

**2023: Boys- Blaine
Girls- Centennial**

**2022: Boys- Robbinsdale Armstrong
Girls- Centennial**

**2021: Boys- Centennial
Girls- Champlin Park**

**2020: Boys- Armstrong
Girls- Andover**

**2019: Boys-Maple Grove
Girls- Andover**

**2018: Boys Armstrong
Girls- Andover**

**2017: Boys Armstrong
Girls- Andover**

**2016: Boys- Maple Grove
Girls- Anoka**

**2015: Boys – Elk River
Girls- Anoka**

**2014: Boys- Armstrong
Girls- Totino Grace**

**2013: Boys- Centennial
Girls- Coon Rapids**

**2012: Boys- Centennial
Girls- Elk River**

**2011: Boys-Andover
Girls- Andover**

**2010: Boys-Andover
Girls- Andover**

**2009: Boys- Osseo
Girls- Elk River**

**2008: Boys- Coon Rapids
Girls- Coon Rapids**

**2007: Boys- Coon Rapids
Girls- Centennial**

**2006: Boys- Andover
Girls- Osseo**

**2005: Boys- Park Center
Girls- Osseo**

**2004: Boys- Andover
Girls- Coon Rapids**

**2003: Boys- Elk River
Girls- Maple Grove**

**2002: Boys- Elk River
Girls- Elk River**

**2001: Boys- Anoka
Girls- Elk River**

NORTHWEST SUBURBAN CONFERENCE CHAMPIONS

<u>GIRLS</u>	<u>INDIVIDUAL</u>	<u>BOYS</u>
COON RAPIDS - HEIDI LINDMAN	2001	MATT TOHEY - PARK CENTER
COON RAPIDS - HEIDI LINDMAN	2002	JOHN KALLEMYN - ELK RIVER
MAPLE GROVE - LISA WANNANEN	2003	JOHN KALLEMYN - ELK RIVER
BLAINE - KATE ANDERSON	2004	ZACH VARTY - ELK RIVER
ELK RIVER - EMMA BATES	2005	SUEDI MUREKEZI - COON RAPIDS
ELK RIVER - EMMA BATES	2006	AARON GORMAN - PARK CENTER
ELK RIVER - EMMA BATES	2007	RYAN EVANS - CENTENNIAL
ELK RIVER - EMMA BATES	2008	RYAN EVANS - CENTENNIAL
ELK RIVER - EMMA BATES	2009	BLAYNE DULIAN - COON RAPIDS
ELK RIVER - EMMA BATES	2010	DAVID KENNEDY - COON RAPIDS
ANDOVER - NICOLE HEITZMAN	2011	CHRIS MEADOS - ANDOVER
ANDOVER - NICOLE HEITZMAN	2012	STEVEN COTTER - ANDOVER
ELK RIVER - RACHEL NESS	2013	LUCAS TRAPP - ELK RIVER
COON RAPIDS - BRYNA DELCASTILLO	2014	REED KURAK - CENTENNIAL
BLAINE - SARAH OLSON	2015	ALEX MILEY - MAPLE GROVE
BLAINE - SARAH OLSON		
<u>GIRLS</u>	<u>TEAM</u>	<u>BOYS</u>
ANOKA	2015	ELK RIVER
TOTINO-GRACE	2014	ARMSTRONG
COON RAPIDS	2013	CENTENNIAL
ELK RIVER	2012	CENTENNIAL
ANDOVER	2011	ANDOVER
ANDOVER	2010	ANDOVER
ELK RIVER	2009	OSSEO
COON RAPIDS	2008	COON RAPIDS
CENTENNIAL	2007	COON RAPIDS
OSSEO	2006	ANDOVER
OSSEO	2005	PARK CENTER
COON RAPIDS	2004	ANDOVER
MAPLE GROVE	2003	ELK RIVER
ELK RIVER	2002	ELK RIVER
ELK RIVER	2001	ANOKA