# Sculpting the Dynamic Torso

## 2 Day Anatomy For Artists Masterclass

Link: https://www.kingslien.art/

### Description

In this live, intensive masterclass, we'll cut past the confusion of anatomy and focus on the artist's core challenge: **building a dynamic**, **believable torso**.

Over two days, you'll learn and apply two powerful sculpting systems:

- **Silhouette Sculpting** → shaping the torso through bold outer contours and rhythm.
- Constructive Methods → building the form from the inside out using structure and planes.

Step by step, I'll guide you through my **dynamic structural approach**, combining rhythm, anatomy, and form so you're not just copying muscles — you're building the body like a sculptor.

#### Goal

By the end, you'll walk away with:

- A complete dynamic torso sculpted under professional guidance.
- Clear understanding of both silhouette and constructive workflows.
- A repeatable system for tackling any anatomical form.

#### Schedule

#### Day 1 – Saturday: Silhouette Sculpting (10 AM – 1 PM PDT)

- 10:00 10:30 → Introduction, torso landmarks & rhythms overview
- 10:30 11:30 → Demo: Silhouette Sculpting Method for dynamic torsos
- 11:30 12:30 → Guided practice: block out your torso in ZBrush
- 12:30 1:00 → Group review, Q&A, assignment for refinement overnight

#### Day 2 - Sunday: Constructive Methods & Integration (10 AM - 1 PM PDT)

- 10:00 10:30 → Review Day 1 work + Q&A
- 10:30 11:30 → Demo: Constructive Method (planes, structure, core volumes)
- 11:30 12:30 → Guided practice: layering anatomy + refining form
- 12:30 1:00  $\rightarrow$  Final integration of both methods  $\rightarrow$  finished dynamic torso + wrap-up and next steps