

FINDING THE HERO'S JOURNEY

Name of story (can be a book or movie):

The Hero: _____

The Ordinary World: This is the hero's normal life, before the adventure begins. The hero usually appears as an ordinary person. <i>At the beginning of the story, what is the hero's location? What is their life like? How does the hero generally feel about her/his life?</i>	
The Call to Adventure: The hero is presented with a problem, challenge or adventure. <i>What news or event breaks the hero away from the world she/he is used to?</i>	
Refusal of the Call: The hero is reluctant at first. <i>Does the character accept the call immediately?</i>	

Meeting with a Mentor: The hero meets a wise, usually older character. The mentor gives advice to the hero and sometimes magical items (talisman). <i>Is there a specific character who helps to guide the hero/heroine? What assistance does the mentor offer? Is there a particular item of significance that the hero/heroine receives?</i>	
Crossing the Threshold: The hero enters the special world for the first time and the adventure begins. <i>At what point in the story does the hero/heroine leave their ordinary world to pursue what they have been called to?</i>	
Tests, Allies and & Enemies: The hero encounters danger but also makes friends, or allies to help him/her on the journey. <i>Who is with the hero on her/his journey? How do these companions help the hero/heroine? Who are the enemies?</i>	
Approach: The hero arrives at a dangerous place and must face his/her fears. <i>Is there a point where the characters realize they are in a dangerous place? Is there a point where the hero/heroine must face their deepest, darkest fears? Where is the Inmost Cave?</i>	

Supreme Ordeal: The hero faces the possibility of death. <i>Is there a point where the hero/heroine nearly dies? Does the hero/heroine have to face a dangerous ordeal in order to survive?</i>	
Reward: After surviving the hero/heroine earns a reward or accomplishes a goal. <i>How has the hero/heroine transformed? What have they learned? What new knowledge or power does the hero have?</i>	
The Road Back: The last stage of the journey back to the ordinary world. It's not over yet! <i>Does the hero/heroine, in some way, return home or back to their origins? Is there a point where the hero/heroine must choose between his/her own personal needs and those of a greater cause or purpose?</i>	
Resurrection: The hero/heroine must once again face death and survive. This is usually the climax and most dangerous moment. If he/she fails others will suffer. <i>What are the consequences if the hero/heroine fails? What does he/she fear or need to overcome? Does she/he have help from allies?</i>	

Return with the Elixir:

The final stage - the hero/heroine returns changed. He/She will never be the same.

How has the hero/heroine changed? How were they successful? How were the enemies defeated? How were the allies rewarded? Does the hero/heroine return to the ordinary world?
