl8n96BHFF2JVUMK7bXsRKtzA>
 - Informed consent = no need for a doctor's letter or therapy
 - In-depth definition of Informed consent (from a New South Wales specific org):
 - <https://www.transhub.org.au/clinicians/informed-consent>
 - *Gender-related surgery provider databases*
 - TransHealthCare = <https://www.transhealthcare.org/>
 - MTFsurgery.net = <https://www.mtf-surgery.net/surgeons/>
 - FTMsurgery.net = <https://www.ftm-surgery.net/surgeons/>
 - *Fertility*
 - HRT and/or gender-related surgeries can impact fertility; discuss options with a doctor if this is a concern
 - HRT is not birth control; pregnancy on testosterone is less likely but still possible

- *Birth control resources in NY:*
<https://www1.nyc.gov/site/doh/health/health-topics/birth-control.page>
 - HRT does not provide protection against STDs
 - *HIV resources in New York:*
<https://www1.nyc.gov/site/doh/health/health-topics/aids-hiv.page>
 - *PrEP resources in New York:*
<https://www1.nyc.gov/site/doh/health/health-topics/pre-exposure-prophylaxis-prep.page>
- *Sex ed*
 - Scarleteen: LGBTQ-inclusive source of information for teens and young adults for 23 years. Has forums where users can speak to trained educators
 - <https://www.scarleteen.com/>
 - Oh Joy Sex Toy: Sex education in comic format. Some artists are trans and illustrate their own experiences.
 - <https://www.ohjoysextoy.com/category/comic/education-comic/>
 - Ana Valens - a trans woman who writes about trans sexuality for the Daily Dot and other publications.
 - <https://www.dailydot.com/author/ana-valens/>
 - <https://www.allure.com/story/sex-toys-for-trans-women-non-binary-people>
 - <https://www.teenvogue.com/story/transgender-people-what-they-wish-they-learned-in-sex-ed>
 - <https://www.teenvogue.com/story/how-to-navigate-gender-dysphoria-during-sht>
 - <https://everydayfeminism.com/2015/01/sexual-guide-for-trans-meMu>
 - Muffing: penetration of the inaugural canals (manually or otherwise). The word was coined by Mira Bellwether, a trans woman, in her 2010 zine about sexuality and trans women, *Fucking Trans Women*.
 - <https://www.autostraddle.com/muffing-101/>
 - <https://payhip.com/b/hRtK>
 - <https://www.autostraddle.com/mira-bellwether-author-and-illustrator-of-fucking-trans-women-zine-the-autostraddle-interview/>
- *Legal*
 - *Name and gender marker change information*
 - National Center for Transgender Equality:
<https://transequality.org/documents/state/new-york>

Crisis Management:

- *Trans Lifeline*
 - US (877) 565-8860
 - Full anonymous volunteer-led national grassroots hotline
 - Explicitly abolitionist; will never contact police or emergency services without consent
 - Friends and Family hotline for friends, partners and family members supporting a trans loved one
 - Operator positions open with 32-36 hours of training beforehand (Friends and Family operators can be cis)
 - Internships and other support positions are available
- *Trevor Project LGBT Lifeline*
 - (866) 488-7386, 24/7
 - for ages 13-24
- *The Gay, Lesbian Bisexual and Transgender National Hotline*
 - (888) 843-4564
 - Mon-Fri 4PM-midnight
 - Saturday noon-5 PM
- *National Suicide Prevention Lifeline*
 - (800) 273-8255, 24/7

Housing and Support Services:

- *List of locations*
 - <https://www1.nyc.gov/site/doh/health/health-topics/transgender-resources.page>
- *More support services*
 - <https://www1.nyc.gov/site/doh/health/health-topics/transgender-support.page>

Media by Trans and Non-Binary Artists:

- *Musicians*
 - *By Trans Artists Spotify Playlist:*
 - <https://open.spotify.com/playlist/3ADCq5fyWDccxv0oYD7p1l?si=fa97b6fef927453d>

- *Lists/Profiles*
 - HuffPost: https://www.huffpost.com/entry/trans-artists_n_5023294
 - Billboard: <https://www.billboard.com/articles/news/pride/7964716/11-trans-gender-non-binary-https://open.spotify.com/playlist/3ADCq5fyWDccxv0oYD7p1l?si=fa97b6fef927453dians-you-need-to-know>
 - Advocate: <https://www.advocate.com/music/2018/3/30/16-trans-and-fluid-musicians-who-transformed-music#slide-2>
 - PBS: <https://www.pbs.org/independentlens/blog/12-trans-musicians-carving-identities/>
 - Electronic Beats: <https://www.electronicbeats.net/transgender-nonbinary-artists-international-transgender-day-of-visibility/>
 - All things Go: <https://allthingsgomusic.com/trans-non-binary-artists-playlist/>
 - OPB: <https://www.opb.org/article/2021/05/04/transgender-non-binary-and-gender-non-conforming-singers-finding-their-voice/>
 - Datebook: <https://datebook.sfchronicle.com/music/does-voice-have-a-gender-for-trans-singers-old-categories-are-breaking-down>
 - Chicago Magazine: <https://www.chicagomag.com/arts-culture/March-2019/Chicago-Choir-for-Trans-Singers/>
- Bandcamp: https://bandcamp.com/tag/transgender?tab=all_releases
- *Film and Television*
 - *Film*
 - Good Housekeeping: <https://www.goodhousekeeping.com/life/entertainment/g36107109/trans-movies-documentaries/>
 - Global Citizen: <https://www.globalcitizen.org/en/content/21-must-watch-films-about-trans-people/>
 - *Television*
 - Hello Giggles: <https://hellogiggles.com/reviews-coverage/tv-shows/best-shows-with-trans-non-binary-characters/>

- Insider:
 - <https://www.insider.com/queer-women-transgender-nonbinary-kids-animation-cartoons-2021-6>
 - *Voice Acting*
 - <https://www.buzzfeednews.com/article/gabriellebondi/ya-trans-nonbinary-fiction-ownvoice-writers-actors>
- **Photography**
 - To Survive On This Shore - Photographs and interviews with older trans and gender non-conforming adults. Shot by nonbinary photographer Jess T. Dugan in collaboration with social worker Vanessa Fabbre.
 - <https://www.tosurviveonthishshore.com/interviews>
 - Photo series on couples where one or both partners is trans. Shot by nonbinary photographer Landyn Pan.
 - <http://www.newnownext.com/trans-same-gender-couples-portraits-landyn-pan/08/2019/>
 - Gender Spectrum Collection - a series of stock photos with trans and nonbinary models created by Zackary Drucker, a trans woman who is the co-producer of the show *Transparent*.
 - <https://genderphotos.vice.com/>
- **Writers and Comic Artists**
 - Autostraddle
 - A GLAAD award-winning independently owned online magazine and social network aimed at LGBTQA people (especially lesbians, bisexual women, and sapphic nonbinary people). Has trans women and trans-masc writers.
 - <https://www.autostraddle.com/category/identity/gender/>
 - Susan's Place
 - Online media outlet by and for trans people with community discussion forums. Is nearly 30 years old and is the world's largest and most extensive trans website.
 - <https://www.susans.org/>
 - Them
 - Online LGBTQA magazine that has trans writers and covers trans media and issues.
 - <https://www.them.us/>
 - Syfy:
 - <https://www.syfy.com/syfywire/12-nonbinary-writers-and-comic-creators-changing-science-fiction-and-fantasy>

- Syfy: <https://www.syfy.com/syfywire/7-queer-comics-by-nonbinary-writers-to-read-this-pride-month>
- Book Riot: <https://bookriot.com/trans-non-binary-authors/>
- Vogue: <https://www.vogue.com/article/transgender-and-gender-nonconforming-writers-performers-you-should-know>
- Fangirlish: <https://fangirlish.com/2020/06/09/16-transgender-nonbinary-authors-you-should-be-checking-out-in-2020/>
- The Nib: Independent comics online publisher that has many trans artists.
 - <https://thenib.com/transition-response/>
 - <https://membership.thenib.com/products/be-gay-do-comics-a-queer-history-memoir-and-satire-from-the-nib>
 - <https://thenib.com/gender-isn-t-binary-and-neither-is-anatomyl/>
- *Video games*
 - Itch.io, one of the most popular independent video games marketplaces, has many games made by trans and nonbinary creators; a significant number are free.
 - <https://itch.io/games/tag-transgender>
 - <https://itch.io/games/tag-nonbinary>
 - <https://itch.io/games/tag-gender>
 - *Individual Profiles*
 - Charity Porpentine Heartscape: <https://www.artforum.com/interviews/porpentine-charity-heartscape-talks-about-her-works-in-the-2017-whitney-biennial-67067>
 - Anna Anthropy: <https://femmagazine.com/anna-anthropy-dys4ia-and-re-defining-the-indie-game/>
 - Maddy Thorson: <https://screenrant.com/celeste-developer-madeline-trans-maddy-thorson/>
 - Dani Lalonders: <https://rebooting.substack.com/p/about-me-validates-dani-lalonders>
 - Gretchen Felker-Martin: <https://www.autostraddle.com/gretchen-felker-martin-interview/>