

Krista Burns & Mark Wade - American Posture Institute - Advanced Posture Taping

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This course provides advanced training in using taping techniques to correct and support proper posture. It covers methods for applying tape to improve alignment, reduce pain, and support postural adjustments. The program aims to equip practitioners with the skills to effectively use posture taping as part of a comprehensive approach to posture correction and musculoskeletal health.

4 Modules with everything you need to master posture taping and become the expert.