

Rams Basketball

Offensive Concepts ALL Levels

1. Value Each Possession
 - a. Eliminate Turnovers. One stat I would like you to track is turnovers. Make it a priority in practice drills, scrimmages, and during games!
 - b. Get the shot we want not what the defense gives us.
 - c. Be aggressive but under control.
2. Spacing
 - a. Maintain proper spacing throughout each possession.
 - b. Allows us to spread and attack any defense.
3. Ball Movement
 - a. Share the basketball at all times!
 - b. Dribble the ball with a purpose-no useless dribbles. North to South...**Not** East to West!
4. Player Movement
 - a. Be a threat both with and without the ball
 - b. Set and use screens
5. Team First Approach
 - a. Trust your teammates