

My Baby Book: A Record of Your Development

You will design and create a baby book that discusses many aspects of your personal development since day one. Follow the guidelines below (and exactly in this order) to create your baby book. You may use your mom, dad, or other family references to connect your past to the developmental concepts we will discuss in this unit. This is a creative assignment. Your baby book should not only contain personal and factual information, but it should also be decorative and unique to your personality. You should have a minimum of five pictures in your baby book. (I have placed them throughout the assignment below.) You may include additional photos. You should be creative, colorful, insightful, and careful of detail. This is intended to be a real keepsake.

Section 1: Your General Fact Sheet(s)—Include graphics and detail wherever possible.

1. In one paragraph, describe your mom's pregnancy with you. If applicable, how was her pregnancy with you different from her other pregnancies?
2. Why were you given your name?
3. What were the other names your parents were considering? Include both male and female names.

Section 2: Your Physical Development—Include graphics and detail wherever possible.

4. In one paragraph, describe the story of your birth. Include information about how long your mom was in labor, what time of day you were born, and what the day was like for the major players involved.
5. What was your birth weight and length?
6. Photo: Include a baby picture taken of you right after you entered the world.
7. How old were you when your first tooth came in?
8. How old were you when you took your first step?
9. Create a time-line of the average brain development.
10. Define "puberty" (of course, in your own words). Based on the characteristics of puberty, explain whether adolescence comes at a fixed age for all.
11. Photo: Include a picture of yourself around the age of puberty. [I know, you hate me for this.]
12. ~~Make up and write an original story or create a comic strip about two friends (the same gender as you.) One is an early bloomer and one is a late bloomer. How are their experiences different, better, or worse? What comes out of both of their experiences?~~

Section 3: Your Language Development—Include graphics and detail wherever possible.

13. What was your first word?
14. When did you first say this word?
15. Were there any funny sounds, words, and/or phrases you used to use? If so, what were these sounds, words, and/or phrases supposed to mean?
16. Define telegraphic speech, overgeneralization, and overextension (in your own words).
17. Did you use these forms of speech in any way? How? Provide examples.
18. Did you experience any language barriers during language formation (i.e.: stuttering, lisps)?
19. Photo: Include a picture of yourself in the late-childhood years.

Section 4: Your Social-Emotional Development—Include graphics and detail wherever possible.

20. Provide your potty training story.
21. Who were you most attached to and why?
22. Define "imprinting" and explain whether this theory supports your attachment.
23. Refer to Table 4.2 in your textbook. In one paragraph, discuss an experience in which you confronted one of Erikson's identity stage issues.
24. Write at least two paragraphs about why stages #5 and #6 of Erikson's eight stages of personality development may be the highest hurdles to jump in life. Think about your junior high and high school years and what's to come in your post-high school years. Include physical, emotional, and cognitive aspects, and explain how these all fit into Erikson's stages #5 and #6.
25. Photos: Include a picture from your early childhood years. Also, provide a picture from your late-adolescent

years (your senior picture?)

26. What about your personality has been consistent since you were a toddler? How might these traits help or hinder you in the future?
27. Write a brief letter to your future, adult self. Having reflected on where you have been, what should the future you keep in mind as she or he travels through life's later stages ?

This should be fun and easy to do as long as you budget your time appropriately. I guarantee I will be able to tell if this assignment was started and finished the night before it is due. Pace yourselves and have fun!

Due: Monday, April 2nd. Out of 100 points.